The degree requirements below are outlined in the 2023 Undergraduate Catalog and will remain valid through summer 2029.

### Institutional Requirement (1-9 hours)
- University Seminar
  - US 1100
  - Waived for transfer students with 16+ hours.

### Core Curriculum (42 hours)
**Foreign Language Proficiency**
- Modern Language 1410 and 1420
- Waived with 2 years of high school language credit OR complete Modern Language 1411 and 1412

**University Seminar**
- US 1100

**Communication**
- ENG 1310, 1320

**Mathematics**
- MATH 1312, 1315, or 1319*

**Life and Physical Sciences**
- 030 Course
- 030 Course
- PHIL 1305 or 1320

**Creative Arts**
- ART or DAN or MU or TH 2313

**American History**
- HIST 1310 or 2327 or 2381
- HIST 1320 or 2328 or 2382

**Government/Political Science**
- POSI 2310
- GOVT 2306
- GOVT 2305

**Social and Behavioral Sciences**
- PSY 1300*

**Component Area**
- COMM 1310
- ENG 2310-2371

### Major (40 hours)
- Foundations in Personal Health
  - PH 1310*
  - PHED 1304*

- Introduction to Public Health
  - PH 1320*

- Community Health
  - PH 2340*

- Environmental Health
  - PH 3301*

- Prevention of Disease
  - PH 3348*

- Consumer Health
  - PH 3350*

- Epidemiology
  - PH 3370*

- Professional Development in Public Health
  - PH 4100*

- Public Health Leadership
  - PH 4335*

- Health Behavior Theory
  - PH 4336*

- Community Health Program Planning and Evaluation
  - PH 4640*

- 6 hours of Public Health Electives
  - See 2nd page for options*

- Concentration (16 hours)
  - Beginning Weight Training
    - ESS 1179
  - Lifetime Fitness and Wellness
    - ESS 1100 or PFW 1101
  - Beginning Jogging and Conditioning
    - ESS 1175 or PFW 110E
  - Nutrition
    - NUTR 2360, 2361, 3362, 3364
  - Advanced Counseling or Psychology
    - 2 from COUN 3320, PSY 3300, 3325, 3336, 3350, 3361
  - Concentration Elective
    - 4 hours from ESS 3323, PFW 1301, PH 3376, PFW

### Support (3 hours)
- Statistics
  - CJ 3347, MATH 2328, PA 3311, PSY 2301, SOCI 3307

### Minor (18+ hours)
- See the “minor options” section on the Public Health program page for a list of recommendations.

### Comments

- Requires grade of ‘C’ or better
- CC/JC may require 4-hour course with lab; lab is not required at TXST and will be considered an “open elective” towards your degree.
- This degree program requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA to graduate.
- Students should not complete more than 66 degree-applicable CC/JC hours.
The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2023, Spring 2024, and Summer 2024 semesters.

### PRIORITY DUE TO SEQUENCING
Prioritize these courses in your schedule each semester

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### ADDITIONAL REQUIRED COURSES
Use these courses to fill remaining space in your schedule each semester

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### Core Curriculum
- 010
- 010
- 030
- 030
- 040
- 050
- 060
- 060
- 070
- 070
- 090A
- 090B

### Major
- PH 1310*
- PH 3301* fall | spring
- PH 3348*
- PH 3350*
- PH 4335* fall | spring

**PH Electives – select 6 hours from*:**
- PH 2338, 3321, 3330 fall, 3360, 3374, 3376#, 4330A fall, 4347, 4360, 4660 availability varies by semester
  - if choosing PH 4360 or 4660, see sequence above

### Concentration
- ESS 1179
- select one from:
  - ESS 1100, PFW 1101
- select one from:
  - ESS 1175, PFW 1110E
- select one from:
  - NUTR 2360^, 2361, 3362 fall/spring, 3364 fall/spring

### Minor
-  □ □
-  □ □
-  □ □
- □ □

### Support
- Select one statistics course from:
  - CJ 3347, MATH 2328, PA 3311 fall/spring,
  - PH 3315, PSY 2301, or SOCI 3307

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GPA restricted (3.0 Major) | *requires grade of 'C' or better | # can’t be used satisfy both major and support | ^ classification restriction | ^ requires additional prerequisites

**PURPLE:** if planning to complete courses at a transfer institution, refer to the first page for transfer equivalency

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA to graduate.