

DRUG-FREE SCHOOLS AND COMMUNITIES ACT BIENNIAL REPORT 2021 – 2022



TEXAS STATE UNIVERSITY
DEAN OF STUDENTS OFFICE/ALCOHOL AND DRUG COMPLIANCE SERVICES
REPORT PRODUCED ON MAY 31, 2023

TABLE OF CONTENTS

- I. Purpose
- II. Compliance Checklist
- III. Narrative Summary
 - A. Drug and Alcohol Policies
 - B. Methods of Policy and Information Dissemination
 - C. Educational and Awareness Programs
 - D. Individual Counseling and Group Counseling
 - E. Disciplinary/Sanctions
 - F. Enforcement
 - G. Measurement of Student Perception and Behavior
- IV. Summary and Recommendations
- V. Resources

I. PURPOSE

The purpose of the Drug and Alcohol Abuse Prevention regulations is to implement section 22 of the Drug-Free Schools and Communities Act Amendments of 1989, which added section 1213 to the Higher Education Act of 1965. These amendments require that, “as a condition of receiving funds or any other form of financial assistance under any Federal program, an institution of higher education (IHE) must certify that it has adopted and implemented a drug prevention program”. This information comes directly from the Education Department General Administrative Regulations (EDGAR) 34 CFR Part 86, December 2008, which details compliance components required of all IHEs receiving Federal funding.

The Drug-Free Schools and Campuses Regulations require an IHE to certify it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees. Failure to comply with the Drug-Free Schools and Campuses Regulations may forfeit an institution's eligibility for Federal funding. EDGAR Part 86 establishes a set of minimum requirements for college drug and alcohol abuse prevention programs and reporting criteria. Colleges and universities may have additional obligations under state law, including recent court decisions in lawsuits brought against IHEs by college and university students and employees. To read the EDGAR Part 86, visit <https://www2.ed.gov/policy/fund/reg/edgarReg/edgar.html>.

The Compliance and the Supplemental Checklists developed by the Department of Education highlight the legal requirements of the Drug-Free Schools and Campuses Regulations. These two checklists were used to ensure that each campus had a sense of what had been done to satisfy the minimum requirements of the EDGAR Part 86. Texas State University has used these checklists to complete the biennial reports since 2009. The checklist project became inactive with the Department in 2012, however, since Part 86 does not dictate how the biennial review should be conducted, what types of information the report should include, or the reporting format, the checklists will continue to be used as guides in the composition of this report.

The Department of Education’s Office of Postsecondary Education (OPE) was responsible for enforcing the Part 86 regulations from 1989 until June 2010, at which point the Secretary of Education reassigned this duty to the Department’s Office of Federal Student Aid (FSA). The FSA also reviews compliance with Title IV of the Higher Education Act, which authorizes federal student aid, and the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act. Clery Act and Title IV education program information was incorporated into this biennial report beginning with 2013-2014 report.

This biennial report reflects the drug, alcohol and other substance abuse prevention and education activities, as well as violations and sanctions, at Texas State University in the calendar years 2021 and 2022. Health Promotion Services (HPS) provides most of the prevention and education programs for the university community and operates out of the Student Health Center. The Alcohol and Drug Compliance Services (ADCS) provides a resource for completing sanction requirements for students found responsible for violation of the alcohol and drug policies and procedures in the Code of Student Conduct. ADCS is a component of the Dean of Students Office and provides sanction compliance opportunities for students referred by Student Conduct and Community Standards, Department of Housing and Residential Life, and community judges. Other individual departments provided education program information, as well as sanction and compliance policy information for this report, to include University Police Department, Vice President for Student Success Office, Student Involvement, Counseling Center, Human Resources, and Athletics.

II. COMPLIANCE CHECKLIST

EDGAR, 34 CFR, Part 86, Appendix 2

1. Does the institution maintain a description of its alcohol and drug prevention program? If yes, where is it located?

A description of the Texas State University alcohol and drug prevention program biennial evaluation is maintained by and is located in the Alcohol and Drug Compliance Services office (LBJ Student Center, 5-9.1). Primary prevention and education programs for all freshman students, and for various academic classes, are offered through Health Promotion Services operated in the Student Health Center. Other educational programs on alcohol and drug use/abuse are offered through individual departments, such as the Department of Housing and Residential Life, Counseling Center, Human Resources, and the University Police Department. Sanction compliance and mandated educational courses/resources for Texas State students are offered by the Alcohol and Drug Compliance Services (ADCS), operated through the Dean of Students Office.

Currently, each area maintains a description of its own alcohol and drug related programing. However, the Drug-Free Schools and Communities Act Biennial Report, detailing all campus programing, is housed in the ADCS office with copies located in the Dean of Students Office and the TSUS Office of General Counsel. These reports are also available on the [Drug-Free Schools and Communities Act link](#) on the Texas State University website.

Texas State alcohol and drug education programming is shared with faculty, staff and students through venues such as campus wide emails, presentations, and evidence-based education classes (both in person and on-line). Information about departmental programming is also available on their respective websites, handbooks for faculty, staff, students, and student organizations as well as through various orientation programs scheduled throughout the calendar year.

2. Does the institution provide annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following: a) standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities; b) a description of the health risks associated with the use of illicit drugs and the abuse of alcohol; c) a description of applicable legal sanctions under local, state, or federal law; d) a description of applicable counseling, treatment, or rehabilitation or re-entry programs; and e) a clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions?

This information is emailed bi-annually (each October and each February) to students, faculty, and staff from ADCS, through the Office of the Vice President for Student Success (VPSS). This report is also placed as a link on the [ADCS/Dean of Students website](#).

In addition, the Student Handbook is no longer printed, however the information is maintained electronically on the [Student Handbook website](#).

3. Are the above materials distributed to students in one of the following ways: a) mailed to each student (separately or included in another mailing); b) through campus post offices boxes; c) class schedules which are mailed to each student; d) during freshman orientation; e) during new student orientation; or f) in another manner (*describe*)?

The full document is accessible at any time through the [Dean of Students Office/Alcohol and Drug Compliance Services website](#).

University alcohol and drug policies are also provided annually in the Student Handbook, available to all students, as well as in freshman student and parent orientations, CAT Camp, Bobcat Welcome, Department of Housing and Residential Life and Athletics handbooks, as well as in campus organization handbooks. These handbooks, as well as the [Code of Student Conduct](#), can be found on their host offices' respective websites. Information pertaining to faculty and staff is decimated through New Employee Orientation, New Faculty Orientation, and accessible through the [Human Resources website](#).

4. Does the means of distribution provide reasonable assurance that each student receives the materials annually?

Yes. The information is disseminated via bi-annual email (each October and February) and is located on ADCS and DOS websites. All information about departmental programming is also available on various university websites, handbooks for faculty, staff, students, and student organizations as well as through various orientation programs scheduled throughout the calendar year, such as New Student Orientation, CAT Camp, Bobcat Welcome, New Employee Orientation, and New Faculty Orientation.

5. Does the institution's distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution?

Yes. The bi-annual (each October and February) campus wide email distribution date is after any late registration days for each semester. This information is also posted on the ADCS and Dean of Students websites. A summarized reference is included in the Student Handbook (online).

6. Are the above materials distributed to staff and faculty in one of the following ways: a) mailed; b) through campus post office boxes; c) during new employee orientation; or d) in another manner (*describe*)?

Yes. The full document is accessible at any time through the [Alcohol and Drug Compliance Services/Dean of Students website](#), as well as the university's [Human Resources website](#). Human Resources also provides a reference to it at least once per

semester in their newsletter to all faculty and staff. The information is also distributed via email out of the Vice President for Student Success Office every October and February, with updates provided by ADCS.

7. Does the means of distribution provide reasonable assurance that each staff and faculty member receive the materials annually?

Yes. The information is disseminated through email to all staff and faculty every October and February and is available on campus websites throughout the year. An example of a web reference is on the Human Resources website, through the [Human Resources Policies page](#) that replaced the staff handbook. This site includes the Drug-Free Schools and Communities Act as the driving force of the Drug Free Workplace UPPS 04.04.48 under Drug Testing.

8. Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?

Yes. All staff and faculty attending New Hire Orientation (Part I and Part II) are provided the Drug-Free Schools and Community Act information as well as the Drug-Free Workplace policy. All faculty, staff and students receive the information each October and February via campus wide email distribution and the information is always available on the ADCS and Dean of Students website.

9. In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced: a) conduct student alcohol and drug use survey; b) conduct opinion survey of its students, staff and faculty; c) evaluate comments obtained from a suggestion box; d) conduct focus groups; e) conduct intercept interviews; f) assess effectiveness of documented mandatory drug treatment referrals for students and employees; g) assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees; or h) other (*please list*)?

For this biennium report of 2021 and 2022, appropriate departments across the university community have submitted their information related to their specific alcohol and drug prevention efforts to the Alcohol and Drug Compliance Services for collection and reporting. Discussions are held between departments, i.e., the Student Conduct and Community Standards, Department of Housing and Residential Life, Human Resources, Health Promotion Services, and the Alcohol and Drug Compliance Services on the effectiveness of the various programs as well as any concerns that may or may not impact a change in the process. These conversations help ensure that disciplinary sanctions are also enforced appropriately.

Educational courses related to under-age alcohol related disciplinary sanctions are evaluated by attendees of the state certified Alcohol Education Program for Minors (also known as the MIP class), where knowledge increase is measured by pre-test and post-test scores. Marijuana 101 is an evidence based on-line educational course along with two

individual appointments (initial consultation and exit interview) is a resource for marijuana related disciplinary sanctions. Individual assessment appointments (minimum of four sessions) is a program to promote developmental growth and wellness for students. This program caters to students assigned a drug charge other than marijuana, self-disclosure of drug use, previous violations, probation, or a history of drug use. The Community Service Program provides educational outreach and scheduling opportunities for community service hours. This program verifies and reports all completed hours to the appropriate referral site such as Student Conduct and Community Standards, Department of Residential Life and Housing, and the judicial system (courts/judges/probation). All these courses are provided through the Alcohol and Drug Compliance Services.

10. Who is responsible for conducting these biennial reviews?

The Assistant Director of the Alcohol and Drug Compliance Services is charged with the collection of information needed to conduct an appropriate biennial review of Texas State University alcohol and drug education and prevention activities. ADCS works closely with Health Promotion Services and all other appropriate departments in gathering behavioral and educational data for the university community and composing the report. Other collaboration will include the Vice President for Student Success, Dean of Students Office, Student Conduct and Community Standards, Department of Housing and Residential Life, University Police Department, Health Promotion Services and Student Health Center, Counseling Center, Human Resources, Student Involvement, and Athletics.

11. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the biennial review?

All information would be made available if requested. Alcohol and Drug Compliance Services houses each biennial review in the Alcohol and Drug Compliance Services/Dean of Students Office.

12. Where is the biennial review documentation located?

Name: Cheryl D. Harper
Title: Assistant Director
Department: Dean of Students Office/Alcohol and Drug Compliance Services
Phone: 512.245.3601
Email: ch13@txstate.edu
Website: <https://www.dos.txst.edu/services/adcs/links/drug-free-schools.html>

III. NARRATIVE SUMMARY – 2021/2022

Texas State University has had, since 1988, drug and alcohol policies and programs to help prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees.

The following narrative summarizes the methods used to reduce alcohol and drug problems on the university campus in the 2021 and 2022 biennial report.

- A. Drug and Alcohol Policies
- B. Methods of Policy and Information Dissemination
- C. Educational and Awareness Programs
- D. Individual Counseling and Group Services
- E. Disciplinary Sanctions
- F. Enforcement
- G. Measurement of Student Perception and Behavior

A. DRUG AND ALCOHOL POLICIES

Student Policies

1. Drugs

Each year the Dean of Students Office is responsible for publishing an updated Student Handbook containing the [Code of Student Conduct](#). Student drug policies are found in section II, Responsibilities of Students, 2.02 Conduct Prohibited, subsection N and in the University Policies section states that a student “possessing, using, selling or distributing any illegal drug or controlled substance, and/or drug paraphernalia”, whether the infraction occurred on or off campus, shall be subject to discipline ranging from mandatory university, or college approved, education and/or counseling to expulsion. Previously, a second infraction for a drug-related offense shall result in permanent expulsion from the component and from all other institutions in The Texas State University System. A student who has been suspended, dismissed, or expelled from any system component shall be ineligible to enroll at any other system component during the applicable period of discipline (Student Handbook, Code of Student Conduct). In fall 2022, the university updated its [Section 5. Student Conduct and Discipline](#) of system Rules and Regulations, [Chapter VI. Student Services and Activities](#). This update removed the mandatory expulsion of students found responsible for a Code of Student Conduct violation involving drugs.

Section 2.02 includes possession of drug and paraphernalia. Items that either contain or have previously contained illegal drugs are prohibited from university-owned residential facilities. These items include but are not limited to bongs and pipes. The Dean of Students may probate, or defer, the suspension or expulsion for a first-time minor offense and require counseling or rehabilitation along with other penalties.

2. Alcohol

Texas State policy regarding alcohol possession, as identified in the Student Handbook and Residence Life Handbook, states that it is prohibited in all university housing facilities for students under the age of 21. Students under the age of 21 may not possess, consume, or distribute alcohol. Alcohol is never permitted in lobby areas, hallways, or other public areas.

Regarding alcohol consumption, students over the age of 21 who live in a university apartment (currently one hall) may possess and/or consume alcohol in the privacy of their room. The alcohol may not be brought into the hall in a concealed manner, may not be used for personal consumption in open areas, and may not be supplied to other students. Students who are found to have been drinking and who draw attention to themselves through disruptive behavior or the inability to care for themselves will be charged with consumption of alcohol and sanctioned through civil, criminal and university processes as appropriate.

3. Employee Policy

University policy, [UPPS No. 04.04.45](#), Drug Free Workplace, prohibits “the unlawful manufacture, distribution, dispensing, possession or use of a controlled substance is prohibited in all University workplaces.” University employees who violate this prohibition are subject to disciplinary action, including termination. In addition to disciplinary sanctions imposed by the University for violation of alcohol and/or drug policies, staff and faculty may also face prosecution under local, state and/or federal laws.

4. University Policy

University policy, [UPPS No. 04.04.48](#), Drug-Free Schools and Communities Act, establishes guidelines to comply with the Drug-Free Schools and Communities Act Amendments of 1989. Guidelines include information dissemination regarding drug and alcohol policies to faculty, staff and students, provision of education and resources for substance related issues as well as the biennial review of all substance related prevention and education programs, violations and sanctions, support services and resources.

Texas State University is a tobacco-free at both the San Marcos and Round Rock campuses. [UPPS No. 04.05.02](#), Tobacco and Smoking Policy, states that the “use of any tobacco products is prohibited on all university properties and in vehicles owned or leased by the university.” The tobacco-free policy will help to reduce health risks and create a healthier and safer university environment.

B. METHODS OF POLICY AND INFORMATION DISSEMINATION

Publications

The university disseminates information to faculty, staff and students describing its policies on illegal and unauthorized, as well as authorized, use of intoxicating beverages and the illegal use of controlled substances through the following publications:

- a. “Drug-Free Schools and Communities” detailed information, available on the Alcohol and Drug Compliance Services and the Dean of Students websites. This information is distributed via email to all students, faculty, and staff bi-annually, and is reflected in UPPS No. 04.04.48, “Drug-Free Schools and Communities Act.”
- b. Board of Regents’ Rules and Regulations
- c. Student Handbook – 2021 and 2022
- d. Student Athlete Handbook – web-based
- e. Department of Housing and Residential Life Handbook – web-based
- f. Faculty Handbook – web-based
- g. Staff Handbook – web-based
- h. Student Organizations Handbook – web-based
- i. Alcohol Free Housing Statement and Crisis Management Guide
- j. Risk Reduction Manual for Student Organizations
- k. University Police Department Webpage and Campus Watch publication
- l. Student Success Policy, “Student Organization Disciplinary Procedures,” SS/PPS 07.06*
- m. Student Success Policy, “Fraternity and Sorority Life Policies,” SS/PPS 07.08*
- n. University Policy, “Purchase of Alcohol” UPPS 03.01.18**
- o. University Policy, “Drug-Free Workplace,” UPPS 04.04.45**
- p. University Policy, “Drug-Free Schools and Communities Act,” UPPS 04.04.48**
- q. University Policy, “Tobacco and Smoking Policy,” UPPS 04.05.02**
- r. University Policy, “Alcoholic Beverage Policy and Procedure,” UPPS 05.03.03**

*Student Success Policy and Procedures can be found at: <https://policies.txst.edu/division-policies/student-success.html>.

**Texas State University Policies and Procedures Statements can be found at: <http://policies.txstate.edu/university-policies.html>.

C. EDUCATIONAL AND AWARENESS PROGRAM

The university also disseminates alcohol and drug related information to employees and students through awareness and educational programs and presentations. The departments or initiatives directly involved in these efforts are:

Alcohol and Drug Compliance Services

The state certified Alcohol Education Program for Minors (also known as MIP class) was provided through ADCS 7 times in 2021 to 84 students with an 59% knowledge increase, and 5 times in 2022 to 63 students enrolled with an 52% knowledge increase, for total enrollment for both years of 147 students. This class is required for students who violated the university alcohol policy. It is also state mandated for individuals under the age of 21 years old who have received an alcohol-related citation anywhere in the state of Texas. There was a decrease in the number of students referred to the Alcohol Education Program for Minors courses during the spring and fall semesters.

Students mandated to complete community service hours can schedule and work the hours through the ADCS office to complete their sanction requirement. In 2021, 99 students completed 999.5.50 hours of community service with the university. In 2022, 99 students completed 1,134.5 hours of community service with the university. There was a decrease in the number of students referred to the Community Service Program during the spring and fall semesters.

Students with first offense possession of marijuana or possession of drug paraphernalia citations and/or violations may complete the 3rd Millennium Classrooms on-line “Marijuana 101” education program to satisfy their sanction. This course was completed in 2021 by 36 students, and in 2022 by 59 students because of marijuana-related violations. These participants met individually with the ADCS Assistant Director and/or the ADCS Coordinator prior to (initial consultation) and after (exit interview) their completion of the online portion of the program.

The ADCS Coordinator provided individual assessments (typically a series of 4 sessions) to 5 students in 2022. No individual assessments were conducted in 2021. This program was suspended due to lack of staff. This one-on-one service is typically assigned by Student Conduct and Community Standards for students who had a history of alcohol or drug use/abuse/possession, used, or possessed more than one drug or used a drug other than marijuana.

The ADCS office also provided the resources for in-person AA member-led Alcoholic Anonymous meetings in the Lampasas Building in 2021 and 2022. Once a member of the AA community volunteers to lead the meetings and provides an available meeting schedule, the ADCS office arranges room reservations for the meetings, provides advertisement for the meetings and course materials such as the Big Books and Blue Books for the meetings. In 2021 and 2022 meetings were held on a weekly basis. However, more meetings were available based on the meeting facilitator’s availability and the need of the group members. Over the past calendar years two years, the meeting facilitator was a faculty member who is active in the AA community.

Athletics

All new male and female student athletes participated in Bobcat Preview program, including “Stand Up, Speak Up”. Additionally, the Women’s Basketball Team participated in a Sexual Violence Prevention Training in the calendar years 2021 and 2022. Throughout the season, the athletic coaches continue to remind the athletes of the dangers of alcohol and drugs.

During the reporting years, Athletics conducted numerous random institutional and National Collegiate Athletics Association drug tests. As a result, a total of two athletics were suspended.

Bobcat Preview Stand Up Speak Up	2021	2022
Baseball	19	18
Football	38	33
Men’s Basketball	6	5
Women’s Basketball	3	4
Softball	10	10
Tennis	5	4
Track & Field	9	43
Volleyball	3	4
Men’s Golf	3	4
Women’s Golf	2	3
Soccer	8	11
Totals	106	139

Counseling Center

Staff in the Counseling Center see students each year who present with alcohol and/or drug issues among their top presenting problems. Alcohol and drug data were collected from the Counseling Center for calendar years 2021 (2,105 students seen) and 2020 (2,041 students seen) in three ways:

1. Students complete background information when they first come for counseling which includes information about alcohol and drug abuse as well as prior treatment experience.

In 2021, 33% indicated feeling a need to reduce their alcohol and drug use at some point and 1.5% indicated having been in treatment one or more times. During this time, 34% indicated they had engaged in binge drinking one or more times in the previous 2 weeks.

In 2022, 35% indicated feeling a need to reduce their alcohol and drug use at some point and 1.4% indicated having been in treatment one or more times. During this time, 35% indicated they had engaged in binge drinking one or more times in the previous 2 weeks.

2. Students completed the Counseling Center Assessment of Psychological Symptoms (CCAPS), which included items related to substance use that load on a substance use subscale.

In 2021, 37% of students had elevated scores on the Substance Abuse Subscale, which may indicate a high level of distress in this area that should be further assessed for diagnostic concerns.

In 2022, 38% of students had elevated scores on the Substance Abuse Subscale, which may indicate a high level of distress in this area that should be further assessed for diagnostic concerns.

3. After counselors meet with students, they identify the prevalent or presenting problems that the student appears to be dealing with, even if the student does not list it as a problem for which they are seeking counseling. For example, a student may come in for relationship problems but in the discussion, it is learned that the student is abusing alcohol (which is likely contributing to the relationship problems). The Counselor will then record alcohol abuse as one of the problems detected.

	2021	2022
Alcohol Abuse	8.4%	8.5%
Drug Abuse	8.4%	8.9%

In addition to individual and group counseling (an ACOA Group is offered each semester) for substance abuse related issues, the Counseling Center also provided educational programming for students and training for doctoral practicum students and interns. Although the Counseling Center does not offer specific programming for students on substance use/abuse, they included information about the relationship of alcohol/drugs to stress in their stress management workshops and Bobcat Preview sessions.

As part of their training program for doctoral practicum students and interns, they presented a session on “Substance Abuse in the College Population” for their practicum students and sessions on “Substance Use Interventions”, “Substance Abuse Concerns in College Counseling,” Dysfunctional Families/Adult Children of Alcoholics (ACOA)”, and “Substance Abuse Assessment” for the Counseling’s interns. They also trained their doctoral interns to administer and interpret the Adult Substance Abuse Subtle Screening Instrument (SASSI). The provision of all substance-related counseling services by these trainees is supervised by licensed professionals.

Dean of Students Office (Student Conduct and Community Standards)

Each year, the Dean of Students Office reviews and updates the Student Handbook, including the Code of Student Conduct detailing policy and procedures regarding alcohol and drugs, including prohibited or illegal possession, consumption, manufacturing, and distribution of substances, as well as sanctions for substance-related violations. In fall 2022, the university updated its Section 5. Student Conduct and Discipline of system Rules and Regulations, Chapter VI. Student Services and Activities. This update removed the mandatory expulsion of students found responsible for a Code of Student Conduct violation involving drugs.

Student Conduct Officers in the Dean of Students office review alleged Code of Student Conduct violations involving a usable amount of drugs and second alcohol violations. Student Conduct Officers work closely with the Department of Housing and Residential Life, the University Police Department and with the Alcohol and Drug Compliance Services to address these violations in a timely manner and respond to trending concerns related to alcohol or drugs. In fall 2021, the Dean of Students Office lead the renovation of the university’s contract for Maxient, a conduct-

focused Record Management System. Students, faculty, staff, and community members can report any conduct concern via the online [Maxient referral form](#).

This change in the system policy grants greater latitude to address substance-related violations in a more holistic way. This is significant because it offers the opportunity to address behavior from a safety as well as wellness perspective rather than simply terminating a student’s ability to pursue a college degree within the system and creating barriers to pursue it elsewhere.

The more significant challenge in addressing substance-related student conduct stems from changing laws, challenges to regulations, and lack of field testing for THC products. The 2018 federal Farm Bill and HB 1325 made products containing no more than 0.3% THC legal. However, law enforcement and others who enforce regulations and policies related to marijuana and THC do not have the capacity to test substances in the field to determine their THC levels and distinguish marijuana (illegal) from hemp (legal).

In 2021, the Texas Department of Health and Human Services added Delta-8 to its Schedule I Controlled Substance list. This classification has been challenged in the state’s court system and an injunction issued that allowed the distribution and retail sale of consumable hemp products for smoking. These laws and court challenges resulted in the possession of certain products (e.g., Delta-8) being considered legal, then illegal, and then legal again over a four-year period and the final determination still pending. This has made addressing the use and possession of such products difficult and inconsistent over that time period. A final determination through the court and legislative processes will help the university maintain policies that are up to date and address alleged violations consistent with the regulations.

	2021	2022
Alcohol Related Violations	36	80
Drug Related Violations	123	108
Tobacco/Smoking-Related Violations	1	2
Suspension - Alcohol and Drug Related	1	0
Expulsion - Drug Related	1	2

COVID appeared to have been a significant factor in alcohol violations, likely because of the reduced number and size of social events and appeared to have returned to pre-pandemic levels. However, it did not appear to have a similar effect on drug-related violations, though a local ordinance aimed at “decriminalizing” small amounts of marijuana, passed in fall 2022 may be having an effect. This ordinance applied only to the city’s police department and not the university’s police department or other law enforcement agencies in the county or state.

Student Health Center

The Student Health Center (SHC) provides public health leadership to the campus community and accessible, inclusive health and wellness services that support the academic and personal success of all students.

The Student Health Center utilizes the AUDIT-C screening tool for alcohol use that identifies at-risk drinkers (i.e., binge drinking) who may not be alcohol-dependent. They screen patients with this tool and ask additional questions regarding drug use that is not intended for health care treatment. The Student Health Center screened 12,521 patients from January 2021 to December 2022.

Health care providers do brief motivational interviewing and refer students to campus resources, including a counselor or psychiatrist on-site and/or a referral specialist in the SHC Health Information Management department for off-campus resources and treatment. Prior to the fall 2022 the Student Health Center did not have a consistent process for substance use screening. They performed a Quality Improvement study to assess the frequency of substance use screening and outcomes of screening. They found that even without a screening requirement, their clinicians were asking about substance use most of the time. For purposes of this study, “positive” alcohol screening is an AUDIT-C score of 5 or higher for females, and 7 or higher for males. A total of 193 new patient charts were reviewed for office visits occurring between September 21 and May 2022.

New Charts Reviewed	Screening Tool	Total
193	Screened for both alcohol and marijuana during first office visit	98%
189	AUDIT-C alcohol screening completed	8% (16) were positive
189	Screened for marijuana use during first office visit	23.6% (43) reported some marijuana use

Beginning in 2022, one of the Student Health Center’s performance goals was to implement a consistent substance use screening program for students accessing their clinical services. They plan to screen all new patients for alcohol and marijuana use, and to provide intervention for patients who screened positive for unhealthy substance use. In preparation for this initiative, they worked to create partnerships with other organizations (both on and off campus) that work to reduce unhealthy use of alcohol and marijuana. They developed new workflows to incorporate substance use screening into their patient flow. They trained clinical staff to collect substance use information for the medical record and to address unhealthy use when it was identified. They created educational materials regarding Substance Use Resources for students.

In July of 2022, they trained their clinical staff regarding new workflows for substance use screening, implemented automated screening questionnaires during patient check-in, and began screening all new patients for unhealthy substance use.

In August of 2022, they trained physicians and nurse practitioners to perform brief motivational interviewing (BMI) to address unhealthy substance use, when it was identified. While they have not seen a trend of opioid overdoses in our campus community, they wanted to provide resources to address this national problem. In October of 2022, they implemented a “standing order” which allowed for distribution of naloxone through their pharmacy without a prescription or clinic appointment.

Since implementing this new screening program, they have identified 18 students whose substance use screen indicated a potential problem and who were interested in obtaining substance use resources through one of their collaborating partners. Those students were referred for either a “substance use assessment” or treatment. Of the 18 students referred, only one student completed an appointment with the off-campus partner.

Challenges

While the Student Health Center is ready to assist students in treating unhealthy substance use, these disorders require cooperation between the patient and medical provider to be treated successfully. Their primary challenge is getting students to see substance use as a problem. They planned their approach to unhealthy substance use according to evidence-based treatment recommendations. Individual communication from a physician or nurse practitioner using brief motivational interviewing (BMI) techniques are the most effective initial step. When they perform BMI, most students indicate that they do NOT want further evaluation or treatment. Even when they initially agree to further evaluation or treatment, very few (1/18) will complete the next appointment.

Strengths

The Student Center staff have completed training to evaluate students for substance use, and to address substance use problems. They have multiple community resources both on and off campus that can help students with these issues. They have access to large amounts of student information through surveys and through their patient records.

Areas of Improvement

They have a set goal of screening all new patients for substance use, and for addressing positive screening results with intervention (education, BMI, or referral to assessment/treatment). They would like to continue working with their on and off campus partners to make substance use treatment and substance-free living more accessible to Texas State students.

Collaboration

To address substance use problems in Texas State University's community, the Student Health Center has collaborated with both on and off-campus partners. They work with Health Promotion Services to provide education and prevention programs. They rely on our campus such as the Student Counseling Center to help with training their staff as well as treating patients who present with substance use problems and/or mood disorders that co-occur with substance use problems. They work with the Counseling Center to identify and refer students to appropriate treatment options off campus. Within their organization, primary care medical providers collaborated with their psychiatrist and co-located counselor to determine the appropriate level of service for a student. They collaborate with students through a student organization, Students in Recovery Alliance (SRA). They started a partnership with a local substance use treatment provider, Cenikor. This group approached them after receiving a federal grant to provide substance use assessment services to young adults at no charge. They have been working together to provide this valuable service to patients who would like to undergo further evaluation. Additionally, they refer students to substance use treatment facilities for both outpatient and inpatient intensive therapy / rehabilitation.

Trainings

- July 12, 2022: Trained 22 Student Health Center staff regarding how to screen students for substance use disorders and how to record screening data in medical records.
- July 12, 2022: Trained 22 Student Health Center staff regarding resources for substance use assessment and treatment in the Texas State University community.
- August 16, 2022: Student Counseling Center staff trained 8 medical providers (physicians and nurse practitioners) in brief motivational interviewing technique.

Conclusions

The Student Health Center has been, and continued to be, focused on supporting the academic and personal success of all students. They provide accessible, inclusive health services as well as screening for substance use and mood disorders. During the past year, they have improved their ability to consistently screen patients for substance use disorders, and to address those disorders when they are identified. They have also made naloxone (for emergency treatment of opioid overdose) available through their pharmacy with no appointment or prescription required. They will continue to work with community partners to help students get healthy, stay healthy, and live well.

Student Health Center – Health Promotion Services

Health Promotion Services supports the academic and personal success of all students by providing public health leadership to the campus community and accessible, inclusive health and wellness services. Health Promotion Services strive to help students succeed academically and personally by promoting positive health behaviors and creating a healthy campus environment at Texas State. They work collaboratively to enhance the health of students through individual and environmental approaches that involve education, social marketing, advocacy, policy and research.

The prevention and educational services offered addressed a variety of health issues, including violence, nutrition, stress and time management, mental health, sexual health, alcohol, tobacco and other drug use. Their services include educational materials, outreach presentations, special events and health consulting. Their health promotion team consists of professionally trained health educators, peer health educators and support staff working together to achieve the learning mission of the university.

There are two dynamic and award-winning peer health education organizations at Texas State, Healthy Cats and Students Against Violence. Members are students trained to present health information to their peers in residence halls, classrooms, and student organizations.

Presentations and Outreach Events:

Health Promotion Services presented 136 alcohol and drug prevention programs between January 2021 and December 2022 to 14,885 students at Texas State. They also hosted three alcohol prevention outreach events on-campus reaching 170 students. The alcohol prevention programs/presentations delivered were:

- Becoming and Upstander: Addressing Alcohol, Drugs, and Sexual Violence
- Alcohol and Other Drug Overdose Prevention
- Staying Healthy in College
- Let's Talk: Destigmatizing Mental Health
- Close Your Eyes and Count to Zen
- Yes, Means Yes
- COVID-19: What Texas State College Students Need to Know
- Stand Up, Speak Up

The audience for these presentations includes the following: University Seminar 1100, Fraternity and Sorority Life/Greeks, athletes, peer mentors, Residential Life and Housing resident assistants, student employees, and student organizations. All student organizations leaders are required to view an online Alcohol and Other Drug Overdose Prevention program created and delivered by a Health Promotion Staff member.

All entering freshmen and freshmen-transfers are required to attend Bobcat Welcome. This program is held just before classes begin in the fall and the spring semesters. One of the required sessions is “Stand Up, Speak Up”, delivered online via video by peer educators and Health Promotion Services staff. Blood Alcohol Concentration, alcohol poisoning/overdose, sexual assault prevention, bystander intervention, DWI and university policies and sanctions were covered in these presentations.

New Student Orientation 2021-2022:

The Student Health Center has presented 54 The Key to Student Success: Health and Wellness Resources presentations to parents over the past year at New Student Orientation reaching 501 parents and students. This parent session includes information on alcohol and drug use and abuse on campus, campus resources, current campus strategies/policies to reduce substance abuse and strategies to speak to students about alcohol and drug use.

New Student Orientation in 2020 was not held in-person. A virtual program was available for parents due to COVID-19. The program included information about alcohol and drug prevention programming and resources. The Admissions Office did not provide us the total number of parents who viewed the program.

Student Recovery Alliance (SRA):

The purpose of SRA is to create a safe place for students in recovery to work together, share experiences, plan sober events in the community, celebrate triumphs, discuss struggles, and collaborate on empowering solutions. SRA strives to help students recover from drugs, alcohol and co-occurring disorders. This group is open to all Texas State students in any level of recovery, or who wish to further explore sobriety. The SRA meets once a week at the Student Health Center and other times during the week for socials and outreach events.

The goal is to provide students with the following:

- A strong sense of community and social support
- A sober, lively, and enriching college experience
- Fun and sober activities around town such as tubing and zip lining
- SMART recovery tools to help cope with urges and cravings
- Building and maintaining motivation
- Managing thoughts, feelings, and behaviors
- A safe place to explore personal struggles and work together on resolutions
- Resources for in & out outpatient treatment programs (IOP), private or group counseling, etc.
- Volunteer opportunities
- Education (research on how addiction/recover/mental illness affect the brain)

Meeting attendance:

- In January 2021-December 2022, 33 meetings were held with 13 students in attendance
- In 2022 SRA hosted a total of four promotion events with a total of 125 students in attendance

COVID-19 significantly impacted alcohol and other drug presentations and outreach events. It also impacted SRA meeting attendance and outreach events.

Department of Housing and Residential Life – Residential Experience

The Residential Experience unit of Department of Housing and Residential Life (DHRL) hears cases when it is the first time a resident allegedly violates the alcohol policy, or there is a report of a noxious/marijuana odor. The Student Conduct and Community Standards (SCCS and also known as Student Conduct) area in the Dean of Students Office hears cases the second or subsequent time a resident allegedly violates the alcohol policy. Student Conduct hears all cases where there is evidence of drug use.

The above statements applied in most cases prior to fall 2022, this allowed for the possibility to refer a case to either office if the details of the incident and/or student deemed to be a better option.

*In prior reports marijuana odor was not a separate violation but was included in the broader category of noxious odor. **Alcohol violations were defined differently for Student Conduct and Residential Experiences (Res Exp). For Res Exp it was/is a violation for a student to have empty containers in their room whether they’re present or not. Student Conduct alcohol violations involve liquid, and the students should be present. This difference often resulted in a second alcohol incident staying with Res Exp if students weren’t present or the containers were empty.

The university conduct process underwent a functional area review in July 2022. The mostly external review resulted in philosophical and procedural changes that began in fall 2022 and will continue to be addressed in spring 2023.

	2021	2022
Total Alcohol Related Cases	129	160
Students Involved	256	355
Total Policy Violations and Students Found Responsible	92	154

	2021	2022
Total Marijuana (Odor) and Drug Related Cases	35	71
Students Involved	55	110
Total Policy Violations and Students Found Responsible	6	36

	2021	2022

Total Alcohol/Marijuana (Odor) and Drug Related Cases	16	2
Students Involved	16	2
Total Policy Violations and Students Found Responsible	32 Possible 11 Confirmed 2 referred to DOS	0 1 referred to DOS

Spring 2021 was the second semester in the pandemic and occupancy was negatively impacted. However, they saw a record freshman class during fall 2022 and were beyond their housing capacity.

Semester	Occupancy	Capacity	Total Count	Offline Spaces	Comments
Spring 2021	71.80%	6853	4918	547	Offline-COVID Support
Fall 2021	98.20%	6853	6695	40	Offline-COVID Support
Spring 2022	94.10%	6853	6446	18	Offline-COVID Support
Fall 2022	105.40%	6853	7225	0	Added hotel rooms and extra bed spaces

Policies and Procedures

The policies and procedures listed below were updated during calendar year 2021 and 2022.

- January 2021 and forward they continued with Emergency Device Inspections (EDI's) happening once a semester instead of monthly; this change originally occurred in Spring 2020 in response to COVID-19. During those inspections staff entered student rooms to check smoke detectors and to ensure there were no fire hazards. While doing those checks policy violations were often found.
- January 2021 the former alcohol/drug sanction grid was no longer viewed as “mandatory sanctions” and there was a shift to treating students more as individuals.
- January 2021 added a marijuana odor charge
- August 2022 changed the case creation process so 1-2 individuals were creating all cases and adding charges as opposed to 20+ staff members processing cases
- Fall 2022 decision to eliminate the Peer Review Board
- Fall 2022 change in name from EDIs to Health and Safety Inspections (HSI's)
- Fall 2022 began implementing new educational sanctions

Trends in Violations:

- As students returned to campus after COVID the number of cases increased from 2021 to 2022
- The philosophy shift in January 2021 in terms of consistency had an impact on staff and their approach to holding students accountable, or not—several cases had no finding and was reflected in the low number of policy violations
- Most incidents occurred in the student room or apartment
- Emergency Device Inspections/Health & Safety Inspections continued to provide large number of alcohol cases due to alcohol being found in the room

Sanctions for students' first alcohol offense usually included a combination of the following:

- Informative Bulletin Board/Passive
- Letter sent home to parent (if student is under 21)
- Special Essay
- Student placed on disciplinary probation (typically for a semester)
- Assigned to complete 3-15 hours of community service
- Removal of object
- Assigned to take the Alcohol Education Class for minors if under 21 (cannot be completed online)
- Students were referred for a meeting/conference with an Assistant Director if it was believed that the student needed an additional method of outreach

Activities/Programs:

Spring 2019

- Alcohol & Drug Experiential Learning (week 5-8 of semester)
- Alcohol and Us facilitated by hall/RA (deadline specific to RD)
 - Newsletter about *Alcohol and You*
 - Passive about *Alcohol Ed Guide to Laws*
 - *The Toilet Tribune* – alcohol education for restroom stalls

Areas of Improvement:

- Hold staff accountable for meeting with students and updating Maxient with findings.
- Have a consistent approach in applying charges, determining findings, and assigning sanctions.
- Improve proportionality of drug/alcohol educational actives/passives. Most educational efforts are currently focused on alcohol education.

Links/Resources:

[Guide to Living on Campus: https://www.reslife.txstate.edu/current/responsibilities.html](https://www.reslife.txstate.edu/current/responsibilities.html). This guide contains policies pertaining to living on campus and helps students understand their rights and responsibilities. The site from the link above also provides information about alcohol and drug policies and information on the conduct, adjudication, and appeals process. A PDF version is available at [2022-2023 Rights and Responsibilities Guide - English.pdf \(txst.edu\)](#).

Student Organizations Council

General Information

Registered Student Organizations (RSOs) are afforded access to campus resources and in turn agree to comply with regulation and procedures established for the governance of all student groups per [Student Organization Disciplinary Procedures: SS/PPS No. 07.06](#). Co-curricular experiences enhance the learning and development of the individual student and help create a sense of belonging. A wide range of groups and levels of organization structures exist to define the status of organizations and encourage unity among similar organizations.

Registered Student Organization

Registered status is granted to student organizations whose purpose and activities enhance the social, cultural, recreational, and educational development of the students. Registration must be renewed annually with Student Involvement.

- Who are affiliates with an off-campus organization are required to indicate off-campus affiliation status on their registration form.
- That use Texas State in their title must use the following format: (Name of Organization) at Texas State. Organizations may not use “Texas State (Name of Organization)” unless it is a Sport Club.
- Must submit an updated constitution every three years, or as often as updated.
- Must attend Risk Management Training annually.
- Must submit a list of officers or members of the organization who are authorized to speak for, or represent, the organization or group.

State-mandated risk management training is required for all registered student organizations. In 2021, 241 registered student organizations completed risk management training. In 2022, risk management training transitioned to Texas State University Canvas site which is an online training to meet the needs of students.

In 2021, the Student Organization Leadership Development (S.O.L.D) was implemented as a canvas site with modules and in-person workshops. The Canvas site was opened in August 2021 and included mandated training components for listed officers (President, Vice President, and Treasurer, and faculty/staff advisor). Required training included the following: Risk Management (All officer and advisors registered with Student Involvement. Risk Management training modules reflect the topics required by [Texas Higher Education Code 51.9361](#).

Campus Access (all officers and advisors registered), Student Organization Travel (all officers and advisors registered), Your Organization’s Foundation (President, Co-President, and Vice President), and Student Organization Finances (Treasurer). Optional training included: Navigating Team Conflict, Officer Transitions, and Marketing your Organization.

Risk Management Training	2021	2022
Registered Student Organizations Total =350	241	282
Student Officer’s Invited	774	1206
Completed Training	469	956

Violation	2021	2022
Alcohol	3	2
Drug	0	1

Alcohol Violation, Spring 2021: Probation, SIG program, meeting with Fraternity and Sorority Life for Chapter action plan.

Alcohol Violation, Spring 2021: Probation and educational program meeting hosted by Fraternity and Sorority Life.

Alcohol Violation, fall 2021: Probation, chapter must draft an educational and compliance plan, and conduct risk management training.

Alcohol Violation, Spring 2022: Probation, Alcohol compliance education training, bid day operational procedure and expectation training, and a facilitated workshop to address best practices and policies.

Alcohol Violation, Spring 2022: Probation, attend a facilitated workshop to address best practices, policies, risk management, and by stander behavior. President will meet with Student Involvement and Campus recreation to create a risk management policy.

Texas State Tobacco-Free Campus

Texas State University became tobacco-free at both the San Marcos and Round Rock campuses. The use of any tobacco products is prohibited on all university properties and in vehicles owned or leased by the university. UPPS 04.05.02 “Tobacco Policy” includes details of this policy. In 2021, one student was responsible for tobacco/smoking violation. In 2022, two students were found responsible. The link for the tobacco-free policy can be found by clicking on this link [UPPS No. 04.05.02](#).

Texas State hosts a website that contains the tobacco policy and resources available for those interested in smoking cessation, as the tobacco-free policy will help to reduce health risks and create a healthier and safer university. Questions about the Tobacco Policy may be submitted to healthcenter@txstate.edu. The Student Health Center is committed to helping students, staff and faculty regarding healthy tobacco cessation processes through the QUIT Program. For additional information regarding the QUIT Program (smoking cessation) please click on the following link: <https://www.healthcenter.txst.edu/healthcare-services.html>.

University Police Department

The University Police Department (UPD) works directly with the Dean of Students Office by providing referrals for students who have either been found to have drugs or impaired. This process utilizes a restorative justice style system of accountability coupled with education versus relying on the criminal justice system.

Due to the lack of staffing, UPD struggled to provide prevention programming during this period. In 2021 and 2022, UPD led approximately 100 outreach and engagement events each year focused on building police/community relations with an emphasis on crime prevention. UPD also participated in New Student Orientation.

UPD collaborated with the Department of Housing and Residential Life and other student organizations to support the impaired driving program using their impaired simulation goggles. In 2022, UPD hired its first full-time community engagement specialist focusing on crime prevention programming, with the Drug-Free Schools and Communities Act at the forefront. UPD implemented a new personal defense training class for students in 2022, which included education on date-rape-type drugs and impairment.

	2021	2022
Liquor Law Violations	27	14
Drug Violations	117	112
Total Violations	144	126

The Texas State University [2022 Annual Security and Fire Safety Report](#) and [2023 Annual Security and Fire Safety Report](#) are also published on the Texas State/University Police Department website.

EverFi (Vice President for Student Success)

Texas State University partnered with EverFi, an on-line course that provides higher education curriculum that supports students in fostering a safe and healthy campus. EverFi has been procured by Vector Solutions and they have terminated access to legacy EverFi customer portal, therefore that link will not be provided in the report. However, Vector Solutions offered AlcoholEdu for College through their online platform, formally EverFi. Information about the Online Training Modules is available on the [Division of Student Success website](#), though the portal itself requires log-in credentials.

Individuals were placed in a semester cohort based on their status as an undergraduate or graduate student. Once assigned to the course, they logged in to complete the training. Undergraduate Students were assigned AlcoholEdu and Sexual Assault Prevention for Undergraduates. Graduate Students were assigned Sexual Assault Prevention for Graduate Students. Additionally, students were asked to complete a pre and post course assessment. Unfortunately, due to the termination of the legacy EverFi platform copies of the questions and data is unavailable.

Course	Spring 2021	Fall 2021	Spring 2022	Fall 2022
AlcoholEdu Assigned	1186	12123	2096	11551
AlcoholEdu Completed	308	7866	1086	8036
Sexual Assault Prevention for Undergraduates Assigned	1186	12123	2096	11551
Sexual Assault Prevention for Undergraduates Completed	294	8425	1142	8361
Sexual Assault Prevention for Graduates Assigned	487	1502	401	1221
Sexual Assault Prevention for Graduates Completed	241	1285	321	1012

Human Resources Office

The Texas State University Human Resources department has a mission “To provide outstanding services in the areas of staff compensation, classification, faculty and staff benefits, employee relations, records management, and organizational development and communications in support of the mission, goals, and values of the Finance and Support Services Division and the University.” In completing this mission, they have several policies and processes involving staff and faculty relating to drug and alcohol issues.

Bobcat Balance is the Texas State sponsored employee assistance program available to benefits-eligible faculty, staff, and graduate student employees. This program includes individual/family substance use counseling, assessment, and immediate referral when needed to inpatient or outpatient treatment facilities on their insurance plan or free/low-cost resources in

their communities. In 2021, one staff employee utilized the resources for abuse/addiction. In 2021, one staff employee utilized the resources for abuse/addiction.

Minds Matter is a cross-divisional website designed to serve as a mental health resource for students, faculty, staff, friends, and families. In the faculty and staff section, resources are listed for many types of mental health related issues as well as alcohol and drug related programs. This is designed to give faculty and staff a one-stop website that showcases resources available to them from across campus and around the community.

New Employee Welcome (N.E.W) and New Faculty Orientation (N.F.O) – All new benefits-eligible staff and faculty hires are required to attend an orientation session to complete required onboarding paperwork, enroll in benefits, and learn about university policies and procedures conducted by Human Resources staff. In this session, employees are informed of the many required notices and policies, including the Drug-Free Workplace and Drug-Free School and Communities policies that are posted on their [website](#). Each newly hired employee is required to sign paperwork that states they understand they are responsible for abiding by all Texas State policies and procedures and are given links to view the relevant policies. All non-benefits-eligible hires, which include those in faculty, staff, and student roles, are oriented by their respective hiring departments are required to complete and sign and complete the same forms with information about the aforementioned policies and procedures.

	2021	2022
New Employee Welcome	317	455
New Faculty Orientation	76	86

Employee Relations Scenarios Involving Drugs and/or Alcohol - Texas State has not had any actions taken upon a staff employee related to drug or alcohol in calendar years 2021 or 2022. If such action should occur, Texas State collects all facts and ensures the safety of the employee and co-workers. The department then contacts Employee Relations to arrange for drug or alcohol testing through a pre-contracted provider. The provider comes to campus to administer the test. The employee agrees to testing by signing a drug and alcohol waiver. If the employee chooses not to sign the waiver for testing, it is up to the department to decide if a disciplinary action will be issued. If the employee signs the waiver, the test will be administered, and Employee Relations arranges for a contracted taxi service to provide transportation home.

Health Insurance - Benefits-eligible faculty, staff, and graduate student employees have access to health benefits through the Employees Retirement System of Texas. Such as [Tobacco Cessation](#) and [Mental Health Counseling](#) (includes drug and alcohol counseling).

Trainings - faculty and staff are offered training courses on a variety of topics, including several trainings courses focused on mental health. These courses include components to support those with mental health and/or substance abuse problems.

Trainings	2021	2022
Virtual Mental Health First Aid (Adult)	26	16
Virtual Youth Mental Health First Aid	19	12
Mental Health Concerns at TXST	16	0

D. INDIVIDUAL COUNSELING AND GROUP SERVICES

Referral and Assessment Resources Included

Agencies or groups that provide individual counseling and group services, or assist with referrals for employees and students who have problems related to the use and/or abuse of alcohol and other drugs include:

- Texas State Dean of Students Office
- Texas State Alcohol and Drug Compliance Services
- Texas State Counseling Center
- Texas State Student Health Center and Health Promotion Services
- Texas State Employee Helpline
- Texas State Human Resources Department
- Bobcat Balance (employee assistance program)
- Minds Matter (cross-divisional website)
- Cenikor/Hays Caldwell Council on Alcohol and Drug Abuse
- Texas State University Alcoholics Anonymous
- River Group, Alcoholics Anonymous
- Al-Anon
- Cedar Creek Associates

On campus, the Alcohol and Drug Compliance Services is the primary source for students needing to complete sanctions for, but not limited to, alcohol and/or drug-related violations. The Texas State Employee Helpline, Bobcat Balance, and Minds Matter is available for alcohol and drug-related problems offered through the Human Resources Office for all employees – staff and faculty. The Student Health Center and the Alcohol and Drug Compliance Services refer students to the Counseling Center, or other appropriate referral resources such as treatment facilities and/or private practitioners, when the primary presenting problem is alcohol or other drug use and/or abuse. The Counseling Center staff does see students with alcohol and other drug problems, as well as when substance issues are not the primary reason the student is seeking counseling.

E. DISCIPLINARY SANCTIONS

Student Conduct and Community Standards in the Dean of Students Office, as well as the Department of Housing and Residential Life staff address student violations of the Texas State Code of Student Conduct, including those relating to alcohol and drug policies. All alleged drug-related violations (including drug paraphernalia, possession, consumption, sale, and distribution cases) are reviewed by Student Conduct and Community Standards.

Education, assessment, and community service opportunities are available on-campus through the Alcohol and Drug Compliance Services for Texas State students to complete sanctions for alcohol and/or drug-related violations.

F. ENFORCEMENT

The University Police Department enforces alcohol and drug laws. The department also assists in the enforcement of university policies and procedures by collaborating with other departments and referring students for alleged policy violations to the appropriate departments, including Student Conduct and Community Standards and the Department of Housing and Residential Life. The University Police Department submits class B misdemeanors and above to the Hays County District Attorney for review. The District Attorney's office determines whether to prosecute the case. A complete list of University Police Crime Watch numbers for alcohol and drug related offenses for 2021-2022 is included with this report and are located on the [University Police Department website](#).

The San Marcos Police Department, Hays County Sheriff Department and Texas State Troopers also enforce local, state, and federal law relating to alcohol and/or drugs. Texas State students receiving off-campus alcohol and/or drug related charges can also be given sanctions by Student Conduct and Community Standards and/or the Department of Housing and Residential Life, as described in the Code of Student Conduct, in the Student Handbook and in the Housing and Residential Life Handbook.

G. MEASUREMENT OF STUDENT PERCEPTIONS AND BEHAVIOR

The Texas State community continuously monitors alcohol and other drug issues, as well as perceptions and attitudes regarding these issues on campus. Policies are frequently reviewed and revised, as necessary. Departments mentioned in this report continue to modify and enhance their activities, both active and passive, regarding these issues. They have made a concerted effort to reach all segments of the university population in a continuous movement to reduce the frequency of situations and consequences that our students and our university deal with regarding alcohol and drug use and abuse.

Empirical programs utilized to measure and report attitudes and perceptions, behaviors, and beliefs as well as trends and consequences include:

- AlcoholEdu for College
- Stand Up Speak Up – an online alcohol education program administered during orientation processes for freshmen
- 3rd Millennium Classrooms (Marijuana 101) – an online marijuana education program for students needing to satisfy sanction requirements related to the use of marijuana. The online modules are bookended with individually scheduled pre and post one-on-one meetings with an ADCS administrator.
- Alcohol Education Program for Minors (AEPM) – commonly referred to as an MIP (Minor in Possession) course, the program is provided by ADCS and licensed under the Texas Department of Licensing & Regulations. The two-day program is conducted several times throughout the calendar year.
- Community Service Program – Most students completed community service as a requirement due to an alcohol and/or drug violation.

The Health Promotion Services office administered the AlcoholEdu for College during the 2021-22 academic year to a total of 3,418 students.

The summary report identified some of the following perceptions, behaviors, and trends of Texas State students:

Trends

- 86% of students reported that AlcoholEdu changed their perception of others’ drinking behavior
- A total of 192 students were identified as high-risk drinkers
- 98% of students reported the course helped them established a plan ahead of time to make responsible decisions about drinking, prepared them to help someone who may have alcohol poisoning, and prepared them to prevent an alcohol overdose

Why Students Choose to Drink	Texas State	National
Have Fun	76%	85%
Celebrate	69%	66%
Stress	33%	35 %
Like the taste	32%	25%

High-Risk Drinking Behaviors	Texas State	National
Pregame	47%	57%
Chug	51%	39%
Shots	62%	63 %

The Health Promotion Services office administered the American College Health Association National College Health Assessment (ACHA-NCHA) for college during the 2022 calendar year to a total of 1,651 students with a 4.9% response rate.

The ACHA-NCHA supports the health of the campus community by fulfilling the academic mission, supporting short-and long-term healthy behaviors, and gaining a current profile of health trends with the campus community.

The ACHA-National College Health Assessment is a national research survey organized by the American College Health Association to assist college health service providers, health educators, counselors, and administrators in collecting data about students’ habit and behaviors on the most prevalent topics.

Negatively impacted academic performance among all students in the sample	Cis Men	Cis Women	Transgender Non-Conforming	Total
Alcohol Use	2%	1.2%	4%	1.6%
Cannabis/Marijuana Use	3.3%	1.8%	8%	2.5%

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)	Cis Men	Cis Women	Transgender Non-Conforming	Total
	45.5%	38.5%	41%	40.1%

Alcohol Beverages (beer, wine, liquor, etc.)	Cis Men	Cis Women	Transgender Non-Conforming	Total
	72.8%	73.6%	67.7%	73%

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) Nonmedical use	Cis Men	Cis Women	Transgender Non-Conforming	Total
	47.8%	47.4%	58.2%	48.1%

Cocaine (coke, crack, etc.)	Cis Men	Cis Women	Transgender Non-Conforming	Total
	12.9%	6.7%	8.2%	8.2%

Prescription stimulants (Adderall, diet pills, Ritalin, etc.) Nonmedical use	Cis Men	Cis Women	Transgender Non-Conforming	Total
	14.1%	9.4%	15.2%	10.8%

Prescription opioids (codeine, morphine, oxy, hydrocodone, etc.) Nonmedical	Cis Men	Cis Women	Transgender Non-Conforming	Total
	8.5%	3.6%	7%	5%

Heroin	Cis Men	Cis Women	Transgender Non-Conforming	Total
	.8%	.5%	1%	.6%

Methamphetamine (speed, meth, etc.)	Cis Men	Cis Women	Transgender Non-Conforming	Total
	3.4%	.5%	3.1%	1.4%

Hallucinogens (Ecstasy, Molly, LSD, acid, PCP, mushrooms, etc.)	Cis Men	Cis Women	Transgender Non-Conforming	Total
	18.3%	11%	25.3%	13.6%

Bobcat Welcome Stand Up Speak Up Evaluations 2021:

89% of students strongly agreed or agreed that the Stand Up, Speak Up sessions taught them the Texas State policies, sanctions laws and resources regarding alcohol and drugs. 89% of students strongly agreed or agreed after the Stand Up, Speak Up session they understand factors that affect Blood Alcohol Concentration. 81% of students strongly agreed or agreed that After the Stand Up, Speak Up sessions they can now recognize the signs and symptoms of alcohol poisoning. 89% of students strongly agreed or

agreed the Stand Up, Speak Up session taught them the skills they needed to speak up and help reduce potential for alcohol related injuries or violence. 96% of students stated they were very likely or somewhat likely to adopt a new behavior because of the presentation. Lastly, 74% of students rated the presenter(s) as excellent or very good.

Bobcat Welcome Stand Up Speak Up Evaluations 2022

88% of students strongly agreed or agreed that the Stand Up, Speak Up sessions taught them the Texas State policies, sanctions laws and resources regarding alcohol and drugs. 88% of students strongly agreed or agreed after the Stand Up, Speak Up session they understand factors that affect Blood Alcohol Concentration. 88% of students strongly agreed that After the Stand Up, Speak Up sessions they can now recognize the signs and symptoms of alcohol poisoning. 87% of students strongly agreed that the Stand Up, Speak Up session taught them the skills they needed to speak up and helped reduce potential for alcohol related injuries or violence.

The following are additional questions that were included this year. 86% of students strongly agreed or agreed that this Bobcat Welcome Module provided them with important information about university resources at Texas State University. 79% of students strongly agreed or agreed this Bobcat Welcome Module made them feel more confident about the upcoming semester. 85% of students strongly agreed or agreed that this Bobcat Welcome Module provided them with useful information about Texas State’s expectations of them as a member of the Texas State University community. 95% of students stated they were very likely or somewhat likely to adopt a new behavior because of the presentation. Lastly, 74% of students rated the presenter(s) as excellent or very good.

Alcohol and Drug Presentation Evaluation Results 2021-2022:

78% of respondents stated they were very likely or somewhat likely to adopt a new behavior because of the presentation. 99% of respondents were very satisfied or satisfied with the presentation. 94% of respondents rated the presenter (s) as excellent or very good.

Alcohol Education Program for Minors (AEPM) Course Data

This state-certified program is provided by the Alcohol and Drug Compliance Services office and is licensed under the Texas Department of Licensing & Regulations. This course is completed by students who have violated an alcohol policy on or off campus.

AEPM Course	2021	2022
Pre-Test	56%	60%
Post-Test	92%	94%
Knowledge Increase - Done	59%	52%

Trends – 2021 Course Responses – Alcohol Education Program for Minors

- The course was very informational and shed light on drinking topics such as the BAC
- I became a lot more educated on alcohol and how it could affect not only me, but others as well.

- Really good in making sure everyone understands what is being taught, very welcoming and made the course engaging
- The content of the class is very helpful and informative
- She knew what she was talking about and could relate to use taking the class
- Really enjoyed the course. I felt comfortable talking about everything, and really thought the teacher was very informative and good at dispersing the information in a way kept everyone engaged and entertained.
- Well taught, very informative and clear
- Very relatable and kept class entertaining
- The course was set up nicely and enjoyable

Trends – 2022 Course Responses – Alcohol Education Program for Minors

- Very informative and interactive
- Good information, great learning experience
- Useful information
- Good content, actually taught me new information
- I learned a lot in this class, I wish there could be a better video to watch during this course
- The course was informative and helpful in teaching me how to act when around alcohol
- Very effective learning plan and teacher made it fun!
- More stories from people who have been in bad situations with alcohol to explain its effects
- Easy to understand content and delivery
- Instructor was really great, she made it not terrible and easy to engage and actually get something from the course

The Alcohol and Drug Compliance Services office administered a Community Service Program survey during the 2021 calendar year.

The summary report identified some of the following perceptions, behaviors, and trends of Texas State students who completed the Community Service Program:

Classification	Percentage
Freshman	29%
Sophomore	41%
Junior	24%
Other	6%

Gender	Percentage
Male	59%
Female	35%
I Chose Not to Answer	6%

How did you learn about the ADCS Program?	Percentage
Dean of Students Office	35%
Dept. of Housing and Residential Life	12%
Judge/Attorney/Probation Officer	47%
Other	6%

I would utilize the ADCS Community Service Program again for a new issue.	Percentage
Yes	100%

Please indicate your overall satisfaction with ADCS' Community Service Program	Percentage
Extremely Satisfied	71%
Somewhat Satisfied	29%

As a result of my experience with the ADCS Community Service Program, I am more aware of resources/programs available on and off campus.	Percentage
Yes	94%
No	6%

Trends – 2021 Student Responses – Community Service Program

- The resources and programs I now aware of on and off campus
- The helpfulness of each step of the process
- Community service was provided a few days after I called and everyone that I interacted with was very friendly and helpful!
- ADCS was amazing and flexible with working with me
- Cheryl made my entire experience with ADCS. She made me feel like I was not alone, and she was always there to help.
- ADCS director went above and beyond to help me in each part of the process.

The Alcohol and Drug Compliance Services office administered a Community Service Program survey during the 2022 calendar year.

The summary report identified some of the following perceptions, behaviors, and trends of Texas State students who completed the Community Service Program:

Classification	Percentage
Freshman	54%
Sophomore	32%
Junior	5%

Gender	Percentage
Male	45%

Female	50%
I Choose Not to Answer	5%

How did you learn about the ADCS Program?	Percentage
Dean of Students Office	63%
Dept. of Housing and Residential Life	9%
Judge/Attorney/Probation Officer	28%

I would utilize the ADCS Community Service Program again for a new issue.	Percentage
Yes	100%

Please indicate your overall satisfaction with ADCS' Community Service Program	Percentage
Extremely Satisfied	77%
Somewhat Satisfied	18%
Neither satisfied nor dissatisfied	5%
Somewhat Dissatisfied	0%
Extremely Dissatisfied	

As a result of my experience with the ADCS Community Service Program, I am more aware of resources/programs available on and off campus.	Percentage
Yes	100%

Trends – 2022 Student Responses – Community Service Program

- Throughout this experience I've gained a more positive outlook on things
- Learning about the services and opportunities Texas State has to offer. I loved learning about the Meadows Center and how helpful the people in ADCS office are. I thought they were going to be mean, but they were super sweet and helpful
- The community service I attended was the Meadows Center and I really enjoyed the friendly atmosphere and the beautiful environment
- What impacted me the most is meeting with Cheryl and talking with her
- The kindness radiating off of all the staff in Taylor Murphy Building

3rd Millennium Classrooms (also known as Marijuana 101) is an empirical based online intervention and prevention course designed to help positively impact behavioral changes utilized by the Alcohol and Drug Compliance Services during the 2021 and 2022 calendar years for marijuana related sanctions.

The summary report identified some of the following perceptions, behaviors, and trends of Texas State students who completed the Marijuana 101:

Marijuana 101	2021	2022
Pre-Test	51%	56%
Post-Test	85%	85%
Knowledge Increase	68%	71%

Trends 2021 – Student Responses – 3rd Millennium Classrooms (Marijuana 101)

- Texas State students ranked 100% for using marijuana because they were drinking and because they depressed or wanted to forget their problems
- A total of 67% of students utilize marijuana because they were curious or wanted to experiment or because they had nothing better to do

Trends 2022 – Student Responses – 3rd Millennium Classrooms (Marijuana 101)

- Texas State students first experiment with marijuana between the ages of 13-17 years old
- Texas State students ranked 100% for riding with someone under the influence of marijuana
- A total of 67% of students drove under the influence of marijuana

The Alcohol and Drug Compliance Services office staff meets with students individually for an initial consultation and exit interview as part of Marijuana 101.

The summary report identified some of the following perceptions, behaviors, and trends of Texas State students who completed individualized meetings as part of Marijuana 101 for calendar year 2022. This is a new initiative and data is not available for the calendar year 2021.

- After completing Marijuana 101, I have an increased awareness of the impact of marijuana with a response of 100% of students indicating the strongly agree (57%) and agree (43%).
- The online educational component provided helpful information with a response of 100% of students indicating the strongly agree (57%) and agree (43%).

Trends – Student Response to the following question: Please describe two ways marijuana can impact students on a college campus.

- Marijuana can be harmful to academic performance as well as experiencing consequences due to marijuana related incidents
- Waste of money and can get you expelled
- It can make them more likely to miss class, or even drop out in the future and it can cause an individual to be less successful
- Get you arrested, and get you expelled
- Frequent/daily marijuana use can lead students to operate sub-optimally when it comes to academics. Marijuana can lead students to depression or anxiety.

Trends – Student Response to the following question: Upon completing this course, please describe two ways this course will impact your choices in the future.

- I will do less marijuana in the future, and I will avoid peer pressure

- It made me more aware of what I was doing with marijuana and made me know that it's not a priority
- Watch who I hang with and say no to going out
- I will definitely be more cautious and aware of how my choices impact my school life and future in regard to how much marijuana I consume
- Make me think twice, be smarter about my actions
- This course will impact my choices in choosing to use marijuana in the future, and also in choosing not to hang out with someone when I know will use marijuana
- In the future, I will avoid temptation by doing activities that do not include marijuana such as more studying and going to the gym
- I will try to spend more time with friends that do not smoke marijuana

IV. SUMMARY AND RECOMMENDATIONS

College student alcohol and drug use is not new, and neither are college and university efforts to reduce it. Alcohol has been, and still is, the number one abused substance on college campuses. College students drinking to excess is a widespread national problem with serious consequences. Excessive drinking among college students is associated with a variety of negative consequences that include fatal and nonfatal injuries; alcohol poisoning; blackouts; academic failure; violence, including rape and assault; unintended pregnancy; sexually transmitted infections, including HIV/AIDS; property damage; and vocational and criminal consequences that could jeopardize future job prospects. Texas State has a higher percentage of students drinking to celebrate, chugging, and engaging in the use of tobacco or nicotine products. These drugs also have negative consequences that impede academic success and put students at risk for a variety health and safety issues.

Future Recommendations:

- Create a subcommittee within the Health and Wellbeing Task Force to address alcohol and substance use, including data collection, gap analysis and prevention strategies.
- Partner with the Department of Housing and Residential Life to develop more comprehensive drug education in the department curriculum for Resident Assistants and for hall residents.
- Create a Town and Gown program with the San Marcos Community.
- Explore training University Seminar 1100 instructors and offering more educational programs to first-year students.
- Explore steps to develop a health seminar or course that can address pertinent health content (i.e., alcohol, drugs, mental health, violence prevention).
- Explore a Substance Use Common Experience Proposal.
- Implement a more comprehensive substance use screening tool for all patients at the Student Health Center.
- Utilize AlcoholEdu data from first-year students to inform education and prevention strategies.
- Utilize National College Health Assessment data to inform education and prevention strategies.

Completed by:
Cheryl D. Harper
Assistant Director
Dean of Students Office/Alcohol and Drug Compliance Services

V. RESOURCES

- 1) EDGAR, 34 CFR, Part 86, Subpart A, 86.1-86.411, Federal Requirements:
<https://www2.ed.gov/policy/fund/reg/edgarReg/edgar.html>
- 2) 20 U.S.C. 1145g – Drug and Alcohol Abuse Prevention
- 3) EDGAR, 34 CFR, Part 86, Compliance Checklist (no longer required)
- 4) Texas State University Student Handbook – Code of Student Conduct
- 5) Texas State University Residence Life Handbook
- 6) Texas State University Policies and Procedures (UPPS)
- 7) Texas State University Student Success Policies and Procedures (SS/PPS)
- 8) Texas State University web pages
- 9) Dean of Students/Alcohol and Drug Compliance Services Office
- 10) Dean of Students/Student Conduct and Community Standards
- 11) Student Health Center/Health Promotion Services
- 12) National College Health Assessment Result – Spring 2023 (Student Health Center/Health Promotion Services)
- 13) Vice President for Student Success
- 14) Human Resources
- 15) Counseling Center
- 16) Department of Housing and Residential Life
- 17) Student Organizations Council – Student Involvement
- 18) University Police Department
- 19) Athletics