

REQUESTING AN APPOINTMENT FOR ADHD

Students interested in having a Student Health Center (SHC) physician manage their ADHD while at Texas State must have an established diagnosis of ADHD. Students seeking medication for the treatment of ADHD are required to provide documentation of **at least one of the following types of medical records:**

- Neuropsychological testing by a psychologist supporting a diagnosis of ADHD.
- Evaluation by a psychiatrist leading to the diagnosis of ADHD
- Recent treatment by a psychiatrist for ADHD

and must complete a Prescription Insurance Information form (back side) if you will use insurance to cover the cost of prescriptions.

An appointment for ADHD cannot be scheduled until the required documentation has been reviewed by a Student Health Center (SHC) physician and approved.

Medical records should include any testing for ADHD conducted by a psychologist or psychiatrist and treatment noted. Medical records may be submitted to the **Texas State University Student Health Center Medical Records Department** by:

Fax Number :	512.245.9288
Mailing Address :	Texas State University 601 University Drive San Marcos, TX 78666-4538
Hand deliver :	The Medical Records Department on the second floor of the Student Health Center San Marcos campus.

If you have your medical records and Prescription Insurance Information form faxed or mailed to the SHC, you should contact the SHC Medical Records Department at **512.245.8437** to confirm that the records have been received. Allow five business days after the SHC receives the medical records for review. The SHC will contact the student to notify if approved and to schedule an appointment. For more information about requesting an appointment for ADHD please check www.healthcenter.txstate.edu or call the Medical Records Department at **512.245.8437**.

Prescription Insurance Information / Intake Information

Patient name: _____ Date of birth: _____

TXST ID# (A0...): _____ Best contact phone #: _____

Local address _____ City _____ State _____ Zip: _____

Students seeking medication for the treatment of ADHD are required to provide their prescription insurance information. This information is needed because most of the time your insurance will require the SHC to get your ADHD medication approved before you can pick it up from your pharmacy.

You should review your insurance card to find the information below. If your insurance card does not have this information, you should ask help from parents or other individuals who purchased your insurance coverage or their employer's Human Resources Department, Member Services by calling the number on your insurance card, or your insurance broker.

Do you have health insurance? YES (fill out ALL sections below) NO (Only fill out Preferred Pharmacy Information and Emergency Contact Information sections below)

Policy holder's Zip code on file with your insurance plan? _____

Who is your Pharmacy Benefits Manager (PBM) – Prescription (Rx) Insurance Information

PBM examples: Optum RX, Express Scripts, or Caremark

Name of PBM: _____ PBM Address: _____

Phone #: _____ Fax#: _____

BIN# (if available): _____ PCN# (if available): _____

RX ID# (if available): _____ RX Group # (if available): _____

Medical Insurance Information

Name of **Insured** (Policy Holder): _____

Relationship of Patient to **Insured** (Circle One): Self Child Spouse Other: _____

Insurance Company: _____ Insurance Phone #: _____

Insurance Address: _____

Insurance ID #: _____ Insurance Group #: _____

Preferred Pharmacy Information

Examples: Walgreens, CVS

Name of Pharmacy: _____ Pharmacy Address: _____

Emergency Contact Information:

Emergency Contact Name: _____ Relationship: _____

Emergency Contact Phone #: _____