

Degree: Bachelor of Exercise and Sports Science | Major: Exercise and Sports Science | Certification: All-Level Physical Education
Minors: Education + Chosen from catalog (except Exercise Sports Science, Coaching, or Secondary Education)

The degree requirements below are outlined in the 2022 Undergraduate Catalog and will remain valid through summer 2028.

Institutional Requirement	Texas State Courses	TCCN Courses
University Seminar	US 1100	Waived for transfer students with 16+ hours.
Foreign Language Proficiency	1410 and 1420: ARAB, ASL, CHI, FR, GER, ITAL, JAPA, LAT, POR, SPAN	Two years in high school or two semesters in college of the same foreign language.
Core Curriculum (42 hours)	Texas State Courses	TCCN Courses
010 Communication (6 hours)	ENG 1310* ENG 1320*	ENGL 1301* ENGL 1302*
020 Mathematics (3 hours)	MATH 1315*	MATH 1314*
030 Life and Physical Sciences (6 hours)	6-hours 030	6-hours 030
040 Language, Philosophy, and Culture (3 hours)	PHIL 1305 <u>or</u> PHIL 1320*	3-hour 040*
050 Creative Arts (3 hours)	<u>1</u> of MU, ART, TH, DAN 2313	3-hour 050
060 American History (6 hours)	HIST 1310 HIST 1320	HIST 1301 HIST 1302
070 Government/Political Science (6 hours)	POSI 2310 POSI 2320	GOVT 2306 GOVT 2305
080 Social and Behavioral Sciences (3 hours)	3-hour 080	3-hour 080
090 Component Area (6 hours)	COMM 1310** <u>1</u> of ENG 2310-60	SPCH 1311** or SPCH 1315** <u>1</u> of ENGL 2322-33 <u>or</u> 3-hour 090
Major (34 hours)	Texas State Courses	TCCN Courses
ESS Activity Courses and Practicum Select one bundle from:		
	ESS 1173A + TEAM SPORT (ESS 1172 or 1178) + CONDITIONING (ESS 1175 or PFW 1110A/B/F or 1135B or 1190B)	
	ESS 1173B + INDIVIDUAL SPORT (ESS 1128 or 1176) + CONDITIONING (ESS 1175 or PFW 1110A/B/F or 1135B or 1190B)	
	ESS 1173C + INDIVIDUAL SPORT (ESS 1128 or 1176) + TEAM SPORT (ESS 1172 or 1178)	
	ESS 1100*	
	ESS 1179*	
	ESS 1310*	EDUC 1301*^
	ESS 2321*	
	ESS 2320*	
	ESS 3180*	
	ESS 3320*	
	ESS 3325*	
	ESS 3317* <u>and</u> ESS 3117*	
	ESS 3329*	
	ESS 4323*	
Advanced PE Elective Theory	<u>1</u> of ESS 3321*, 3323*, 3340*, <u>or</u> 4337*	EDUC 2301*^
Support (4 hours)	Texas State Courses	TCCN Courses
	BIO 2430*	BIOL 2404*
Minor 1: Education (21 hours)	Texas State Courses	TCCN Courses
Education Core	ESS 4624*	
High School Field-Based Block	CI 4372* CI 4370* RDG 3323*	
Clinical Teaching	EDST 4380 EDST 4381	
Minor 2: _____ (__ hours)	Texas State Courses	TCCN Courses
See Undergraduate Catalog for options. Course requirements will vary based on chosen minor.		

Educator Preparation Program Requirements
‘C’ or better in: • 010 Core • 020 Core • 040 Core • 060/070 Core (2/4 must be ‘C’ or better)
‘B’ or better in 090 Core COMM/SPCH; if ‘C’ is earned student may not have to repeat but will have to complete additional steps at TXST.
Junior Classification (60+ earned credit hours)
Overall 2.75 GPA
Comments
** Requires grade of ‘B’ or better for major.
* Requires grade of ‘C’ or better for major.
^ In order to receive credit the student will need to meet with an Academic Advisor to have the course reflected on their Degree Audit. Students are required to meet with an Academic Advisor once they are accepted to TXST.
Students attempting to earn their Bachelor's degree in four years should plan to take certain coursework in summer terms. Advising is recommended for long-range planning.
Students should not complete more than 66 degree-applicable CC/JC hours.