The degree requirements below are outlined in the 2024 Undergraduate Catalog and will remain valid through summer 2030.

<table>
<thead>
<tr>
<th>Institutional Requirement (1+ hours)</th>
<th>Texas State Catalog Degree Plan</th>
<th>Transfer Equivalency (TCCN)</th>
</tr>
</thead>
<tbody>
<tr>
<td>University Seminar</td>
<td>US 1100</td>
<td>Waived for transfer students with 16+ hours.</td>
</tr>
<tr>
<td>Foreign Language Proficiency</td>
<td>Consult with TXST advisor to determine if coursework is required</td>
<td></td>
</tr>
</tbody>
</table>

**Program-Specific Core Curriculum (12 hours)**

<table>
<thead>
<tr>
<th>Code</th>
<th>Requirement</th>
<th>Texas State Course</th>
<th>Transfer Equivalency</th>
</tr>
</thead>
<tbody>
<tr>
<td>020</td>
<td>Mathematics (3 hours)</td>
<td>MATH 1315*</td>
<td>MATH 1314*</td>
</tr>
<tr>
<td>030</td>
<td>Life and Physical Sciences (6 hours)</td>
<td>CHEM 1341*</td>
<td>CHEM 1311 [lab required – see support below]*</td>
</tr>
<tr>
<td></td>
<td></td>
<td>PHYS 1335*</td>
<td>PHYS 1301 [lab required – see support below]* or PHYS 1401*</td>
</tr>
<tr>
<td>080</td>
<td>Social and Behavioral Sciences (3 hours)</td>
<td>PSY 1300*</td>
<td>PSYC 2301*</td>
</tr>
</tbody>
</table>

**General Education Core Curriculum (30 hours)**

Refer to the undergraduate catalog for core curriculum options.

<table>
<thead>
<tr>
<th>Code</th>
<th>Requirement</th>
<th>Texas State Course</th>
<th>Transfer Equivalency</th>
</tr>
</thead>
<tbody>
<tr>
<td>010</td>
<td>Communication (6 hours)</td>
<td>010 Course</td>
<td>010 Course</td>
</tr>
<tr>
<td>040</td>
<td>Language, Philosophy, and Culture (3 hours)</td>
<td>040 Course</td>
<td>040 Course</td>
</tr>
<tr>
<td>050</td>
<td>Creative Arts (3 hours)</td>
<td>050 Course</td>
<td>050 Course</td>
</tr>
<tr>
<td>060</td>
<td>American History (6 hours)</td>
<td>060 Course</td>
<td>060 Course</td>
</tr>
<tr>
<td>070</td>
<td>Government/Political Science (6 hours)</td>
<td>070 Course</td>
<td>070 Course</td>
</tr>
<tr>
<td>090</td>
<td>Component Area (6 hours)</td>
<td>090 Course</td>
<td>090 Course</td>
</tr>
</tbody>
</table>

**Major (21 hours)**

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Texas State Course</th>
<th>Transfer Equivalency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prevention and Care of Athletic Injuries</td>
<td>AT 2356*</td>
<td>KINE 2356*</td>
</tr>
<tr>
<td>Functional Anatomy</td>
<td>AT 2400</td>
<td></td>
</tr>
<tr>
<td>Clinical Pathopharmacology</td>
<td>AT 3358</td>
<td></td>
</tr>
<tr>
<td>Weight Training</td>
<td>ESS 1179</td>
<td></td>
</tr>
<tr>
<td>Exercise Physiology + Lab</td>
<td>ESS 3317* + ESS 3117*</td>
<td></td>
</tr>
<tr>
<td>Biomechanics</td>
<td>ESS 3320</td>
<td></td>
</tr>
<tr>
<td>Introduction to Motor Learning</td>
<td>ESS 3329</td>
<td></td>
</tr>
</tbody>
</table>

**Concentration (9 hours)**

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Texas State Course</th>
<th>Transfer Equivalency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Assessment I</td>
<td>AT 3311*</td>
<td></td>
</tr>
<tr>
<td>Clinical Assessment II</td>
<td>AT 3312*</td>
<td></td>
</tr>
<tr>
<td>Clinical Therapeutic Interventions</td>
<td>AT 4313</td>
<td></td>
</tr>
</tbody>
</table>

**Support (26 hours)**

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Texas State Course</th>
<th>Transfer Equivalency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human Physiology &amp; Anatomy</td>
<td>BIO 2430*</td>
<td>BIOL 2404*</td>
</tr>
<tr>
<td>General Chemistry I Lab [lecture required in core]</td>
<td>CHEM 1141</td>
<td>CHEM 1111</td>
</tr>
<tr>
<td>General Physics I Lab</td>
<td>PHYS 1115</td>
<td>PHYS 1101</td>
</tr>
<tr>
<td>Medical Terminology</td>
<td>HIM 2360*</td>
<td>HITT 1305</td>
</tr>
<tr>
<td>Statistics</td>
<td>see 2nd page for options</td>
<td>MATH 1342 or PSYC 2317</td>
</tr>
<tr>
<td>Nutrition or Nutrition &amp; Health or Sci. of Nutrition &amp; Exercise</td>
<td>NUTR 2360 or 3362 or 3364</td>
<td>BIOL 1322</td>
</tr>
<tr>
<td>Orientation to Athletic Training Profession</td>
<td>AT 2298*</td>
<td></td>
</tr>
<tr>
<td>Foundations of Athletic Training Practice</td>
<td>AT 3298</td>
<td></td>
</tr>
<tr>
<td>Seminar in Exercise and Sports Science</td>
<td>ESS 1101</td>
<td></td>
</tr>
<tr>
<td>Psychosocial Aspects of Exercise Sports Science</td>
<td>ESS 3323</td>
<td></td>
</tr>
<tr>
<td>Sport Psychology</td>
<td>PSY 3336</td>
<td></td>
</tr>
</tbody>
</table>

**Master of Science in Athletic Training (55 Hours) – NO GUARANTEE OF ADMISSION**

Students declaring the Pre-Rehabilitation Sciences concentration have the unique opportunity to apply for possible admission to a combined 3+2 degree program once the requirements above have been met. Admitted students enter the Master of Science in Athletic Training program at the beginning of their senior year, allowing them to earn both a Bachelor of Exercise and Sports Science (BESS) degree and a Master of Science in Athletic Training (MSAT) degree in just five (5) years. MSAT degree requirements include AT 5400, AT 5320, AT 5120, AT 5230, AT 5301, AT 5300, AT 5313, AT 5231, AT 5305, AT 5314, AT 5232, AT 5340, AT 5333, AT 5341, AT 5342, AT 5343, AT 5334, AT 5191, AT 5192, AT 5344, and AT 5335. Students **NOT admitted** must complete the following to graduate in the standard Pre-Rehabilitation Sciences curriculum (21 hours): CHEM 1342 + 1142, PHYS 1345 + 1125, ESS 4317/4319, PSY 3300/3315, and 7 hours of Prescribed Electives.

**Comments**

- Requires grade of ‘B’ or better
- Requires grade of ‘C’ or better
- CC/JC may require 4-hour course with lab; lab is not required at TXST and will be considered an “open elective” towards your degree

This degree program requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate. Students should avoid enrolling in more than 72 CC/JC hours without prior consultation with an academic advisor.
The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2024, Spring 2025, and Summer 2025 semesters.

**PRIORITY DUE TO SEQUENCING**
Prioritize these courses in your schedule each semester

**Core Curriculum**
- 010
- 010
- 040
- 050
- 060
- 060
- 070
- 070
- 090A
- 090B

**Major**
- ESS 1179
- ESS 3329

**Prescribed Electives**
4 hours from:
- ESS 1101
- ESS 3323

**Support**
- Select one from:
  - NUTR 2360
  - NUTR 3362 fall | spring
  - NUTR 3364 fall | spring

If NOT admitted to MSAT, must also complete the following to graduate in PRS program:
- CHEM 1342/1142
- PHYS 1345/1125
- ESS 4317 or 4319
- PSY 3300 or PSY 3315
- 7 hours of Prescribed Electives

**Additional Required Courses**
Use these courses to fill remaining space in your schedule each semester

**GPA restricted (2.0 Overall)**
- * requires grade of ‘C’ or better
- ^ requires grade of ‘B’ or better to apply
- ^^ requires additional prerequisites

PURPLE: if planning to complete courses at a transfer institution, refer to the first page for transfer equivalency

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.
### Degree: Bachelor of Science | Major: Exercise and Sports Science | Concentration: Pre-Rehabilitation Sciences

The sequencing below reflects course prerequisites that are subject to change each academic year.

For use in planning Fall 2024, Spring 2025, and Summer 2025 semesters.

<table>
<thead>
<tr>
<th>FALL</th>
<th>SPRING</th>
<th>SUMMER</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FALL</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSY 1300</td>
<td>HIM 2360</td>
<td></td>
</tr>
<tr>
<td>MATH 1315</td>
<td>BIO 2430</td>
<td></td>
</tr>
<tr>
<td>010</td>
<td>CHEM 1341/1141</td>
<td>010</td>
</tr>
<tr>
<td>AT 2356</td>
<td>040</td>
<td></td>
</tr>
<tr>
<td>ESS 1101</td>
<td></td>
<td></td>
</tr>
<tr>
<td>US 1100</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>14</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| **Spring 2025** | | |
| AT 2298 | AT 3311 | AT 5230 |
| AT 5305 | AT 5314 | AT 5333 |
| AT 5300 | AT 5232 | AT 5341 |
| AT 5313 | AT 5340 | |
| **17** | | **10** |

| **Summer 2025** | | |
| AT 5342 | AT 5192 | |
| AT 5334 | AT 4344 | |
| AT 5191 | AT 5335 | |
| AT 5343 | | |
| **10** | | **7** |

---

**GPA restricted (2.75 Overall)** | * requires grade of ‘C’ or better

This degree program also requires a 2.0 Texas State GPA, 2.75 Overall GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.