

Degree: Bachelor of Science | Major: Recreation Studies | Concentration: Recreational Therapy | 120 Hours

The degree requirements below are outlined in the 2024 Undergraduate Catalog and will remain valid through summer 2030.

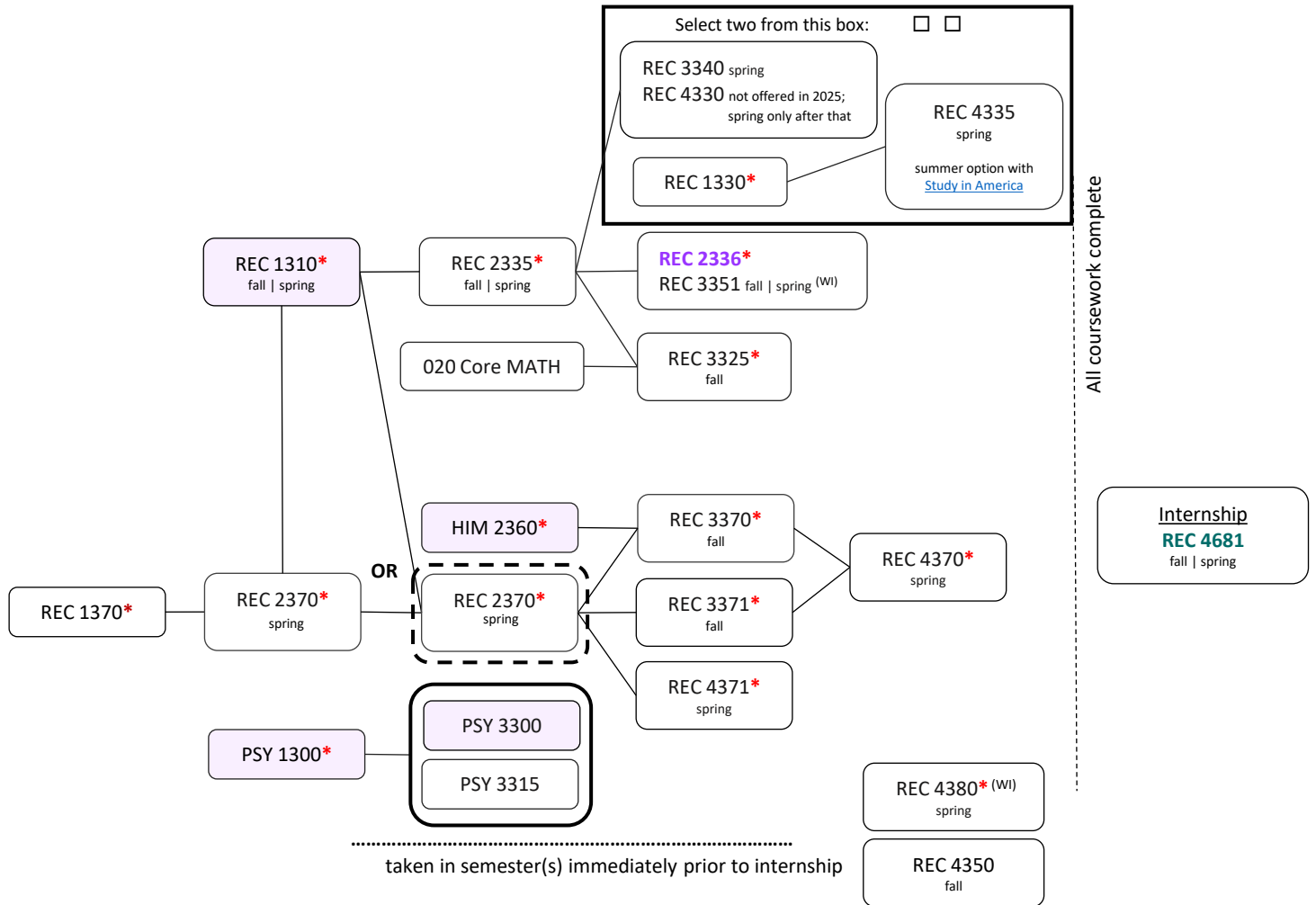
Institutional Requirement (1+ hours)	Texas State Catalog Degree Plan	Transfer Equivalency (TCCN)
University Seminar	US 1100	Waived for transfer students with 16+ hours.
Foreign Language Proficiency	<i>Consult with TXST advisor to determine if coursework is required</i>	
Program-Specific Core Curriculum (3 hours)		
080 Social and Behavioral Sciences (3 hours)	PSY 1300	PSYC 2301
General Education Core Curriculum (39 hours) refer to the undergraduate catalog for core curriculum options		
010 Communication (6 hours)	010 Course 010 Course	010 Course 010 Course
020 Mathematics (3 hours)	020 Course	020 course
030 Life and Physical Sciences (6 hours)	030 Course 030 Course	030 Course 030 Course
040 Language, Philosophy, and Culture (3 hours)	040 Course ^(WI)	040 Course
050 Creative Arts (3 hours)	050 Course	050 Course
060 American History (6 hours)	060 Course ^(WI) 060 Course ^(WI)	060 Course 060 Course
070 Government/Political Science (6 hours)	070 Course 070 Course	070 Course 070 Course
090 Component Area (6 hours)	090 Course 090 Course ^(WI)	090 Course 090 Course
Major (24 hours)		
Introduction to Recreation & Leisure Services	REC 1310*	PHED 1336*
Leadership in Recreation & Leisure Services	REC 2330	
Recreation Program Development	REC 2335*	
Directed Field Experience in Program Recreation	REC 2336*	
Recreation Administration	REC 3325*	
Evaluation of Leisure Service Programming	REC 3351 ^(WI)	
Theories and Methods of Supervision in Rec.	REC 4350	
Seminar in Recreation	REC 4380* ^(WI)	
Concentration (53 hours)		
Introduction to Therapeutic Recreation	REC 1370	
Planning Therapeutic Recreation Services	REC 2370	
Assessment & Documentation in Therapeutic Rec.	REC 3370	
Facilitation & Processing in Ther. Rec.	REC 3371	
Principles of Therapeutic Recreation	REC 4370	
Application of Evidence-Based Practice	REC 4371	
6 Hours of Recreation Electives	2 from REC 1330, 3340, 4330, or 4335	
Lifespan Development	PSY 3300	PSYC 2314
Psychopathology	PSY 3315	
Medical Terminology	HIM 2360	HITT 1305
Human Physiology & Anatomy	BIO 2430	BIOL 2404
9 Hours of NCTRC Electives	See 2 nd page for options ^(?)	SOCI 1301
Internship in Therapeutic Recreation	REC 4681	
1-Hour Open Elective	<i>Open electives may be needed to reach 120 total hours; see advisor prior to enrolling in elective coursework.</i>	
Comments		
<p>* Requires grade of 'C' or better † CC/JC may require 4-hour course with lab; lab is not required at TXST and will be considered an "open elective" towards your degree (WI) Writing Intensive; (?) option for Writing Intensive through course selection This degree program requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA to graduate. Students should avoid enrolling in more than 72 CC/JC hours without prior consultation with an academic advisor.</p>		

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The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2024, Spring 2025, and Summer 2025 semesters.

PRIORITY DUE TO SEQUENCING

Prioritize these courses in your schedule each semester



Summer offerings of REC courses are generally limited. Students are advised to prioritize REC courses in fall/spring semesters when possible.

ADDITIONAL REQUIRED COURSES

Use these courses to fill remaining space in your schedule each semester

Core Curriculum

- ___ 010
- ___ 010
- ___ 030
- ___ 030
- ___ 040 (WI)
- ___ 050
- ___ 060 (WI)
- ___ 060 (WI)
- ___ 070
- ___ 070
- ___ 090A
- ___ 090B (WI)

Major | Support

- ___ REC 2330 fall/spring
- ___ BIO 2430

NCTRC Electives

Select hours from (9 required):

- PSY 3312
- PSY 3313
- PSY 3350 (WI)
- ___ PSY 3361 (WI)
- ___ SOCI 1310
- ___ SOCI 3338
- ___ SOCI 3343
- ___ SOCI 3347
- ___ SOCI 3383
- ___ SOCI 3384
- ___ SPED 2360 fall/spring
- ___ SPED 3338 fall/spring
- ___ SPED 4344
- ___ SPED 4381 fall/spring
- ___ **ESS 3320**
- ___ **ESS 3329**

Elective

___ 1 hour elective (any level)

- US 1100
- Foreign Language Proficiency

GPA restricted (2.0 Texas State; 2.25 Major; 2.00 Overall) | * requires grade of 'C' or better | (WI) Writing Intensive

PURPLE: if planning to complete courses at a transfer institution, refer to the first page for transfer equivalency

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.