



DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE

Dr. Jenn Ahrens

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 am		Office Hour			
9:30 am	Office Hour	ESS 2320	Office Hours	Office Hour	
10:00 am				Office Hour	
11:00 am					
12:30 pm		ESS 3329			
1:00 pm					
2:00 pm					
3:00 pm					
4:00 pm					

Phone: 245-2908

Email: ja27@txstate.edu



DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE

Spring 2024

Name: Rose Berglund

Time	Monday	Tuesday	Wednesday	Thursday	Friday
2:00 – 3:00 pm	Office Hours		Office Hours		
3:30 – 6:10 pm	ESS 4624		ESS 4624		
HHP/PETE Student Teaching Placement Coordinator & Supervisor Support					

Phone: (512) 245-8045

Email: rose.berglund@txstate.edu



DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE

Spring 2024

Teri Carter

tc1227@txstate.edu

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 am		ESS 3329 Online Prep/Grading		ESS 1173 A,B,C Prep/Grading	Meetings
9:00 am	ESS 4323		ESS 4323		
10:00 am	9:30 – 10:50		9:30 – 10:50		
11:00 am					
12:00 pm	ESS 4324	Office Hours	ESS 4324		
1:00 pm	12:30 – 1:50	12:00 – 2:00	12:30 – 1:50	Office Hours	
2:00 pm	Office Hours	ESS 3329	Office Hours	ESS 3329	
3:00 pm		2:00 – 3:20		2:00 – 3:20	
4:00pm					

Office Hour Information:

- Please use the canvas calendar to sign-up and designate if you would like to meet on Zoom or in my office (A158).
- Friday is available upon request.
- Sign-up must occur prior to the start time each day.
- Do not hesitate to send me an email if we need to schedule a time to visit outside of the set time. We can identify, via email, a convenient time that will work for both of us.



DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE

Spring 2024 Office Hours

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 am					
8:30 am					
9:00 am					
9:30 am					
10:00 am	Dre				
10:30 am	Dre				
11:00 am	Dre				
11:30 am	Dre				
12:00 pm		Ian; Jules		Josey; Jess	Jules
12:30 pm	Jason	Ian; Jules	Dre	Josey; Jess	Jules
1:00 pm	Jason	Ian; Jules	Dre	Josey; Jason; Jess	
1:30 pm	Jason; Josey	Ian; Jules		Jason	
2:00 pm	Josey		Ian	Jason	
2:30 pm	Josey		Ian		
3:00 pm			Ian		
3:30 pm					
4:00 pm					
4:30 pm					
5:00 pm					

Contact Info

Office Phone: (512)-245-2246

- Andrea Ortega - avo8@txstate.edu
- Jessica Dukes - szu7@txstate.edu
- Jason Nguyen - jkn35@txstate.edu
- Ian Guettler - otv8@txstate.edu
- Josey Walker - jkw97@txstate.edu
- Jules Damico - jld268@txstate.edu

Dre:*Monday: 10:00-12:00am in person**Wednesday: 12:30-1:30 in person***Jessica:***Thursday 12:00-1:30pm in person***Jason:***Monday: 12:30-2:00pm in person**Thursday: 1:00-2:30pm in person***Ian:***Tuesday: 12-2:00pm- in person**Wednesday: 2-3:30 via zoom***Josey:***Monday: 1:30-3:00pm in person**Thursday: 12:00-1:30pm in person***Jules:***Tuesday: 12:00-2:00pm in person**Friday: 12:00-1:00pm via zoom*



DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE
SPRING 2024

Name: Holly Kendall

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 am					
9:00 am					
10:00 am					
11:00 am					
12:00 pm	Office hours 12:30pm – 2:00pm				
1:00 pm					
2:00 pm					
3:00 pm					
4:00 pm					
5:00 pm					

Email for additional appointments

Email: hk1007@txstate.edu

DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE

Dr. Lindsay Kipp – Spring 2024

Phone: 512-245-1971

Email: lindsaykipp@txstate.edu

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 am					
9:00 am				Research Activities and Meetings	Research Activities and Meetings
10:00 am			ESS 5355 (Hybrid) 10:00-12:20 A211		
11:00 am	ESS 3340.252 (Hybrid) 11:00-12:20 A205	Research Activities and Meetings			
12:00 pm	ESS 3340.251 (Hybrid) 12:30-1:50 A210				
1:00 pm	Office Hours 2:00-4:00		Office Hours 2:30-3:30		
2:00 pm					
3:00 pm					
4:00 pm					
5:00 pm					
6:00 pm					

Marty Leonard, M.Ed. Physical Education
 Office: Jowers A 159
 Phone: 512-245-2948

E-mail: mw1247@txstate.edu



DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 am	Off Campus By Appointment Only		Off Campus By Appointment Only		Off Campus By Appointment Only
8:00 am		Office Hours		Office Hours	
9:00 am		Office Hours		Office Hours	
9:30 am		ESS 3325		ESS 2321	
10:00 am		ESS 3325		ESS 2321	
10:30 am					
11:00 am		ESS 3321		ESS 1310	
12:00 pm		ESS 3321		ESS 1310	
12:30 pm		Office Hours		Office Hours	
1:00 pm		Office Hours		Office Hours	
1:30 pm	Individual Zoom Office Hours Only	Office Hours	Individual Zoom Office Hours Only	Office Hours	Individual Zoom Office Hours Only
2:00 pm		Office Hours		Office Hours	
2:30 pm		Office Hours		Office Hours	
3:00 pm					
4:00 pm					



DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE
Spring 2024

Name: Yumeng Li

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 am					
9:00 am					
10:00 am					
11:00 am					
12:00 pm					
1:00 pm					
2:00 pm	ESS 3320: 2 – 3:20 pm		Office hour: 2 – 4 pm		
3:00 pm					
4:00 pm	Office hours: 3:30 – 5:30 pm			ESS 5309: 3:30 – 6:20 pm	
5:00 pm					
6:00 pm					
7:00 pm					
8:00 pm					
9:00 pm					

Phone:

Email: Yumeng.li@txstate.edu



DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE
Spring 2024

Name: Matt McAlister, PhD

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 am					
9:00 am					
10:00 am					
11:00 am					
12:00 pm					
1:00 pm					
2:00 pm	Office Hours 2:00-3:30pm	ESS 3317 2:00-3:20pm	Office Hours 2:00-3:30pm	ESS 3317 2:00-3:20pm	
3:00 pm					
4:00 pm					
5:00 pm					

Phone: (512)-245-2953

Email: mjm445@txstate.edu



DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE
SPRING 2024

Name: Dr. Karen Meaney
Email: km66@txstate.edu

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 am	Virtual Office Hours		Virtual Office Hours		
9:00 am					
10:00 am					
11:00 am					
12:00 pm					
1:00 pm					
2:00 pm					
3:00 pm					
4:00 pm					
5:00 pm					

Available other dates and times by appointment.



DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE
SPRING 2024 Email: jam388@txstate.edu; Ph: 5-9691
 *Additional office hours by appointment

Joni Mettler, PhD, ATC, CSCS

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 am				Research	Meetings, etc.
10:00 am					Research
11:00 am					
12:00pm					
1:00 pm					
2:00 pm			CLASS ESS 4320 2:00-3:30pm	Zoom Office Hours 2:00-3:00pm	
3:00 pm			Zoom Office Hours 3:30-4:30		
		CLASS ESS 5311 3:30-6:20pm			
4:00 pm					
5:00pm					
6:00 pm					
7:00 pm					
8:00 pm					
9:00 pm					



**DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE
SPRING 2024**

Name: Kyle Patek

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 am					
8:30 am					
9:00 am					
9:30 am			Q&A Sessions (Zoom)		
10:00 am		Office Hours	Q&A Sessions (Zoom)	Office Hours	
10:30 am		Office Hours	Q&A Sessions (Zoom)	Office Hours	
11:00 am		Office Hours	Q&A Sessions (Zoom)	Office Hours	
11:30 am		Unavailable		Unavailable	
12:00 pm		Unavailable		Unavailable	
12:30 pm		Unavailable		Unavailable	
1:00 pm					
1:30 pm		Office Hours			
2:00 pm		Office Hours	Unavailable		
2:30 pm		Office Hours	Unavailable	Q&A Sessions (Zoom)	
3:00 pm			Unavailable	Q&A Sessions (Zoom)	
3:30 pm			Unavailable	Q&A Sessions (Zoom)	
4:00 pm			Unavailable		
4:30 pm			Unavailable		
5:00 pm			Unavailable		

Phone: (512) 245-8011

Email: kylepatek@txstate.edu

ALL TIME SLOTS SHOWN ON THE CALENDAR ABOVE ARE ONLY AVAILABLE TO CURRENT STUDENTS WHO HAVE RESERVED THEIR SPOT USING THE CALENDAR ON CANVAS. FORMER OR PROSPECTIVE STUDENTS SHOULD EMAIL ME TO SET UP A MEETING.



DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE

Spring 2024

Name: Carolyn C. Swearingen, M.Ed. **Email:** cc61@txstate.edu **Office:** A208C

Office Hours BOOKING here: During the semester I will be available to visit with you both virtually via Teams/Booking and/or in-person by appointment. All students will need to use my Bookings link below to schedule an appointment for office hours. If my current availability for office hours does not fit with your schedule, please email me at cc61@txstate.edu to set up another time that meets your schedule of availability.

Office Hours:

Tues. – 10 AM-2 PM

Thurs. – 9:30-11:30 AM

Fri. – 12:30-2:30 PM

TXST Outlook - Bookings link: [Book time with Swearingen, Carolyn](#) Links to an external site.