

LICENSED PROFESSIONAL COUNSELORS

MARLON JOHNSON, PHD, NCC

I hope to support individuals managing racial and cultural trauma. I specialize in my work with Black individuals, my Queer and Trans family, and the various concerns we face at the intersection of our personal and professional identities. Telehealth available.

Austin, TX 78752
512-548-4522

JOHNNIE L WILSON, MA, NCC

I have extensive research in Racial/Generational trauma, Black women issues on mental health and sexual trauma. I also have Women of Color groups and women wellness retreats. Telehealth only.

San Marcos, TX 78666
512-883-6908

ANDREA J. LEWIS, MA, LPC-S, MCC YOUNG, AT HEART COUNSELING SERVICES, PLLC

My experience includes working with adults and adolescents who have dealt with ADHD, depression, anxiety, and other mood disorders. I am a gender affirming therapist. Whether you're lesbian, gay, bisexual, transgender, non-binary, or queer, you deserve to have a counselor who understands the difficult situations in your life. Telehealth only.

Georgetown, TX 78626
254-358-5734

DR. JUSTYN SMITH, PHD, LPC-S

HEIGHTS FAMILY COUNSELING

My identity as a Gay Black Man gives me a unique passion as therapist and deep empathy in supporting the LGBTQ population with coming out, managing relationships and growing in self-acceptance. I work with a variety of presenting concerns and populations; however, my specialization is working with Gay Men, BIPOC and the LGBTQ+ community. Telehealth available.

611 West 22nd Street,
Houston, TX 77008
254-274-5683

LICENSED PROFESSIONAL COUNSELOR ASSOCIATE

MORGAN BOONE, LPC-A

I specialize in working with clients who identify as BIPOC, neurodivergent (including ADHD and Autism), queer, transgender, and those at the intersection of multiple identities.

Austin, TX 78702
832-906-8040

MARRIAGE & FAMILY THERAPIST ASSOCIATES

KIMBERLY HAWTHORN, MS, LMFT-A

My clinical interests include working with identity issues, sexual assault, childhood developmental trauma, life transitions, mood disorders, anxiety, chronic stress, LGBTQIA+-related concerns, and race-related issues. Telehealth only.

San Antonio, TX 78233
830-445-3817

MARVIN HUGHES

EMERACE THERAPY AUSTIN

Some of my passions include working with BIPOC and LGBTQ+ folks. I enjoy working with individuals and couples. I have additional training on Emotion Focused Therapy allowing me to connect with attachment needs and help heal through establishing a secure attachment in relationships. Telehealth available.

1213 W Slaughter Lane,
Suite 155, Austin, TX 78748
512-489-9390

DRUG & ALCOHOL COUNSELOR

GRANYON PERRY-WOODEN, LCDC, LPC, MA LIVE AND GLO GROWING LIFE OPTIONS COUNSELING

Live and Glo Counseling Services offers Individual, Family, Couples, Group and Culturally appropriate counseling. Telehealth available.

2500 West William Cannon Drive,
Suite A2 Bldg 6, Austin, TX 78745
512-961-4677

CLINICAL SOCIAL WORK/THERAPIST

BELINDA MILLER, LCSW

As a queer-affirming therapist, I provide a safe space for clients to explore all issues including gender identity and self-expression without fear of judgment. Telehealth only.

San Antonio, TX 78253
210-750-6587

LICENSED PSYCHOLOGIST

JASMINE JENKINS, PHD

I am a multiculturally focused licensed psychologist and the founder of Rejuvenate! I specialize in group treatment for people of color who want to heal, learn new skills, and build a life of wellness. Telehealth available.

<https://www.rejuvenatepsychoaalservices.com/>
Austin, TX 78704
512-607-7894

CENTERS & HOTLINES

WATERLOO COUNSELING CENTER

A private, nonprofit organization dedicated to providing a safe, affirming space for affordable mental health services, with a focus on the needs and wellness of the LGBTQIA+ community, those living with HIV and their loved ones. Telehealth available.

<https://www.waterloocounseling.org/>

314.E Highland Mall Blvd #301,
Austin, TX 78792
512-444-9922

BLACKLINE - PHONE HOTLINE (24/7 SUPPORT)

*This resource is divested from the police - Blackline provides a space for peer support, counseling, witnessing and affirming the lived experiences to folks who are most impacted by systematic oppression with an LGBTQ+ Black femme lens.

1-800-604-5841

INCLUSIVE THERAPISTS DIRECTORY

At Inclusive Therapists, we celebrate the power and center the needs of people with marginalized identities. Our focus is on centering the needs of Black, Indigenous, and People of Color (BIPOC) and embracing the intersections of LGBTQIA2S+ communities (QTBIPOC). Our mission prioritizes the voices and expressions of Neurodivergent and Disabled Communities of Color.

<https://www.inclusivetherapists.com/>
<https://www.inclusivetherapists.com/united-states/texas>

BLACK EMOTIONAL AND MENTAL HEALTH COLLECTIVE (BEAM)

Our mission is to remove the barriers that Black people experience getting access to or staying connected with emotional health care and healing through education, training, advocacy, and the creative arts.

<https://beam.community/>
<https://wellness.beam.community/> - Black Virtual Wellness Directory - online search for Black therapists and other professionals and can specify looking for someone experienced working with queer/trans people.

ALLGO

The Austin Latine/Latino Lesbian, Gay, Bisexual & Transgender Organization (ALLGO) envisions a just and equitable society that celebrates and nurtures vibrant people of color queer cultures. ALLGO works towards its vision through cultural arts, health and advocacy programming by: supporting artists and artistic expression within our diverse communities; promoting health within a wellness model; mobilizing and building coalitions among groups marginalized by race/ethnicity, gender/gender identity, sexual orientation/sexual identity to enact change. This profile courtesy of Arts & Democracy.

<https://www.allgo.org>

CENTERS & HOTLINES

BLACK MENTAL WELLNESS

Mission is to provide access to evidence-based information and resources about mental health and behavioral health topics from a Black perspective, to highlight and increase the diversity of mental health professionals, and to decrease the mental health stigma in the Black community.

<https://www.blackmentalwellness.com/>

BLACK LIVES MATTER MEDITATION FOR HEALING RACIAL TRAUMA

A 17 minute guided meditation using mindfulness, affirmation, and meta (loving-kindness).

<https://www.dr CANDIENICOLE.com/post/2016-07-black-lives-matter-meditation>

<https://soundcloud.com/dr CANDIENICOLE/black-lives-matter-meditation-for-healing-racial-trauma>

THE ROOTED COLLECTIVE

A liberatory gathering of Black LGBTQ+ people to define, dream, and expand on the ways in which we heal from oppression and practice joy and pleasure. We root our work in the knowledge that healing for all Black people is political resistance.

<https://bemorerooted.org/>
<https://bemorerooted.org/what-we-do> - Dr. Young's Saturday Yoga Drop In: A weekly 75-minute virtual yoga practice every Saturday at 10am.

COMMUNITY ORGS

SAN MARCOS QUEER COUNCIL

SMTXQC fosters belonging and wellbeing for LGBTQ+ people by facilitating peer-led events in Hays County. This organization is also affiliated with BPSF fund and TXST's Alliance.

Instagram: SMTXQC

QUEERTOPIA

Queertopia's mission is community empowerment led by amplifying and celebrating QTBIPOC voices and taking direct action to combat the housing, inequity that has swept Hays County. We are a group of abolitionist harm reductionists with lived experience in trauma, homelessness, substance use, recovery, and neurodivergency.

www.queertopiatx.org

THE QUEER AGENDA

A Texas based queer education station specializing in history, issues, and support.

<https://www.thequeeragenda.blog>

ASHWELL

ASHwell empowers central Texans by providing sexual health and wellness services that serve the body, mind and spirit.

<https://ashwellatx.org>

BLACK PRIDE:

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HEALTH & WELLNESS RESOURCES