## INSTITUTIONAL REQUIREMENTS
1-9 Hours
- US 1100: University Seminar (1-Hr Open Elective if Exempt)
- Foreign Language Proficiency (see catalog)

## PROGRAM-SPECIFIC CORE
6 Hours
- Mathematics (020)
  - MATH 1315: College Algebra
- Social and Behavioral Sciences (080)
  - PSY 1300: Introduction to Psychology

## GENERAL EDUCATION CORE
36 Hours
- Communication (010) - select two from:
  - ENG 1310: College Writing I
  - ENG 1320: College Writing II
  - ENG 1321: Writing for Sustainable Change
- Life and Physical Sciences (030) - select two from:
  - ANTH, BIO, CHEM, GEO, GEOL, PHYS
  - See Degree Audit for exact options
- Language, Philosophy, and Culture (040) - select one from:
  - PHIL 1305: Philosophy & Critical Thinking
  - PHIL 1320: Ethics & Society
  - ENG 2310: British Literature before 1785
  - ENG 2320: British Literature after 1785
  - ENG 2330: World Literature before 1600
  - ENG 2340: World Literature after 1600
  - ENG 2359: American Literature before 1865
  - ENG 2360: American Literature after 1865
  - ENG 2371: U.S. Literature: Writing Identities
- Creative Arts (050) - select one from:
  - ART, DAN, MU, or TH 2313: Introduction to Fine Arts
- American History (060) - select two from:
  - 1st course:
    - HIST 1310: History of United States to 1877
    - HIST 2327: History of Mexican America to 1865
    - HIST 2381: African American History to 1877
  - 2nd course:
    - HIST 1320: History of the United States from 1877
    - HIST 2328: History of Mexican America from 1865
    - HIST 2382: African American History from 1877
- Government/Political Science (070) - select two from:
  - POSI 2310: Principles of American Government
  - POSI 2320: Functions of American Government
  - COMM 1310: Fundamentals of Human Communication
- English Literature - select one from:
  - ENG 2310: British Literature before 1785
  - ENG 2320: British Literature after 1785
  - ENG 2330: World Literature before 1600
  - ENG 2340: World Literature after 1600
  - ENG 2359: American Literature before 1865
  - ENG 2360: American Literature after 1865
  - ENG 2371: U.S. Literature: Writing Identities

## MAJOR
24 Hours
- REC 1310: Introduction to Recreation & Leisure Services
- REC 2330: Leadership in Recreation & Leisure Services
- REC 2335: Recreation Program Development
- REC 2336: Directed Field Experience in Programming Recreation
- REC 3325: Recreation Administration
- REC 3351: Evaluation of Leisure Service Programming
- REC 4350: Theories & Methods of Supervision in Recreation
- REC 4380: Seminar in Recreation

## CONCENTRATION
52 Hours
- REC 1370: Introduction to Therapeutic Recreation
- REC 2370: Planning Therapeutic Recreation Services
- REC 3370: Assessment & Documentation in Therapeutic Recreation
- REC 3371: Facilitation & Processing in Therapeutic Recreation
- REC 4370: Principles of Therapeutic Recreation
- REC 4371: Application of Evidence-Based Practice in Ther. Recreation
- REC 4681: Internship in Therapeutic Recreation
- Select two from:
  - REC 1330: Introduction to Outdoor Recreation
  - REC 3340: Recreation Facilities Operations and Maintenance
  - REC 4330: Entrepreneurial Recreation Management
  - REC 4335: Outdoor Recreation Programming
- NCTRC Electives - select three from:
  - PSY 3312: Adolescent Psychology
  - PSY 3313: Psychology of Adulthood and Aging
  - PSY 3350: Behavior Modification
  - PSY 3361: Health Psychology
  - SOCI 1310: Introduction to Sociology
  - SOCI 3300: Principles of Sociology
  - SOCI 3338: Family Problems
  - SOCI 3343: Criminology
  - SOCI 3347: Juvenile Delinquency
  - SOCI 3383: Aging and Society
  - SOCI 3384: The Sociology of Death and Dying
  - SPED 2360: Survey of Exceptionality
  - SPED 3338: Educating Students with Emotional/Behavioral Disorders
  - SPED 4344: Educating Students with Mild Disabilities
  - SPED 4381: Educating Students with Intellectual & Devol. Disabilities
  - ESS 3320: Biomechanics
  - ESS 3329: Introduction To Motor Learning

## ELECTIVE
1 Hour
- Any 1-Hour Elective

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.
The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2022, Spring 2023, and Summer 2023 semesters.

**PRIORITY DUE TO SEQUENCING**
Prioritize these courses in your schedule each semester.

Summer offerings of REC courses are generally limited. Students are advised to prioritize REC courses in fall/spring semesters when possible.

**ADDITIONAL REQUIRED COURSES**
Use these courses to fill remaining space in your schedule each semester.

- **Core Curriculum**
  - 010
  - 010
  - 030
  - 030
  - 040
  - 050
  - 050
  - 060
  - 060
  - 070
  - 070
  - 090A
  - 090B

- **Support**
  - BIO 2430

- **NCTRC Electives**
  Select three courses from:
  - PSY 3312
  - SOCI 3347
  - PSY 3313
  - SOCI 3383
  - PSY 3350
  - SOCI 3384
  - PSY 3361
  - SPED 2360
  - SOCI 3310
  - SPED 3338
  - SOCI 3300
  - SPED 4344
  - SOCI 3338
  - SPED 4381
  - SOCI 3343
  - ESS 3320
  - ESS 3329

- **Elective**
  - 1 hour elective (any level)

- **GPA restricted (2.0 Texas State; 2.25 Major; 2.00 Overall)**
- * requires grade of ‘C’ or better

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.