The degree requirements below are outlined in the 2023 Undergraduate Catalog and will remain valid through summer 2029.

### INSTITUTIONAL REQUIREMENTS

1-9 Hours

- US 1100: University Seminar (1-Hr Open Elective if Exempt)
- Foreign Language Proficiency (see catalog)

### PROGRAM-SPECIFIC CORE

3 Hours

- Social and Behavioral Sciences (080)
  - PFW 1301: Social/Behav Dimensions of Physical Fit Wellness

### GENERAL EDUCATION CORE

39 Hours

- **Communication (010)** – select two from:
  - ENG 1310: College Writing I
  - ENG 1320: College Writing II
  - ENG 1321: Writing for Sustainable Change

- **Mathematics (020)** – select one from:
  - MATH 1312: College Statistics and Algebra
  - MATH 1315: College Algebra
  - MATH 1316: Survey of Contemporary Mathematics
  - MATH 1317: Plane Trigonometry
  - MATH 1319: Mathematics for Business and Economy I

- **Life and Physical Sciences (030)** – select two from:
  - ANTH, BIO, CHEM, GEO, GEOL, PHYS
  - See Degree Audit for exact options

- **Language, Philosophy, and Culture (040)** – select one from:
  - PHIL 1305: Philosophy & Critical Thinking
  - PHIL 1320: Ethics & Society
  - ENG 2310: British Literature before 1785
  - ENG 2320: British Literature after 1785
  - ENG 2330: World Literature before 1600
  - ENG 2340: World Literature after 1600
  - ENG 2360: American Literature after 1865
  - ENG 2371: U.S. Literature: Writing Identities

- **Creative Arts (050)** - select one from:
  - ART, DAN, MU, or TH 2313: Intro to Fine Arts

- **American History (060)** – select two from:
  - 1st course:
    - HIST 1310: History of United States to 1877
    - HIST 2327: History of Mexican America to 1865
    - HIST 2381: African American History to 1877
  - 2nd course:
    - HIST 1320: History of United States from 1877
    - HIST 2328: History of Mexican America from 1865
    - HIST 2382: African American History from 1877

- **Government/Political Science (070)** – select two from:
  - POSI 2310: Principles of American Government
  - POSI 2320: Functions of American Government

- **Component Area (090)**:
  - COMM 1310: Fundamentals of Human Communication

- **English Literature** - select one from:
  - ENG 2310: British Literature before 1785
  - ENG 2320: British Literature after 1785
  - ENG 2330: World Literature before 1600
  - ENG 2340: World Literature after 1600
  - ENG 2359: American Literature before 1865
  - ENG 2360: American Literature after 1865
  - ENG 2371: U.S. Literature: Writing Identities

- **Mass Communication Elective** - select one from:
  - MC 3319: Visual Communication
  - MC 3367: Advertising
  - MC 4381: Fundamentals of Digital and Online Media

- **Cultural Geography Elective** - select one from:
  - GEO 1309: Introduction to Cultural Geography
  - GEO 1310: World Geography

- **Physical Geography Elective** - select one from:
  - NHT 4301: Planning & Development of Nature and Heritage Tourism
  - GEO 3329: Geography of Texas
  - GEO 4326: Parks & Protected Places
  - PH 3301: Environmental Health

- **PFW Electives** - select two from:
  - PFW 1154B Challenge Course Facilitation
  - PFW 1154C Backpacking
  - PFW 1190A Canoeing
  - PFW 1190B Beginning Swimming
  - PFW 1190C Intermediate Swimming

### MAJOR

24 Hours

- **REC 1310**: Introduction to Recreation & Leisure Services
- **REC 2330**: Leadership in Recreation & Leisure Services
- **REC 2335**: Recreation Program Development
- **REC 2336**: Directed Field Experience in Programming Recreation
- **REC 3325**: Recreation Administration
- **REC 3351**: Evaluation of Leisure Service Programming
- **REC 4350**: Theories & Methods of Supervision in Recreation
- **REC 4380**: Seminar in Recreation

### CONCENTRATION

29 Hours

- **REC 1330**: Introduction to Outdoor Recreation
- **REC 1370**: Introduction to Therapeutic Recreation
- **REC 4330**: Entrepreneurial Recreation Management
- **REC 4335**: Outdoor Recreation Programming
- **REC 4680**: Internship in Recreation

- **Mass Communication Elective** - select one from:
  - MC 3319: Visual Communication
  - MC 3367: Advertising
  - MC 4381: Fundamentals of Digital and Online Media

- **Cultural Geography Elective** - select one from:
  - GEO 1309: Introduction to Cultural Geography
  - GEO 1310: World Geography

- **Physical Geography Elective** - select one from:
  - NHT 4301: Planning & Development of Nature and Heritage Tourism
  - GEO 3329: Geography of Texas
  - GEO 4326: Parks & Protected Places
  - PH 3301: Environmental Health

- **PFW Electives** - select two from:
  - PFW 1154B Challenge Course Facilitation
  - PFW 1154C Backpacking
  - PFW 1190A Canoeing
  - PFW 1190B Beginning Swimming
  - PFW 1190C Intermediate Swimming

### MINOR:

18+ Hours

- [ ]
- [ ]
- [ ]

### TOTAL HOUR ELECTIVES

6 Hours

[to reach 120 total; 36 advanced hours]; can use REC 4335

### 120 HOURS
The sequencing below reflects course prerequisites that are subject to change each academic year.
For use in planning Fall 2023, Spring 2024, and Summer 2024 semesters.

Prioritize these courses in your schedule each semester

Summer offerings of REC courses are generally limited. Students are advised to prioritize REC courses in fall/spring semesters when possible.

Use these courses to fill remaining space in your schedule each semester

GPA restricted (2.0 Texas State; 2.25 Major) | * requires grade of ‘C’ or better | + classification restriction

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA to graduate.