

Degree: Bachelor of Science | Major: Recreation Studies | Concentration: Therapeutic Recreation

The degree requirements below are outlined in the 2023 Undergraduate Catalog and will remain valid through summer 2029.

**INSTITUTIONAL REQUIREMENTS****1-9 Hours**

- \_\_\_\_\_ US 1100: University Seminar (1-Hr Open Elective if Exempt)  
 \_\_\_\_\_ Foreign Language Proficiency (see [catalog](#))

**PROGRAM-SPECIFIC CORE****3 Hours**

- \_\_\_\_\_ Social and Behavioral Sciences (080)  
 \_\_\_\_\_ PSY 1300: Introduction to Psychology

**GENERAL EDUCATION CORE****39 Hours**

- ☐ ☐ Communication (010) – **select two from:**  
 ENG 1310: College Writing I  
 ENG 1320: College Writing II  
 ENG 1321: Writing for Sustainable Change
- ☐ Mathematics (020) – **select one from:**  
 MATH 1312: College Statistics and Algebra  
 MATH 1315: College Algebra  
 MATH 1316: Survey of Contemporary Mathematics  
 MATH 1317: Plane Trigonometry  
 MATH 1319: Mathematics for Business and Economy I
- ☐ ☐ Life and Physical Sciences (030) – **select two from:**  
 ANTH, BIO, CHEM, GEO, GEOL, PHYS  
 See Degree Audit for exact options
- ☐ Language, Philosophy, and Culture (040) – **select one from:**  
 PHIL 1305: Philosophy & Critical Thinking  
 PHIL 1320: Ethics & Society  
 ENG 2310: British Literature before 1785  
 ENG 2320: British Literature after 1785  
 ENG 2330: World Literature before 1600  
 ENG 2340: World Literature after 1600  
 ENG 2359: American Literature before 1865  
 ENG 2360: American Literature after 1865  
 ENG 2371: U.S. Literature: Writing Identities
- ☐ Creative Arts (050) - **select one from:**  
 ART, DAN, MU, or TH 2313: Introduction to Fine Arts
- ☐ ☐ American History (060) – **select two from:**  
 1<sup>st</sup> course:  
 HIST 1310: History of United States to 1877  
 HIST 2327: History of Mexican America to 1865  
 HIST 2381: African American History to 1877  
 2<sup>nd</sup> course:  
 HIST 1320: History of United States from 1877  
 HIST 2328: History of Mexican America from 1865  
 HIST 2382: African American History from 1877
- ☐ ☐ Government/Political Science (070) – **select two from:**  
 POSI 2310: Principles of American Government  
 POSI 2320: Functions of American Government
- Component Area (090):  
 \_\_\_\_\_ COMM 1310: Fundamentals of Human Communication
- ☐ English Literature - **select one from:**  
 ENG 2310: British Literature before 1785  
 ENG 2320: British Literature after 1785  
 ENG 2330: World Literature before 1600  
 ENG 2340: World Literature after 1600  
 ENG 2359: American Literature before 1865  
 ENG 2360: American Literature after 1865  
 ENG 2371: U.S. Literature: Writing Identities

**MAJOR****24 Hours**

- \_\_\_\_\_ REC 1310: Introduction to Recreation & Leisure Services  
 \_\_\_\_\_ REC 2330: Leadership in Recreation & Leisure Services  
 \_\_\_\_\_ REC 2335: Recreation Program Development  
 \_\_\_\_\_ REC 2336: Directed Field Experience in Programming Recreation  
 \_\_\_\_\_ REC 3325: Recreation Administration  
 \_\_\_\_\_ REC 3351: Evaluation of Leisure Service Programming  
 \_\_\_\_\_ REC 4350: Theories & Methods of Supervision in Recreation  
 \_\_\_\_\_ REC 4380: Seminar in Recreation

**CONCENTRATION****52 Hours**

- \_\_\_\_\_ REC 1370: Introduction to Therapeutic Recreation  
 \_\_\_\_\_ REC 2370: Planning Therapeutic Recreation Services  
 \_\_\_\_\_ REC 3370: Assessment & Documentation in Therapeutic Recreation  
 \_\_\_\_\_ REC 3371: Facilitation & Processing in Therapeutic Recreation  
 \_\_\_\_\_ REC 4370: Principles of Therapeutic Recreation  
 \_\_\_\_\_ REC 4371: Application of Evidence-Based Practice in Ther. Recreation  
 \_\_\_\_\_ REC 4681: Internship in Therapeutic Recreation
- ☐ ☐ **Select two from:**  
 REC 1330: Introduction to Outdoor Recreation  
 REC 3340: Recreation Facilities Operations and Maintenance  
 REC 4330: Entrepreneurial Recreation Management  
 REC 4335: Outdoor Recreation Programming
- \_\_\_\_\_ PSY 3300: Lifespan Development  
 \_\_\_\_\_ PSY 3315: Psychopathology  
 \_\_\_\_\_ HIM 2360: Medical Terminology  
 \_\_\_\_\_ BIO 2430: Human Physiology & Anatomy
- ☐ ☐ NCTRC Electives - **select three from:**  
☐ PSY 3312: Adolescent Psychology  
 PSY 3313: Psychology of Adulthood and Aging  
 PSY 3350: Behavior Modification  
 PSY 3361: Health Psychology  
 SOCI 1310: Introduction to Sociology  
 SOCI 3338: Family Problems  
 SOCI 3343: Criminology  
 SOCI 3347: Juvenile Delinquency  
 SOCI 3383: Aging and Society  
 SOCI 3384: The Sociology of Death and Dying  
 SPED 2360: Survey of Exceptionality  
 SPED 3338: Educating Students with Emotional/Behavioral Disorders  
 SPED 4344: Educating Students with Mild Disabilities  
 SPED 4381: Educating Students with Intellectual & Devel. Disabilities  
 ESS 3320: Biomechanics  
 ESS 3329: Introduction To Motor Learning

**ELECTIVE****1 Hour**

- \_\_\_\_\_ Any 1-Hour Elective

**120 HOURS**

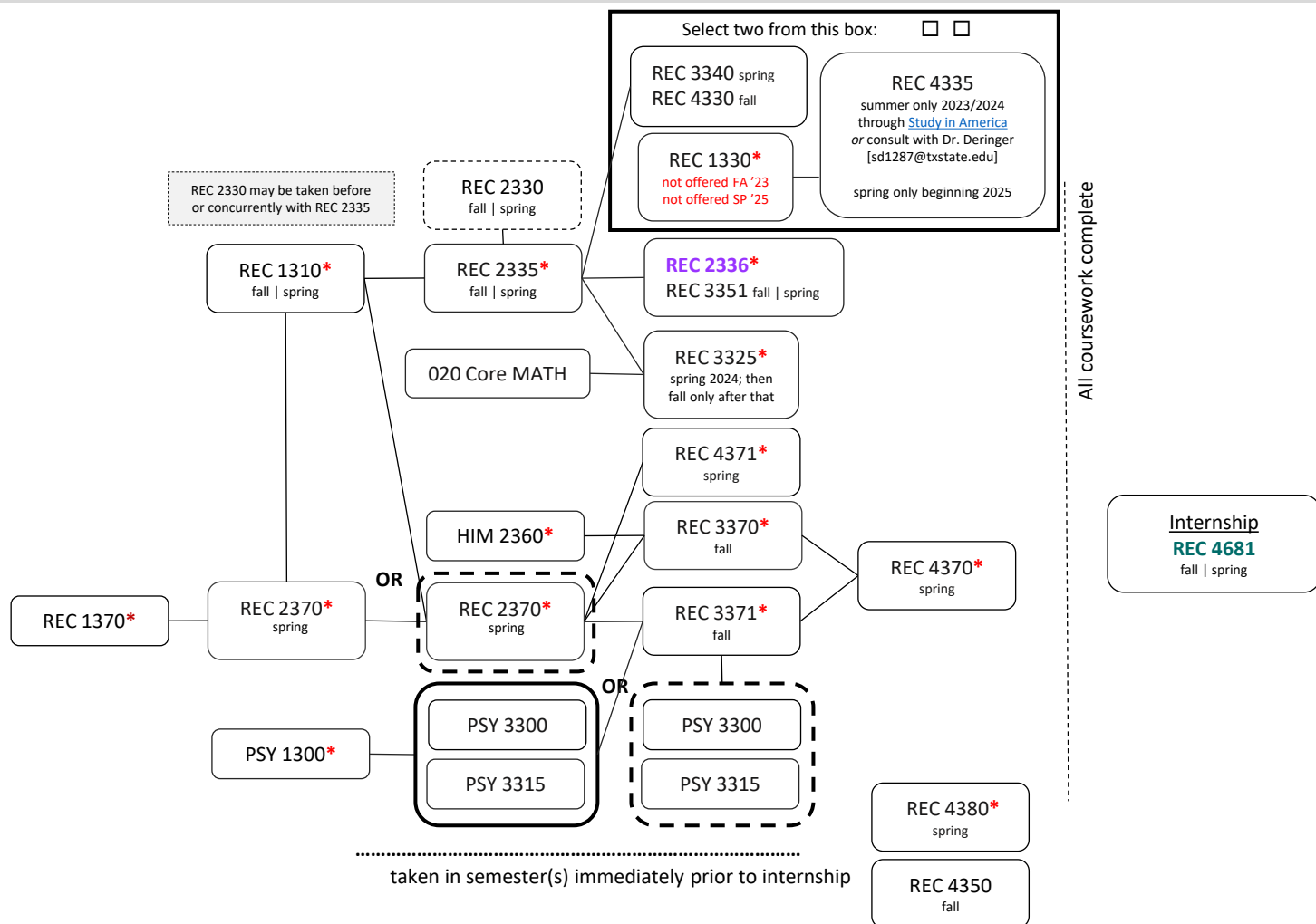
This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.

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The sequencing below reflects course prerequisites that are subject to change each academic year.  
For use in planning Fall 2023, Spring 2024, and Summer 2024 semesters.

## PRIORITY DUE TO SEQUENCING

Prioritize these courses in your schedule each semester



Summer offerings of REC courses are generally limited. Students are advised to prioritize REC courses in fall/spring semesters when possible.

## ADDITIONAL REQUIRED COURSES

Use these courses to fill remaining space in your schedule each semester

### Core Curriculum

\_\_\_ 010  
\_\_\_ 010  
\_\_\_ 030  
\_\_\_ 030  
\_\_\_ 040  
\_\_\_ 050  
\_\_\_ 060  
\_\_\_ 060  
\_\_\_ 070  
\_\_\_ 070  
\_\_\_ 090A  
\_\_\_ 090B

### Support

\_\_\_ BIO 2430

### NCTRC Electives

Select three courses from:

\_\_\_ PSY 3312  
\_\_\_ PSY 3313  
\_\_\_ PSY 3350  
\_\_\_ PSY 3361  
\_\_\_ SOCI 1310  
\_\_\_ SOCI 3338  
\_\_\_ SOCI 3343  
\_\_\_ SOCI 3347  
\_\_\_ SOCI 3383  
\_\_\_ SOCI 3384  
\_\_\_ SPED 2360 fall/spring  
\_\_\_ SPED 3338  
\_\_\_ SPED 4344  
\_\_\_ SPED 4381 fall/spring  
\_\_\_ **ESS 3320**  
\_\_\_ **ESS 3329**

### Elective

\_\_\_ 1 hour elective (any level)

☐ US 1100 ☐ Foreign Language Proficiency

GPA restricted (**2.0 Texas State**; **2.25 Major**; **2.00 Overall**) | \* requires grade of 'C' or better

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