## TEXAS STATE VITA

# I. Academic/Professional Background

A. Name: Elizabeth Kjellstrand Hartwig Title: Associate Professor

# B. Educational Background

Degree	Year	University	Major	Thesis/Dissertation
Ph.D.	2011	St. Mary's University	Counselor Education and Supervision	An exploration of resiliency factors and social support in middle- and upper-income single mothers
M.A.	1998	St. Mary's University	Marriage and Family Therapy	
B.A.	1995	University of North Texas	Psychology	Widening the lens: Anorexia and the family

# C. University Experience

Position	University	Dates
Associate Professor	Texas State University	Fall 2018 - Present
Assistant Professor	Texas State University	Fall 2012 – Summer 2018
Adjunct Professor	University of Texas at San Antonio	Fall 2011 - Summer 2012
Adjunct Professor	Texas A&M San Antonio	Fall 2011 - Spring 2012
Adjunct Professor	St. Mary's University	Summer 2011 – Summer 2012

## D. Relevant Professional Experience

Position	Entity	Dates
Owner & Clinician	Pawsitive Counseling, LLC	March 2004 - Present
Program Support Manager	Communities In Schools of San Antonio	May 2002 – Aug. 2012
Professional Counselor	Private Practice in San Antonio, TX	July 2003 – Sept. 2004
Cluster Leader	Communities In Schools of San Antonio	July 2000 – May 2002
Contract Therapist	Catholic Counseling & Consultation Center	May 1999 – May 2001
Case Manager	Communities In Schools of San Antonio	Mar. 1999 – July 2000
Residential Therapist	Denton County M.H.M.R.	Sept. 1995 – May 1996

## E. Other Professional Credentials (licensure, certification, etc.)

Licensure/Certification	Date
Licensed Marriage and Family Therapist – Supervisor (LMFT-S); #202874	November 2020
Certified Animal-Assisted Counselor (CAAC); #18-001	June 2018
Licensed Marriage and Family Therapist (LMFT); #202874	October 2016
Registered Pet Partners Therapy Team	March 2014
Registered Play Therapist – Supervisor (RPT-S); #S1407	June 2011
Licensed Professional Counselor - Supervisor (LPC-S); #16535	March 2004
Licensed Professional Counselor (LPC); #16535	July 2000

## II. TEACHING

# A. Teaching Honors and Awards:

College of Education Achievement Award for Teaching (2017) Favorite Professor Award (2016), Alpha Chi National Honors Society Favorite Professor Award (2014), Alpha Chi National Honors Society

# B. Courses Taught:

Course Number	Course Name
COUN 5350	Professional Orientation and Ethics
COUN 5354	Basic Counseling Skills and Abnormal Behavior
COUN 5360	Intermediate Methods in Marriage, Couples, and Family Counseling
COUN 5367	Marriage and Family Counseling: Current Theories
COUN 5368	Developmental Issues in Counseling
COUN 5369	Child and Adolescent Counseling Methods
COUN 5370	Intermediate Methods in Counseling Adolescents
COUN 5373	Intermediate Methods in Play Therapy
COUN 5380	Introduction to Animal-Assisted Counseling
COUN 5389	Site-Based Internship
COUN 5689	Clinical Practicum

University of Texas at San Antonio (CACREP accredited)

Course Number Course Name

COU 5213 Counseling Theories

COU 5713 Community Counseling Internship

COU 5683 Practicum in Counseling

Texas A&M University - San Antonio

Course Number Course Name

EDCG 5310 Introduction to Counseling

EDCG 5315 Ethics

St. Mary's University (CACREP accredited)

Course Number Course Name

CN 7189 Special Topics in Play Therapy

CN 7190 Field Experience in Play Therapy

C. Directed Student Learning (i.e., theses, dissertations, exit committees, etc.):

Committee Member: Yonce, H. (2016). Thesis: *The Experiences of the Central Texas Elderly and Animal-Assisted Interventions*. Anthropology Program, Texas State University.

D. Courses Prepared and Curriculum Development:

COUN 5380 – Introduction to Animal-Assisted Therapy

Transformed COUN 5380 to online course. (Fall 2016) Advanced Online Course Design, Participant. Texas State University Instructional Technologies Support.

### E. Teaching Grants and Contracts

- 1. Funded External Teaching Grants and Contracts:
- 2. Submitted, but not Funded, External Teaching Grants and Contracts:
- 3. Funded Internal Teaching Grants and Contracts:
- 4. Submitted, but not Funded, Internal Teaching Grants and Contracts:

### F. Other:

Texas State University Animal-Assisted Counseling Academy – Developed a professional training program that promotes the human-animal bond through the study and practice of animal-assisted counseling.

- Hartwig, E. K. (2022, May; 2021, May; 2020, July; 2019, June; 2018, June; 2017, June; 2016, May). *Introduction to Animal-Assisted Counseling*.
- Hartwig, E. K. (2022, July; 2021, July; 2020, October; 2019, July; 2018, July; 2017, July; 2016, June). *Intermediate Methods in Animal-Assisted Counseling*.
- Hartwig, E. K. (2022, August; 2021, August; 2020 November; 2019, August; 2018, August; 2017, August & October; 2016, August). *Practicum in Animal-Assisted Counseling*.

Texas State University Sandtray Therapy Certification – Co-developed a professional training program for sandtray therapy certification.

- Homeyer, L., Lyles, M., & Hartwig, E. K. (2021). *Module 1: Foundations of Sandtray Therapy*
- Homeyer, L., & Hartwig, E. K. (2021; 2019). Module 2: Sandtray Therapy Theory & Group Work
- Homeyer, L., Hartwig, E. K., & Lyles, M. (2021; 2019). Module 3: Practicum in Sandtray Therapy
- G. Teaching Professional Development Activities Attended

### III. SCHOLARLY/CREATIVE

- A. Works in Print (including works accepted, forthcoming, in press):
  - 1. Books:
    - a. Scholarly Monographs:
    - **Hartwig, E. K.** (2021). Solution-focused play therapy: A strengths-based clinical approach to play therapy. Routledge. <a href="https://doi.org/10.4324/9780429354984">https://doi.org/10.4324/9780429354984</a>
    - Binfet, J. T., & **Hartwig, E. K.** (2020). Canine-assisted interventions: A comprehensive guide to credentialing therapy dog teams. Routledge. <a href="https://doi.org/10.4324/9780429436055">https://doi.org/10.4324/9780429436055</a>
    - b. Textbooks:
    - c. Edited Books:
    - d. Chapters in Books:
    - **Hartwig, E. K.** (2020). Puppet play therapy. In H. G. Kaduson & C. E. Schaefer (Eds.), *Play therapy with children: Modalities for change*. American Psychological Association.
    - **Hartwig, E. K.** (2018). The child-centered approach to puppet play with children. In C. E. Schaefer & A. A. Drewes (Eds.), *Puppet play therapy: A practical guidebook* (pp. 77-85). Routledge/Taylor & Francis.
    - e. Creative Books:
  - 2. Articles
    - a. Refereed Journal Articles:

- **Hartwig, E. K.**, & Taylor, E. R. (2022). Small steps can lead to big changes: Goal setting in schools using solution-focused play therapy. *International Journal of Play Therapy*, 31(3), 131–142. <a href="https://doi.org/10.1037/pla0000179">https://doi.org/10.1037/pla0000179</a>
- **Hartwig, E. K.** & Marlow, M. (2021). Finding hope at camp: An investigation of the influence of grief camp on youth depression, anxiety, and self-concept indicators. *Journal of Loss and Trauma*, 27(2), 149-158. <a href="https://doi.org/10.1080/15325024.2021.1913926">https://doi.org/10.1080/15325024.2021.1913926</a>
- **Hartwig, E. K.** (2021). Advancing the practice of animal-assisted counseling through measurable standards. *Journal of Creativity in Mental Health*, *16*(4), 482-498. https://doi.org/10.1080/15401383.2020.1792382
- Fulton, C. L., Greene, J. H., **Hartwig, E. K.**, Blalock, S. M., & Haiyasoso, M. D. (2019). Promoting girls' leadership in secondary schools. *Professional School Counseling Journal*, 17(8), 1-33. <a href="https://files.eric.ed.gov/fulltext/EJ1213150.pdf">https://files.eric.ed.gov/fulltext/EJ1213150.pdf</a>
- **Hartwig, E. K.**, & Binfet, J. T. (2018). What's important in canine-assisted intervention teams? An investigation of canine-assisted intervention program online screening tools. *Journal of Veterinary Behavior*, 29, 53-60. <a href="https://doi.org/10.1016/j.jveb.2018.09.004">https://doi.org/10.1016/j.jveb.2018.09.004</a>
- **Hartwig, E. K.**, & Smelser, Q. K. (2018). Practitioner perspectives on animal-assisted counseling. *Journal of Mental Health Counseling*, 40(1), 43-57. <a href="https://doi.org/10.17744/mehc.40.1.04">https://doi.org/10.17744/mehc.40.1.04</a>
- **Hartwig, E. K.** (2017). In the zone: An investigation of the XY-Zone program on developmental assets of at-risk male youth. *Journal of At-Risk Issues*, 20(2), 1-11. https://files.eric.ed.gov/fulltext/EJ1175685.pdf
- **Hartwig, E. K.**, & Bennett, M. M. (2017). Four approaches to using sandtray in play therapy supervision. *International Journal of Play Therapy*, 26(4), 230-238. https://doi.org/10.1037/pla0000050
- **Hartwig, E. K.** (2017). Building solutions in youth: Evaluation of the Human-Animal Resilience Therapy intervention. *Journal of Creativity in Mental Health, 12*(4), 468-481. <a href="https://doi.org/10.1080/15401383.2017.1283281">https://doi.org/10.1080/15401383.2017.1283281</a>
- Fall, K. A., & **Hartwig, E. K.** (2016). Using choice theory to conceptualize co-leader relationships in group work. *International Journal of Choice Theory and Reality Therapy, 36*(1), 81-91. <a href="https://www.wglasserinternational.org/wp-content/uploads/bsk-pdf-manager/IJCTRT\_Fall2016\_200.pdf">https://www.wglasserinternational.org/wp-content/uploads/bsk-pdf-manager/IJCTRT\_Fall2016\_200.pdf</a>
- **Hartwig, E. K.**, & Van Overschelde, J. (2016). Most likely to succeed: Exploring predictor variables for the Counselor Preparation Comprehensive Examination. *Counselor Education and Supervision*, 55, 294-309. <a href="https://doi.org/10.1002/ceas.12055">https://doi.org/10.1002/ceas.12055</a>
- **Hartwig, E. K.** (2016). Social networks: A village of support for single mothers. *Journal of Family Social Work, 19*(1), 22-37. <a href="https://doi.org/10.1080/10522158.2015.1112333">https://doi.org/10.1080/10522158.2015.1112333</a>

- Fulton, C. L., **Hartwig, E. K.**, Ybanez-Llorente, K., & Schmidt, E. A. (2016). Clinical supervision in the addictions field: A case example of effective gatekeeping. *Alcoholism Treatment Quarterly*, *34*(1), 48-62. <a href="https://doi.org/10.1080/07347324.2016.1113106">https://doi.org/10.1080/07347324.2016.1113106</a>
- **Hartwig, E. K.**, & Maynard, B. R. (2015). Practitioner perspectives of implementing Check & Connect. *Journal of Evidence-Informed Social Work*, 12(4), 438-449. https://doi.org/10.1080/15433714.2013.873752
- **Hartwig, E. K.** (2014). Puppets in the playroom: Utilizing puppets and child-centered facilitative skills as a metaphor for healing. *International Journal of Play Therapy*, 23(4), 204-216. <a href="https://doi.org/10.1037/a0038054">https://doi.org/10.1037/a0038054</a>
- Maynard, B. R., **Kjellstrand**, E. K. & Thompson, A. (2014). Effects of Check and Connect on attendance, behavior, and academics: A randomized effectiveness trial. *Research on Social Work Practice*, 24(3), 296-309. https://doi.org/10.1177/1049731513497804
- **Kjellstrand, E. K.**, & Harper, M. (2012). Yes, she can: An exploration of resiliency factors in middle- and upper-income single mothers. *Journal of Divorce and Remarriage*, *53*(4), 311-327. <a href="https://doi.org/10.1080/10502556.2012.671677">https://doi.org/10.1080/10502556.2012.671677</a>
- 327. https://doi.org/10.1080/10502556.2012.671677
- 3. Conference Proceedings

b. Non-refereed Articles:

- a. Refereed Conference Proceedings:
- b. Non-refereed Conference Proceedings:
- 4. Abstracts:
- 5. Reports:
- 6. Book Reviews:
- 7. Essays:
- 8. Poems:
- 9. Short Stories:
- 10. Other Works in Print:
- B. Works Not in Print
  - 1. Papers Presented at Professional Meetings:

*Juried/Refereed Presentations International/National:* 

- Hartwig, E. K. (2022, October). Families that play together: Building resilience with solution-focused family play therapy. Association for Play Therapy Conference, St. Louis, MO.
- Hartwig, E. K., & Taylor, E. R. (2022, October). *Small steps forward: Using solution-focused play therapy with young children*. Association for Play Therapy Conference, St. Louis, MO.
- Hartwig, E. K. & Taylor, E. R. (2022, April). Solution-focused play therapy: Small steps can lead to big changes. American Counseling Association Conference, Atlanta, GA.
- Hartwig, E. K. (2021, October). *Puppet play therapy: Play therapy in the palm of your hand.* Association for Play Therapy Conference, Little Rock, AR.
- Hartwig, E. K. (2020, September). *Promoting client wellness in animal-assisted counseling through measurable standards*. International Society for Anthrozoology, Virtual presentation based in Liverpool, UK.
- Hartwig, E. K., & Montemayor, W. (2020, September). *Animal-assisted school counseling: How animal counseling teams can improve student success and wellbeing*. International Society for Anthrozoology, Virtual presentation based in Liverpool, UK.
- Binfet, J. T., Hartwig, E. K., & Green, F. L. (2020, September). *Taking off the vest: When should a therapy dog be retired?* International Society for Anthrozoology, Virtual presentation based in Liverpool, UK.
- Hartwig, E. K. (2019, October). *Canine-assisted play therapy with children and teens*. Association for Play Therapy Conference, Dallas, TX.
- Hartwig, E. K. (2018, July). *There's a dog in my session: Practitioner perspectives on animal-assisted counseling.* International Society for Anthrozoology, Sydney, Australia.
- Binfet, J. T., Hartwig, E. K., Silas, H., Harris, N., & McKay, C. (2018, July). *Therapy canines: Screening and Assessment. Safeguarding well-being and innovative programming.* International Society for Anthrozoology, Sydney, Australia.
- Hartwig, E. K., & Blalock, S. (2017, October). *Play therapy with teens and tweens*. Association for Play Therapy Conference, Minneapolis, MN.
- Hartwig, E. K., & Binfet, J. T. (2017, June). Best practices for screening and selection of potential therapy canine teams: Preliminary findings from a systematic review of U.S. and Canadian AAT programs. International Society for Anthrozoology, Davis, CA.
- Hartwig, E. K. (2016, July). *Enhancing the evidence base of canine-assisted therapy*. International Association for Human-Animal Interaction Organizations, Paris, France
- Hartwig, E. K. (2015, October). *Canine-assisted play therapy: Hope and healing with kids and canines*. Association for Play Therapy Conference, Atlanta, GA.

- Hartwig, E. K. (2014, October). *Puppets in the playroom: Utilizing puppets and child-centered facilitative skills as a metaphor for healing*. Association for Play Therapy Conference, Houston, TX.
- Hartwig, E. K. (2013, October). Four approaches to utilizing sandtray in supervision. Association for Play Therapy Conference, Palm Springs, CA.
- Kjellstrand, E. K. (2010, May). Communities In Schools: Helping kids stay in school and achieve in life. National Dropout Prevention Center/Network Conference, San Antonio, TX.
- Juried/Refereed Presentations Regional/State:
- Hartwig, E. K. & Taylor, E. R. (2022, February). *Solution-focused play therapy: Finding treasures*. Texas Association for Play Therapy (TAPT) Conference, Austin, TX.
- Hartwig, E. K. (2022, February). *The power of sandtray in play therapy*. Texas Association for Play Therapy (TAPT) Conference, Austin, TX.
- Hartwig, E. K. (2017, February). *Building resiliency with kids and teens*. Texas Association for Marriage and Family Therapists (TAMFT) Conference, Austin, TX.
- Kjellstrand, E. K. (2013, April). *Puppets in the playroom*. Texas Association for Play Therapy (TAPT) Conference, Austin, TX.
- Kjellstrand, E. K. (2013, February). *Supervision in the sand*. Texas Association for Counselor Education and Supervision (TACES) Conference, Austin, TX.
- Kjellstrand, E. K., Harper, M., & Bryan, L. (2010, October). Visualize and experience the possibilities: Utilizing visual and experiential techniques in supervision. Southern Association for Counselor Education and Supervision (SACES) Conference, Williamsburg, VA.
- Juried/Refereed Presentations Local Area:
- Hartwig, E. K. (2014, March) *Re-visioning case consultation: Using sandtray in clinical supervision*. Kaleidoscope of Counseling Conference, Texas State University, San Marcos, TX.
- 2. Invited Talks, Lectures, and Presentations:
- International/National:
- Hartwig, E. K. (2022, June). *Solution-focused play therapy: The magic of strengths-based play*. University of North Carolina at Charlotte Multicultural Play Therapy Center Conference, Virtual presentation.
- Hartwig, E. K. (2021, July). *Puppet play therapy international seminar series*. Institute for Play Therapy and International Puppet Therapy Training, Virtual presentation.

- Hartwig, E. K. (2021, June). *Puppet play therapy: Using puppets to heal little hearts*. Korean Association for Figure Therapy, Virtual presentation.
- Hartwig, E. K. (2021, January). Supervision in the sand: Four approaches for using sand therapy in supervision. World Association of Sand Therapy Professionals Conference, Virtual presentation.
- Hartwig, E. K. (2020, July). *Puppet play therapy*. International Puppet Therapy Training, Virtual presentation.
- Hartwig, E. K. (2019, June). *Animal-assisted play therapy*. International Play Therapy Study Group, Wroxton, UK.
- Hartwig, E. K. (2015, August) *Canine-assisted activity therapy: Research and results*. International Association for Animal-Assisted Play Therapy Level 2, Northumberland, UK.

### Regional/State:

- Hartwig, E. K. (2022, February). *Ready, set, grow! Transforming supervisees through strengths-based play therapy supervision*. Supervision Keynote Speaker for Texas Association for Play Therapy (TAPT) Conference, Austin, TX.
- Montemayor, W. A. & Hartwig, E. K. (2021, December). *Animal-assisted school counseling*. Education Service Center Region 13, Virtual presentation.
- Hartwig, E. K. (2021, August). *Finding hope: Creative play therapy interventions for grief and loss*. Child Counseling Center and Play Therapy Institute of New Mexico, Virtual presentation.
- Hartwig, E. K. (2021, February). *Introduction to puppet play therapy*. Arizona Association for Play Therapy, Virtual presentation.
- Hartwig, E. K. (2020, December). *Building resilience in children through solution-focused play therapy*. Hawaii Association of Play Therapy, Virtual presentation.
- Hartwig, E. K. (2020, May). Solution-focused play therapy: Building resiliency with kids and teens. Texas Association of Play Therapy Central Texas Chapter, Virtual presentation.
- Hartwig, E. K. (2020, February). *Building resiliency in children through animal-assisted counseling and family play therapy*. Keynote speaker for Children's Mental Health Symposium (CMHS), Tulsa, OK.
- Hartwig, E. K. (2014, February). *Family play therapy; Children and divorce*. Keynote speaker for Texas Association of Play Therapy Hill Country Chapter Midwinter Conference, Wimberley, TX.
- Kjellstrand, E. K. (2012, June). *Get ready to Check and Connect*. Communities In Schools State Office Summer Institute, Austin, TX.

- Kjellstrand, E. K. (2012, May). *Treating traumatic brain injury with neurofeedback*. Connect to Caring: A Conference for Veterans, Families, and Care Providers, San Antonio, TX.
- Kjellstrand, E. K., & Fugate, S. (2010, November). *Communities In Schools: Reducing the dropout problem*. Communities In Schools State Office Summer Institute, Austin, TX.
- Kjellstrand, E. K. (2009, June). *Understanding campus plan state operating procedures*. Communities In Schools State Office Summer Institute, Austin, TX.
- Kjellstrand, E. K., & Wetz, S. (2008, June). *Yes, you can with the campus plan*. Communities In Schools State Office Summer Institute, Austin, TX.
- Kjellstrand, E. K. (2007, July). *Facilitation 101: Presenting like a pro*. Communities In Schools State Office Summer Institute, Austin, TX.

#### Local Area:

- Hartwig, E. K. (2020, December) *Solution-focused play therapy part 2: Strengths-based techniques and interventions*. Communities In Schools of San Antonio, San Antonio, TX, Virtual presentation.
- Hartwig, E. K. (2020, November) *Solution-focused play therapy part 1: Theoretical foundations and basic skills*. Communities In Schools of San Antonio, San Antonio, TX, Virtual presentation.
- Hartwig, E. K. (2020, December) Solution-focused play therapy part 2: Strengths-based techniques and interventions. Wellspring of Life Counseling & Play Therapy Center, San Antonio, TX, Virtual presentation.
- Hartwig, E. K. (2020, November) Solution-focused play therapy part 1: Theoretical foundations and basic skills. Wellspring of Life Counseling & Play Therapy Center, San Antonio, TX, Virtual presentation.
- Hartwig, E. K. (2020, February). *Afternoon tea and ethics: Ethical and legal issues with children and adolescents*. Door of Hope Counseling Center, New Braunfels, TX.
- Hartwig, E. K. (2019, April). *Promoting animal-assisted counseling in New Braunfels I. S. D. schools.* New Braunfels Independent School District, New Braunfels, TX.
- Hartwig, E. K. (2019, January). *An introduction to animal-assisted counseling*. Texas State University Career Services Winter Retreat, San Marcos, TX.
- Hartwig, E. K. (2018, July). *Play therapy with your dog: Becoming certified in animal-assisted counseling*. University of Texas at Austin School of Social Work, Austin, TX.
- Hartwig, E. K. (2018, June). Play therapy with your dog: An introduction to becoming certified in animal-assisted counseling. Texas Association of Play Therapy Alamo Chapter, San Antonio, TX.

- Hartwig, E. K. (2018, January). *There's a dog in my playroom! An introduction to how to become an animal-assisted counseling and play therapy team*. Texas Association of Play Therapy Hill Country Chapter, Austin, TX.
- Hartwig, E. K. (2017, November) *Hope and healing with sandtray: Processing grief in the sand.* Children's Bereavement Center of South Texas, San Antonio, TX.
- Calley, T. K., Greene, J. H., Hartwig, E. K., Fulton, C. L., Schmidt, E. A., & Flasch, P. S. (2017, February). *Enhancing clinic resources to optimize research on effective mental health interventions and training for counselors*. Poster presented at the Texas State University Health Scholar Showcase, San Marcos, TX.
- Hartwig, E. K. (2016, October). XY-Zone program evaluation outcomes. Communities In Schools of San Antonio, San Antonio, TX.
- Hartwig, E. K. (2016, August). *Helping youth succeed with ethical decision-making*. Communities In Schools of South Central Texas, New Braunfels, TX.
- Hartwig, E. K. (2016, February). *Honoring diversity using sandtray*. Counselors for Social Justice, Texas State University, San Marcos, TX.
- Hartwig, E. K. (2016, February). Let's get ethical: Applying ethical principles in a community setting. Communities In Schools of San Antonio, San Antonio, TX.
- Hartwig, E. K. (2015, October). *In the XY-Zone: CIS-SA XY-Zone study training*. Communities In Schools of San Antonio, San Antonio, TX.
- Hartwig, E. K. (2015, March). *Creative interventions for kids and teens*. Communities In Schools of San Antonio, San Antonio, TX.
- Hartwig, E. K. (2014, September) *Mask-making technique: The use of masks in counseling*. New Braunfels Independent School District School Counselor Fall Training, New Braunfels, TX.
- Kjellstrand, E. K. (2012, December). *Incorporating play into family therapy: Utilizing the family aquarium technique*. Texas Association of Play Therapy Hill Country Chapter, Austin, TX.
- Kjellstrand, E. K. (2012, September). *Get ready to Check and Connect: CIS-SCT*. Communities In Schools of South Central Texas, New Braunfels, TX.
- Kjellstrand, E. K. (2011, July). *Sandtray therapy*. UTSA Graduate Student Council, San Antonio, TX.
- Kjellstrand, E. K. (2011, June). *Foundations of child-centered play therapy*. UTSA Graduate Student Council, San Antonio, TX.
- Kjellstrand, E. K. (2011, June). *Incorporating play into family therapy: Five family play therapy techniques*. Texas Association of Play Therapy Alamo Chapter, San Antonio, TX.

#### 3. Consultancies:

- Hartwig, E. K. (2017) *Evaluator for Children's Grief Program*. McKenna Foundation Grant, Hope Hospice, New Braunfels, TX.
- Hartwig, E. K. (2015-2016) *Evaluator for XY-Zone Boys Leadership Program*. Kronkosky Charitable Foundation Grant, Communities In Schools of San Antonio, San Antonio, TX.

### 4. Workshops:

- Hartwig, E. K. (2022, May) *Solution-focused play therapy: The magic of strengths-based play.* Pawsitive Counseling, LLC, New Braunfels, TX.
- Hartwig, E. K. (2021, February) Introduction to solution-focused play therapy: Theoretical foundations & basic skills & Advanced solution-focused play therapy: Strength-based techniques and interventions. Texas State University Institute for Play Therapy, Virtual presentation.
- Hartwig, E. K. (2020, February) *Solution-focused play therapy*. Texas State University Institute for Play Therapy, San Marcos, TX.
- Hartwig, E. K. (2018, November) *Food, families, and fun: Working with families in play therapy.* Texas State University Institute for Play Therapy, San Marcos, TX.
- Hartwig, E. K. (2018, February) *Playful supervision: How to be or become a creative and dynamic play therapy supervisor.* Texas State University Institute for Play Therapy, San Marcos, TX.
- Hartwig, E. K. (2017, September) *Basic child-centered play therapy: Ready, set, play!* Texas State University Institute for Play Therapy, San Marcos, TX.
- Hartwig, E. K. (2017, February) *Play therapy with teens and tweens*. Texas State University Institute for Play Therapy, San Marcos, TX.
- Hartwig, E. K. (2015, November) *Using sandtray in case consultation and supervision*. Texas State University Institute for Play Therapy, San Marcos, TX.
- Hartwig, E. K. (2015, May) *Finding hope: Play therapy with grieving children and families*. Texas State University Institute for Play Therapy, San Marcos, TX.
- Hartwig, E. K. (2015, April & November) *There's a dog in my classroom: Canine-assisted therapy*. Texas State University, Recreation Therapy Program, San Marcos, TX.
- Hartwig, E. K. (2014, September) *Family play therapy*. Texas State University Institute for Play Therapy, San Marcos, TX.
- Hartwig, E. K. (2014, June) Canine-assisted play therapy: Exploring animal-assisted therapy, canine-communication, and play therapy. Texas State University, San Marcos, TX.

- Hartwig, E. K. (2014, May) Helping children heal from divorce: Creative play therapy approaches for helping kids cope. Texas State University Institute for Play Therapy, San Marcos, TX.
- Hartwig, E. K. (2013, November) *Basic child-centered play therapy: It's all about the relationship.* Texas State University Institute for Play Therapy, San Marcos, TX.
- Homeyer, L. E., & Kjellstrand, E. K. (2013, February) We're all in this together: Consultation and collaboration in play therapy. Texas State University Institute for Play Therapy, San Marcos, TX.
- Kjellstrand, E. K. (2012, May). *Get ready to Check and Connect: Project Connect*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2012, March). *Case consultation*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2011, December). *Let's get ethical*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2011, November). *Developing and enhancing your personal theoretical framework*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K., & Ragland, C. (2011, September). *Get ready to Check and Connect: Study group*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2011, September). *Get ready to Check and Connect: Non-study group*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2011, September). *Introduction to intern supervision*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2011, August). *A toolbox for facilitating effective groups*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K., & Garcia, I. (2011, August). Working with volunteers: CIS-SA local operating procedures. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2011, January). *Creating awesome groups*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2010, April). *Child-centered play therapy*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2010, April). *Expressive arts: The journey within*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2010, March). *Fun with sandtray*. Communities In Schools of San Antonio, San Antonio, TX.

- Kjellstrand, E. K. (2004-2011). *Project operations 101*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2004-2011). *Campus plan local operating procedures*. Communities In Schools of San Antonio, San Antonio, TX.
- Kjellstrand, E. K. (2003, August). *Interns make an impact*. Communities In Schools of San Antonio, San Antonio, TX.
- 5. Other Works Not in Print:
  - a. Works "submitted" or "under review":
  - **Hartwig, E. K.** & Pliske, M. M. (Submitted). Are you and your dog competent? Integrating animal-assisted play therapy competencies. *International Journal of Play Therapy*
  - Hartwig, E. K., Walker, E., & Stamman, J. (Submitted). Role for initiative: Using Dungeons and Dragons in play therapy. Intended journal: *Journal of Creativity in Mental Health*
  - b. Works "in progress":
  - Hartwig, E. K. (In progress). Animal-assisted school counseling. Publisher: Routledge.
  - **Hartwig, E. K., Homeyer, L., & Stone, J.** (In progress). Sand therapy competencies: A qualitative investigation of competencies for sand therapy practitioners. Intended journal: *World Journal for Sand Therapy Practice*
  - Evans, J. J. & **Hartwig, E. K.** (In progress). Pawsitive training: A preliminary investigation of animal-assisted counseling competencies in a university-based training program. Intended journal: *Human-Animal Interaction Bulletin*
  - Taylor, E. R., & Hartwig, E. K. (In progress). Solution-focused play therapy treatment manual. Intended journal: *Journal of Systemic Therapies*
  - c. Other Works Not in Print:
- C. Scholarly / Creative Grants and Contracts
  - 1. Funded External Grants and Contracts:

Funder	Program	Amount/Contract	Date
Corporation for National and Community Service	AmeriCorps*VISTA Program	Eight full-time volunteers for three years	August 2010
ETS K-12	Communities In Schools of San Antonio Resource Library	\$14,000.00	February 2010

Texas Education Agency	21st Century Community Learning	\$1,904,000.00	August 2009
	Center Grant Program Cycle 6		

# 2. Submitted, but not Funded, External Grants and Contracts:

Funder	Program	Amount/Contract	Date
National Institutes of Health: Human-Animal Interaction (HAI) Research R21 (resubmission)	The Impact of Canine-Assisted Play Therapy on Behavioral Outcomes of Children with Adverse Childhood Experiences	\$411,125.00	December 2019
National Institutes of Health: Human-Animal Interaction (HAI) Research R21	The Impact of Canine-Assisted Play Therapy on Behavioral Outcomes of Children with Adverse Childhood Experiences	\$405,586.00	March 2019
Human Animal Bond Research Institute (HABRI)	Measuring the Impact of Shelter Dog Field Trips: Fostering Community Engagement to Support Homeless Dogs	\$23,672.00	February 2019
National Institutes of Health: Animal-Assisted Interventions for Special Populations R21	Courageous Kids and Canines: An Investigation of Health Effects of Canine-Assisted Interventions on Responses to Stress in Pediatric Oncology Patients	\$361,376.00	July 2016
WALTHAM Human-Animal Interaction Research Programme	Pawsitive Partners for Academic and Wellness Support (PAWS) Project – Award 1	\$357,081.51	May 2015
WALTHAM Human-Animal Interaction Research Programme	Pawsitive Partners for Academic and Wellness Support (PAWS) Project – Award 2	\$149,442.27	May 2015
Hogg Foundation for Mental Health	Peers and Paws: An Investigation of Peer-Support and Canine-Support Services with Youth and Caregivers Grieving the Sudden Death of a Loved One	\$91,550.00	November 2014

## 3. Funded Internal Grants and Contracts:

Funder	Program	Amount/Contract	Date
Pilot Research Grant	Hope and Healing with Kids and Canines: An Exploration of Canine- Assisted Play Therapy with Grieving	\$5,000.00	January 2014
	Youth		

# 4. Submitted, but not Funded, Internal Grants and Contracts:

Funder	Program	Amount/Contract	Date
Research Enhancement Program	An Investigation of Effective Play Therapy Treatment for Children with Adverse Childhood Experiences	\$16,000.00	October 2020
Research Enhancement Program	An Investigation of Shelter Dog Field Trips	\$8,000.00	October 2018

D. Scholarly / Creative Fellowships, Awards, Honors:

Presidential Distinction Award in Scholarship, College of Education, Texas State University (2018)

- E. Scholarly / Creative Professional Development Activities Attended:
- F. Media Recognition:

### IV. SERVICE

### A. Institutional

- 1. University:
  - Performing Arts Committee (2019-2020)
  - Graduate Marshall, Spring 2019 Graduation
  - How to Teach Online and Still Have a Life Panelist, Instructional Technologies Support (ITS; 2017, 2018)
  - Step Up for State Animal-Assisted Counseling Academy Project Leader (2017, 2018)
  - Mental Health Advisory Council, Member (2016)
  - KTSW Radio Interview: Canine-Assisted Play Therapy (February 2015)
  - Finals Week: Therapy Dogs in Alkek (May 2014, May 2015)
  - Common Experience Workshop Presentation: "Where Can Your Mind Take You? Graduate Programs in Mental Health" (February 2014)

### 2. College:

- College of Education Tenure & Promotion Committee Representative (2020-2022)
- College of Education Library Representative (2015-2016; 2022-Present)
- Ranch Day: Therapy Dog Team Supports Youth for Recreation Therapy Program (April 2015)
- College of Education Faculty Advisory Council (2013-2015); Vice Chair (2014-2015)
- College of Education Graduate Scholarship Committee (2012-2013; 2014-2015)

### 3. Department/School:

- Search Committee Chair Tenure-Track Professional Counseling Position (2022)
- Animal-Assisted Counseling Academy Director (2016-Present)

- Institute for Play Therapy, Team Member (2012-Present), RPT-S Reviewer (2018-2021),
  Director (2018-2019), Interim Coordinator (2015)
- Program Standards Committee Coordinator (2021-Present)
- Printed and Electronic Materials Coordinator (2016-2018; 2021-Present)
- Marital, Couples, and Family Counseling Track Coordinator (2016-2021)
- Veteran Friendly Office Representative (2017-2020)
- CLAS Curriculum Co-Chair (2017), Chair (2018-2019)
- Professional Counseling Program Faculty Search Committee (2014-2018)
- School Psychology Program Faculty Search Committee (2016)
- Comprehensive Exam Coordinator (2012-2016)
- National Counselor Exam Coordinator (2012-2016)

### B. Professional:

- Association for Play Therapy (APT)
  - Board of Directors (2020-Present)
  - o University Education Committee (2015-2020)
  - o Research Committee (2015-2016)
  - o Leadership Academy Graduate (2015)
- Texas Association for Play Therapy (TAPT)
  - Past President (2018-2019)
  - o President (2017-2018)
  - o President-Elect (2016-2017)
  - o Secretary (2012-2013)
- TAPT Dan E. Homeyer Research Award
  - o Selection Committee (2012, 2015, 2016)
- Southern Association for Counselor Education and Supervision Conference
  - o Proposal Reviewer (2011)
- World Association of Sand Therapy Professionals
  - o Advisory Board Member (2019-2020)

### C. Community:

- River Chase Veterans Association (2021-Present)
- Hope Hospice Family/Youth Grief Camp Volunteer (2016-Present)
- New Braunfels Independent School District Band Boosters (2015-2021)
- New Braunfels Humane Society Volunteer (2020)
- Pet Partners Volunteer (2014-2020)
- Camp Redbird Grief Camp Volunteer, Austin Center for Grief and Loss (2019)
- Pet Partners Therapy Animal Team Evaluator (2016-2018)
- STREAM (Science, Technology, Reading/Writing, Engineering, Art, Mathematics, and Technical Support) Fest Volunteer, San Marcos Activity Center, sponsored by the Texas State University Department of Curriculum and Instruction (2015)
- InspireU Strategic Committee, San Antonio, TX (2010-2012)
- Serve SA Committee, San Antonio, TX (September 2011-2012)

- Eagle Run, San Antonio, TX (October 2010; October 2011)
- Community Advisory Board, San Antonio, TX (2009-2012)
- San Antonio Youth Literacy Tutor (2004-2005, 2005-2006, 2007-2008)

### D. Organization Memberships:

#### **Professional Associations:**

- Association for Play Therapy
- Texas Association for Play Therapy
- Texas Association of Marriage and Family Therapists
- International Society for Anthrozoology
- American Counseling Association

### **Honorary Organizations:**

• P.E.O., Chapter BR (2004-2018), President (2012-2014), Treasurer (2006-2008)

#### E. Service Honors and Awards:

- Presidential Distinction Award in Service, College of Education, Texas State University (2018)
- Nancy Guillory Award for Outstanding Service in Play Therapy, Texas Association for Play Therapy (2017)
- Counseling and Human Services Department Graduate Scholarship Recipient (2010-2011)
- National Conference of Volunteering and Service Scholarship Recipient (2011)
- Communities In Schools of San Antonio Employee of the Year (2009)

### E. Service Grants and Contracts

- 1. Funded External Service Grants and Contracts:
- 2. Submitted, but not Funded, External Service Grants and Contracts:
- 3. Funded Internal Service Grants and Contracts:
- 4. Submitted, but not Funded, Internal Service Grants and Contracts:

### G. Service Professional Development Activities Attended: