



Textbook List 2010

Compiled by:



The following compilation reflects an updated list of textbooks commonly assigned in coursework intended to cover the eight CACREP Core Areas. Results are presented in order of frequency of assignment (higher frequencies at the top) and alphabetical order within frequency categories. While CPCE item writers do refer to these texts, and recommend them as study aids, inclusion and ranking on this list do not constitute endorsement of any one text over another.

Human Growth and Development

American Psychiatric Association. (2000). *DSM-IV-TR; Diagnostic and statistical manual of mental disorders, text revised*. Washington, DC: Author.

Santrock, J. W., (2008). *Life-span development* (12th ed.). New York: McGraw-Hill.

Gilligan, C. (1993). *In a different voice: Psychological theory and women's development* (6th. ed.). Cambridge, MA: Harvard University Press.

Ivey, A. E. (1993). *Developmental strategies for helpers: Individual, family, and network interventions*. Pacific Grove, CA: Brooks/Cole.

Social and Cultural Foundations

Sue, D. W., & Sue, D. (2007). *Counseling the culturally diverse: Theory and practice* (5th ed.). New York: Wiley.

Atkinson, D. R. (2003). *Counseling American minorities: A cross cultural perspective* (6th ed.) New York: McGraw-Hill.

Goldenberg, I, & Goldenberg, H. (2007). *Family therapy: An overview* (7th ed.). Pacific Grove, CA: Brooks/Cole.

Ivey, A. E., Ivey, M. B., & Simek-Morgan, L. (2006). *Counseling and psychotherapy: A multicultural perspective* (6th ed.). Boston: Allyn & Bacon.

McGoldrick, M., Pearce, J. K., & Giordana, J. (Eds.). (2005). *Ethnicity and family therapy* (3rd ed.). New York: Guilford.

Ponterotto, J., Casas, J. M., Suzuki, L. A., & Alexander, C., M. (Eds.). (2009). *Handbook of multicultural counseling* (3rd ed.). Newbury Park: Sage.

Sue, D. W. (2009). *A theory of multicultural counseling and therapy*. Pacific Grove, CA: Brooks/Cole.

Smith, T.B. (2004). *Practicing multiculturalism: Affirming diversity in counseling and psychology*. Boston: Allyn & Bacon.

Helping Relationships

- Corey, G. (2008). *Theory and practice of counseling and psychotherapy* (8th ed.). Pacific Grove, CA: Brooks/Cole.
- Corey, G. (2008). *Student manual for theory and practice of counseling and psychotherapy*. Pacific Grove, CA: Brooks/Cole.
- Egan, G. (2009). *Exercises in helping: A training manual to accompany the skilled helper* (8th ed.). Belmont, CA: Wadsworth.
- Egan, G. (2009). *The skilled helper: A problem management approach to helping* (8th ed.). Belmont, CA: Wadsworth.
- Hackney, H., & Cormier, L. S. (2008). *The professional counselor: A process guide to helping* (6th ed.). Boston: Allyn & Bacon.
- Ivey, A. E. (2009). *Intentional interviewing and counseling: Facilitating a client development in a multicultural society* (7th ed.). Belmont, CA: Wadsworth.
- Cormier, L. S., & Hackney, H. (2007). *Counseling strategies and interventions* (7th ed.). Boston: Allyn & Bacon.
- Corsini, R. J. & Wedding, D. (2010). *Current psychotherapies* (7th ed.). Itasca, IL: Peacock.
- Sharf, R. S. (2007). *Theories of psychotherapy and counseling: Concepts and cases* (4th ed.). Belmont, CA: Wadsworth.
- Evans, D. R, Hearn, M. T., Uhlemann, M. R., & Ivey, A. E. (2010). *Essential interviewing: A programmed approach to effective communication* (7th ed.). Belmont, CA: Brooks/Cole.
- Goldenberg, I, & Goldenberg, H. (2007). *Family therapy: An overview* (7th ed.). Pacific Grove, CA: Brooks/Cole.
- Nichols, M. (2009). *Family therapy: Concepts and methods* (9th ed.). Boston: Allyn & Bacon.
- Thompson, C. L., & Rudolph, L. B., & Henderson, D. A. (2006). *Counseling children* (7th ed.). Belmont, CA: Wadsworth.
- Young, M. E. (2008). *Learning the art of helping: Building blocks and techniques* (4th ed.). Columbus, OH: Merrill-Prentice Hall.

Group Work

- Corey, G. (2007). *Theory and practice of group counseling* (7th ed.). Pacific Grove, CA: Brooks/Cole.
- Corey, G., & Corey, M. S. (2006). *Groups: process and practice* (7th ed.). Pacific Grove, CA: Brooks/Cole.
- Yalom, I. D. (2005). *Theory and practice of group psychotherapy* (5th ed.). New York: Basic Books.
- Corey, G. (2007). *Student manual for theory and practice of group counseling* (5th ed.). Pacific Grove, CA: Brooks/Cole.
- Capuzzi, D., & Gross, D. R. (Eds.). (2010). *Introduction to group counseling* (5th ed.). Denver, CO: Love.
- Gladding, S. (2002). *Group work: A counseling specialty* (4th ed.). Englewood Cliffs, NJ: Prentice Hall.

Career and Lifestyle Development

- Zunker, V. G. (2006). *Career counseling: Applied concepts for life planning* (7th ed.). Belmont, CA: Wadsworth.
- Sharf, R. (2009). *Applying career development theory to counseling* (4th ed.). Pacific Grove, CA: Brooks/Cole.
- Brown, D. (2006). *Career information, career counseling, and career development* (9th ed.). Boston: Allyn & Bacon.
- Herr, E. L., & Cramer, S. H., & Niles, S. G. (2003). *Career guidance and counseling through the lifespan: Systematic approaches* (6th ed.). Boston: Allyn & Bacon.
- Zunker, V. G., & Osborn, D. S. (2005). *Using assessment results for career development* (7th ed.). Belmont, CA: Wadsworth.
- Niles, S. G., & Harris-Bowlesby, J. (2004). *Career development interventions in the 21st century* (2nd ed.) Englewood Cliffs, NJ: Prentice-Hall.

Appraisal

- American Psychiatric Association. (2000). *DSM-IV-TR; Diagnostic and statistical manual of mental disorders, text revised*. Washington, DC: Author.
- Drummond, R. J & Karyn Dayle Jones. (2009). *Appraisal procedures for counselors and helping professionals* (7th ed.). Englewood Cliffs, NJ: Prentice-Hall.
- Anastasi, A., & Urbina, S. (1997). *Psychological testing* (7th ed.). New York: Prentice Hall.
- Cohen, R. J., & Swerdik, M. E. (2004). *Psychological testing and assessment: An introduction to tests and measurement* (6th ed.). New York: McGraw-Hill.
- Hood, A. B., & Johnson, R. W. (2006). *Assessment in counseling: A guide to the use of psychological assessment procedures* (4rd ed.). Alexandria, VA: American Counseling Association.
- Walsh, W. B., & Betz. N. E. (2000). *Tests and assessment* (4th ed.). Englewood Cliffs, NJ: Prentice-Hall.
- Kaplan, R. M., & Saccuzzo, D. P. (2008). *Psychological testing: Principles, applications, and issues* (7th ed.). Belmont, CA: Wadsworth.
- Whiston, S.C. (2008). *Principles & applications of assessment in counseling* (3rd ed.). Belmont, CA: Wadsworth.

Research and Program Evaluation

- American Psychological Association. (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.
- Hepner, P. P., & Kivilighan, D. M., & Wampold. B. E. (2007). *Research design in counseling* (3rd ed.). Pacific Grove, CA: Brooks/Cole.

Professional Orientation & Ethics

- American Counseling Association. (2005). *Code of ethics and standards of practice*. Alexandria, VA: Author.
- Corey, G., Corey, M. S., & Callanan, P. (2006). *Issues and ethics in the helping professions* (7th ed.). Pacific Grove, CA: Brooks/Cole.
- American Psychiatric Association. (2000). *DSM-IV-TR; Diagnostic and statistical manual of mental disorders, text revised*. Washington, DC: Author.
- Gladding, S. (2008). *Counseling: A comprehensive profession* (6th ed.). Englewood Cliffs, NJ: Merrill.
- Herlihy, B., & Corey, G. (2006). *Ethical standards casebook* (6th ed.). Alexandria, VA: American Counseling Association.
- Remley, T. P., Huey, W. C., & Hermann, M. A. (Eds). (2003). *Ethical and legal issues in school counseling* (2nd ed.). Alexandria, VA: American School Counselor Association.
- American Psychological Association. (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.
- Brown, D. & Srebalus, D. J. (2003). *Introduction to the counseling profession* (3rd ed.). Boston: Allyn & Bacon.
- Gysbers, N. C. & Henderson, P. (2006). *Developing and managing your school guidance program* (4th ed.). Alexandria, VA: American Counseling Association.
- Morrison, J. (1995). *The first interview: Revised for the DSM-IV-TR*. New York, NY: Guilford Press.
- Neukrug, E. (2006). *The world of the counselor: An introduction to the counseling profession* (3rd ed.). New York: Oxford.
- Erford, B. T. (2010). *Transforming the school counseling profession*. (2nd ed.) Upper Saddle River, NJ: Merrill Prentice-Hall.
- Remly, T. P., & Herlihy, B. (2009). *Ethical, legal, and professional issues in counseling*. Upper Saddle River, NJ: Merrill Prentice-Hall.