### INSTITUTIONAL REQUIREMENTS
1-9 Hours
- US 1100: University Seminar (1-Hr Open Elective if Exempt)
- Foreign Language Proficiency (see catalog)

### PROGRAM-SPECIFIC CORE
12 Hours

- Mathematics (020)
  - MATH 1315: College Algebra
- Life and Physical Sciences (030)
  - CHEM 1341: General Chemistry I
  - PHYS 1335: General Physics I
- Social and Behavioral Sciences (080)
  - PSY 1300: Introduction to Psychology

### MAJOR
21 Hours
- ESS 1179: Weight Training
- AT 2356: Prevention and Care of Athletic Injuries
- ESS 3317: Exercise Physiology / ESS 3117 Lab
- ESS 3320: Biomechanics
- ESS 3329: Introduction to Motor Learning
- AT 3358: Clinical Pathopharmacology
- AT 2400: Functional Anatomy

### SUPPORT
26 Hours
- BIO 2430: Human Physiology & Anatomy
- CHEM 1141: General Chemistry I Lab
- PHYS 1115: General Physics I Lab
- HIM 2360: Medical Terminology
- Select one from:
  - HP 3325: Healthcare Statistics
  - MATH 2328: Elementary Statistics
  - PH 3315: Statistics in Public Health
  - PSY 2301: Introduction to Statistics
  - SOCI 3307: Statistics of Behavioral Sciences
- Select one from:
  - NUTR 2360: Nutrition Science
  - NUTR 3362: Nutrition and Health
  - NUTR 3364: The Science of Nutrition and Exercise

### GENERAL EDUCATION CORE
30 Hours
- Communication (010) – select two from:
  - ENG 1310: College Writing I
  - ENG 1320: College Writing II
  - ENG 1321: Writing for Sustainable Change
- Language, Philosophy, and Culture (040) – select one from:
  - PHIL 1305: Philosophy & Critical Thinking
  - PHIL 1320: Ethics & Society
  - ENG 2310: British Literature before 1785
  - ENG 2320: British Literature after 1785
  - ENG 2330: World Literature before 1600
  - ENG 2340: World Literature after 1600
  - ENG 2359: American Literature before 1865
  - ENG 2360: American Literature after 1865
  - ENG 2371: U.S. Literature: Writing Identities
- Creative Arts (050) - select one from:
  - ART, DAN, MU, or TH 2313: Introduction to Fine Arts
- American History (060) – select two from:
  - 1st course:
    - HIST 1310: History of United States to 1877
    - HIST 2327: History of Mexican America to 1865
    - HIST 2381: African American History to 1877
  - 2nd course:
    - HIST 1320: History of the United States from 1877
    - HIST 2328: History of Mexican America from 1865
    - HIST 2382: African American History from 1877
- Government/Political Science (070) – select two from:
  - POSI 2310: Principles of American Government
  - POSI 2320: Functions of American Government
- Component Area (090):
  - ENG 2310: British Literature before 1785
  - ENG 2320: British Literature after 1785
  - ENG 2330: World Literature before 1600
  - ENG 2340: World Literature after 1600
  - ENG 2359: American Literature before 1865
  - ENG 2360: American Literature after 1865
  - ENG 2371: U.S. Literature: Writing Identities

### CONCENTRATION: Pre-Rehabilitation Sciences
9 Hours
- AT 3311: Clinical Assessment I
- AT 3312: Clinical Assessment II
- AT 4313: Clinical Therapeutic Interventions

### DUAL CREDIT – only required if NOT admitted to MSAT
21 Hours
- CHEM 1342/1142
- PHYS 1345/1125
- ESS 4317
- Select one from:
  - PSY 3300 or PSY 3315
  - 7 hours of Prescribed Electives

### MASTER’S COURSEWORK
55 Hours
If admitted to the Master’s in AT program at end of Junior Year:
- AT 5400
- AT 5320
- AT 5120
- AT 5230
- AT 5301
- AT 5300
- AT 5313
- AT 5231
- AT 5305
- AT 5314
- AT 5232
- AT 5340
- AT 5333
- AT 5341
- AT 5342
- AT 5343
- AT 5334
- AT 5191
- AT 5192
- AT 5344
- AT 5335

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.

154 HOURS
Degree: Bachelor of Exercise and Sports Science | Major: Exercise and Sports Science | Concentration: Pre-Rehabilitation Sciences

The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2023, Spring 2024, and Summer 2024 semesters.

**PRIORITY DUE TO SEQUENCING**
Prioritize these courses in your schedule each semester

**Core Curriculum**

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<tr>
<th>010</th>
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<th>040</th>
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<th>090B</th>
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**Major**

| ESS 1179 | ESS 3329 |

**Prescribed Electives**

4 hours from:

ESS 1101
ESS 3323 fall | spring

**Support**

Select one from:

| NUTR 2360 | NUTR 3364 |

If NOT admitted to MSAT, must also complete the following to graduate in PRS program:

| CHEM 1342/1142 | PHYS 1345/1125 | ESS 4317 | PSY 3300 or PSY 3315 |

7 hours of Prescribed Electives

**GPA restricted (2.0 Overall) | * requires grade of ‘C’ or better | ^ requires grade of ‘B’ or better to apply | ^ requires additional prerequisites**

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.
The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2023, Spring 2024, and Summer 2024 semesters.

### Degree: Bachelor of Exercise and Sports Science | Major: Exercise and Sports Science | Concentration: Pre-Rehabilitation Sciences

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<thead>
<tr>
<th>FALL</th>
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<tr>
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<td>AT 3312</td>
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**GPA restricted (2.75 Overall) | * requires grade of ‘C’ or better**

If NOT admitted to MSAT, will need to complete the following for completion of ESS with PRS Undergraduate degree:

- [ ] CHEM 1342/1142
- [ ] PHYS 1345/1125
- [ ] ESS 4317
- [ ] PSY 3300 or PSY 3315
- [ ] 7 hours of Prescribed Electives

**154 HOURS**