

# **Title IV-Enews**

A Newsletter from the School of Social Work

May 2021

Editor: Hannah Nguyen

### A Message from the Title IV-E Child Welfare Partnership Team

DearTitle IV-E CWP alumni, students, and friends,

We are excited to announce our new Vision, Mission, Goals, and Principles statements, which will guide the continued development of our Title IV-E CWP program. We also developed a logic model that clearly shows how our CWP program can achieve the new vision and mission. To learn more about CWP program development and changes, check out our newly launched CWP website.

Have a great summer, and take care! -The CWPTeam

Check out our website here:

https://www.socialwork.txstate.edu/ students/Stipends/Title-IV-E-Child-Welfare-Partnership.html



Child Welfare Partnership Mission

The mission of the Title IV-E Child Welfare Partnership is to enhance the values, knowledge, and skills of the child welfare workforce in Texas through social work education, financial assistance, ongoing training, and career support.

## Child Welfare Partnership: Program Updates and Announcements

### New Opportunity for CWP Graduates: LCSW Group

As a continued way to support CPS employees and graduates of the Title IV-E Child Welfare Partnership program, we are exploring the option of adding a free LCSW Supervision group to our Title IV-E contract for the 2021-2022 contract year. The LCSW Supervision group would provide the clinical supervision that is required to move from LMSW to LCSW licensure status in the state of Texas. Depending on your current job duties, outside clinical work may be necessary to meet the LCSW supervision requirements.

> We are still in the early stages of planning, but if you are interested in learning more about this group, please send an email to cwpartnership@txstate.edu with the Subject Line "LCSW Group," and include the following information:

- 1. your name,
- 2. the year you graduated from the Texas State MSW program,
- your current position at CPS/DFPS, your current region and office location, and
- 4. your current licensure status (LMSW or no licensure).

### CWP Alumni Survey

This summer, CWP Alumni will be receiving a brief survey from the CWPTeam. We are interested in knowing basic information about graduates, in addition to learning your interests regarding ongoing training and your current professional areas of expertise. Keep an eye out for the survey in the summer!

# Title IV-E CWP Highlights

Celebrating Our May 2021 Graduates

This May we're celebrating four graduates from our program: Kara Crawford, Brittnie Kelly, Jerome Ramirez, and Rose Vargas.

# **Alumni Promotions in Region 8**

Natasha Bussey, CVS Program Director

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Michelle Cunningham, new Regional Director for Investigations Asenath "Sandy" McCabe, new Regional Director Assistant for CPS

Jarlene Ross, new Program Director for Investigations

#### **Congratulations**!

Thank you for being part of the Title IV-E Child Welfare Partnership Program!

Joining Us This Fall



Mae Beckmann MSW Student



Delaney DeSpain BSW Student



Maddie Oines MSW Student



Paulina Elizondo MSW Student

All students will be completing their internship at CPS in the Austin and San Antonio areas in Fall 2021, and graduating in December 2021. Welcome!

### **Strategies for Change:**

#### **Evidence-Based Practices for Mental Health and Substance Use**

The Title IV-E Prevention Services Clearinghouse selected two evidence-based practice models (EBPs) that are well-supported for both mental health and substance abuse: Brief Strategic Family Therapy and Multisystemic Therapy. Both EBPs are applicable to youths and are delivered in roughly 4 months typically by master's level mental-health specialists.

#### Brief Strategic Family Therapy (BFST)

- Clients: families with children; adolescents (6 to 17 years) who are at-risk of or display problem behaviors such as substance use, bullying, antisocial peer associations, or truancy
- Delivery: 12 to 16 weekly sessions at settings such as clinics, health agencies, and community centers.
- BSFT consists of three intervention components:
  - 1) Counselors "join" the family system by establishing relationships with family members,
  - 2) Identify patterns associated with problem behavior by observing family interactions, and
  - 3) Work in the present with task assignment, coaching families on effective interactions, and utilizing reframes.

#### Multisystemic Therapy (MST)

- Clients: youths aged 12 to 17 years to promote prosocial behavior and reduce mental health symptomology, criminal activity, out-of-home placements, and substance use.
- Delivery: 3 to 5 months with 24/7 available services and weekly visits at locations such as homes, schools, and community centers.
- MST is an intensive treatment designed for Through an ecological assessment of the client, the client's family, school, and community, therapists from licensed MST providers tailor their intervention strategies to target identified drivers.

#### Visit these links for more information about

BPST: https://preventionservices.abtsites.com/programs/251/show

MST: <u>https://preventionservices.abtsites.com/programs/257/show</u>

Other programs and services: <u>https://preventionservices.abtsites.com/program?combine\_1=&prograting%</u> 5B1%5D=1&progarea\_filter%5B1%5D=1

### Title IV-E CWP Staff:

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Michele Bauman Grant Coordinator mb19@txstate.edu General Contact: Title IV-E CWP Staff School of Social Work Texas State University Encino Hall, Room 123B 601 University Drive San Marcos, TX 78666 We would love to know what our Title IV-E Alumni are up to! If you have exciting career news to share, please send it to CWPartnership@txstate.edu.

