The degree requirements below are outlined in the 2023 Undergraduate Catalog and will remain valid through summer 2029.

**INSTITUTIONAL REQUIREMENTS**

- 1-9 Hours

  - US 1100: University Seminar (1-Hr Open Elective if Exempt)
  - Foreign Language Proficiency (see catalog)

**PROGRAM-SPECIFIC CORE**

- 3 Hours

  - Social and Behavioral Sciences (080)
  - PSY 1300: Introduction to Psychology

**GENERAL EDUCATION CORE**

- 39 Hours

  - Communication (010) – select two from:
    - ENG 1310: College Writing I
    - ENG 1320: College Writing II
    - ENG 1321: Writing for Sustainable Change
  
  - Mathematics (020) – select one from:
    - MATH 1312: College Statistics and Algebra
    - MATH 1315: College Algebra
    - MATH 1316: Survey of Contemporary Mathematics
    - MATH 1317: Plane Trigonometry
    - MATH 1319: Mathematics for Business and Economy I
  
  - Life and Physical Sciences (030) – select two from:
    - ANTH, BIO, CHEM, GEO, GEOL, PHYS
    - See Degree Audit for exact options
  
  - Language, Philosophy, and Culture (040) – select one from:
    - PHIL 1305: Philosophy & Critical Thinking
    - PHIL 1320: Ethics & Society
    - ENG 2310: British Literature before 1785
    - ENG 2320: British Literature after 1785
    - ENG 2330: World Literature before 1600
    - ENG 2340: World Literature after 1600
    - ENG 2359: American Literature before 1865
    - ENG 2360: American Literature after 1865
    - ENG 2371: U.S. Literature: Writing Identities
  
  - Creative Arts (050) - select one from:
    - ART, DAN, MU, or TH 2313: Introduction to Fine Arts
  
  - American History (060) – select two from:
    - 1st course:
      - HIST 1310: History of United States to 1877
      - HIST 2327: History of Mexico from 1865
      - HIST 2381: African American History to 1877
    - 2nd course:
      - HIST 1320: History of the United States from 1877
      - HIST 2328: History of Mexican America from 1865
      - HIST 2382: African American History from 1877
  
  - Government/Political Science (070) – select two from:
    - POSI 2310: Principles of American Government
    - POSI 2320: Functions of American Government
    - Component Area (090):
      - COMM 1310: Fundamentals of Human Communication
  
  - English Literature - select one from:
    - ENG 2310: British Literature before 1785
    - ENG 2320: British Literature after 1785
    - ENG 2330: World Literature before 1600
    - ENG 2340: World Literature after 1600
    - ENG 2359: American Literature before 1865
    - ENG 2360: American Literature after 1865
    - ENG 2371: U.S. Literature: Writing Identities

**MAJOR**

- 24 Hours

  - REC 1310: Introduction to Recreation & Leisure Services
  - REC 2330: Leadership in Recreation & Leisure Services
  - REC 2335: Recreation Program Development
  - REC 2336: Directed Field Experience in Programming Recreation
  - REC 3325: Recreation Administration
  - REC 3351: Evaluation of Leisure Service Programming
  - REC 4350: Theories & Methods of Supervision in Recreation
  - REC 4380: Seminar in Recreation

**CONCENTRATION**

- 52 Hours

  - REC 1370: Introduction to Therapeutic Recreation
  - REC 2370: Planning Therapeutic Recreation Services
  - REC 3370: Assessment & Documentation in Therapeutic Recreation
  - REC 3371: Facilitation & Processing in Therapeutic Recreation
  - REC 4370: Principles of Therapeutic Recreation
  - REC 4371: Application of Evidence-Based Practice in Ther. Recreation
  - REC 4681: Internship in Therapeutic Recreation

**NCTRC Electives - select three from:**

- PSY 3312: Adolescent Psychology
- PSY 3313: Psychology of Adulthood and Aging
- PSY 3350: Behavior Modification
- PSY 3361: Health Psychology
- SOC 1310: Introduction to Sociology
- SOC 3338: Family Problems
- SOC 3343: Criminology
- SOC 3347: Juvenile Delinquency
- SOC 3383: Aging and Society
- SOC 3384: The Sociology of Death and Dying
- SPED 2360: Survey of Exceptionality
- SPED 3338: Educating Students with Emotional/Behavioral Disorders
- SPED 4344: Educating Students with Mild Disabilities
- SPED 4381: Educating Students with Intellectual & Devel. Disabilities
- ESS 3320: Biomechanics
- ESS 3329: Introduction To Motor Learning

**ELECTIVE**

- 1 Hour

  - Any 1-Hour Elective

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This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.
The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2023, Spring 2024, and Summer 2024 semesters.

**PRIORITY DUE TO SEQUENCING**
Prioritize these courses in your schedule each semester.

**ADDITIONAL REQUIRED COURSES**
Use these courses to fill remaining space in your schedule each semester.

### Core Curriculum
- 010
- 010
- 030
- 030
- 040
- 050
- 060
- 060
- 070
- 070
- 090A
- 090B

### Support
- BIO 2430

### NCTRC Electives
Select three courses from:
- PSY 3312
- PSY 3313
- PSY 3350
- PSY 3361
- SOCI 1310
- SOCI 3338
- SOCI 3343

### Elective
- 1 hour elective (any level)

### GPA
GPA restricted (2.0 Texas State; 2.25 Major; 2.00 Overall) | * requires grade of ‘C’ or better

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.