

# Transfer Planning Guide 2022-2023

## Major in Health and Fitness Management (HFM)

## Bachelor of Exercise and Sports Science Degree (BESS)

## 120 Credit Hours

Texas Education Code Section 61.822 requires that Texas public institutions facilitate the transferability of lower-division course credit through the **Core Curriculum**. The [Core Curriculum](http://mycatalog.txstate.edu/undergraduate/general-education-core-curriculum/) contains nine Foundational Component Areas (42 hours), which every Texas State student must satisfy to graduate.

Texas State is a participant in the **Texas Common Course Numbering System** [(TCCNS).](https://www.tccns.org/) Use the TCCNS to find courses you can take at your institution to ensure transfer of credit toward freshman- and sophomore- level degree requirements at Texas State.

| Code | Course | Required Hours |
| --- | --- | --- |
| 010 | Communication | 6 required hours |
| 020 | Mathematics | 3 required hours *(see Recommended Core Curriculum Choices below)* |
| 030 | Life and Physical Sciences | 6 required hours *(see Recommended Core Curriculum Choices below)* |
| 040 | Language, Philosophy & Culture | 3 required hours |
| 050 | Creative Arts | 3 required hours |
| 060 | American History | 6 required hours |
| 070 | Government/Political Science | 6 required hours |
| 080 | Social and Behavioral Sciences | 3 required hours *(see Recommended Core Curriculum Choices below)* |
| 090 | Component Area Option | 6 required hours |

*Students will receive core credit at Texas State for any course successfully completed in the Core Curriculum of the sending institution.*

## RECOMMENDED CORE CURRICULUM CHOICES FOR THE BESS-HFM

This degree requires specific courses for degree completion, and with wise planning, you may take courses that satisfy both the Core Curriculum and the BESS-HFM requirements:

| Courses | TCCN | TEXAS STATE |
| --- | --- | --- |
| 020 Mathematics | MATH 1324 or MATH 1314 | MATH 1319 or MATH 1315 |
| 030 Life and Physical Sciences\* | CHEM 1311 | CHEM 1341 |
| 030 Life and Physical Sciences continued\* | CHEM 1312 | CHEM 1342 |
| 030 Life and Physical Sciences continued\* | PHYS 1301 | PHYS 1315 |
| 030 Life and Physical Sciences continued\* | PHYS 1302 | PHYS 1325 |
| 030 Life and Physical Sciences continued\* | BIOL 1306 | BIO 1330 |
| 080 Social and Behavioral Sciences | PSYC 2301 or SOCI 1301 | PSY 1300 or SOCI 1310 |

*\*Choose two 030 core courses from the courses listed. Corresponding labs listed in additional requirements below.*

## ADDITIONAL LOWER-DIVISION BESS-HFM REQUIREMENTS

| TCCN | TEXAS STATE |
| --- | --- |
| BIOL 2404 | BIO 2430 |
| CHEM 1111 (*with* CHEM 1311) | CHEM 1141 (*with* CHEM 1341) |
| CHEM 1112 (*with* CHEM 1312) | CHEM 1142 (*with* CHEM 1342) |
| PHYS 1101 (*with* PHYS 1301) | PHYS 1115 (*with* PHYS 1315) |
| PHYS 1102 (*with* PHYS 1302) | PHYS 1125 (*with* PHYS 1325) |
| BIOL 1106 (*with* BIOL 1306) | BIO 1130 (*with* BIO 1330) |
| ACCT 2301 & ACCT 2302 (or only take TXST’s ACC 2301) | ACC 2361 & ACC 2362 (or ACC 2301) |
| ECON 1301 | ECO 2301 |
| BUSI 2301 | BLAW 2361 |

## UNIVERSITY ADMISSION:

1. Submit a completed [application,](https://www.admissions.txstate.edu/apply) all supporting documents, including an official high school transcript and transcript(s) from every institution attended and application fee, to the Office of Undergraduate Admissions by the stated [priority date.](http://www.admissions.txstate.edu/future/application-dates.html)
2. Students with **1-15 transferable hours** must have a minimum 2.0 GPA in all transferable course work and meet [freshman admission standards.](http://www.admissions.txstate.edu/future/freshman/admissions-requirements) Students with **16-29 transferable hours** must have a minimum 2.5 GPA in all transferable course work. Students with **30 or more transferable hours** must have a minimum 2.25 GPA in all transferable course work. All students must be eligible to return to all previous institutions and be at least one full semester out of high school.

Students transferring to Texas State from a community college may elect to follow the [Texas State](http://mycatalog.txstate.edu/) [Undergraduate Catalog](http://mycatalog.txstate.edu/) that was in effect at the time they enrolled at their community college. Students may also, with the approval of their College Dean, follow a subsequent catalog. Students are reminded to refer to their designated catalog for information related to University requirements for curriculum, graduation, probation/suspension, and other general information.

## FOR MORE INFORMATION, CONTACT:

Office of Undergraduate Admissions

Texas State University

Richard A. Castro Undergraduate Admissions Center

429 N. Guadalupe St.

San Marcos, Texas 78666

512.245.2364

<https://www.admissions.txstate.edu/>

College of Education Advising Center

Education Building, Room 2143

512.245.3050

<https://www.education.txstate.edu/advising/>

***Texas State reserves the right to withdraw courses at any time, to change its fees or tuition, calendar, curriculum, degree requirements, graduation procedures, and any other requirements affecting students. Changes will become effective whenever authorities determine and will apply to both prospective students and those already enrolled.***

**MAY 2022**