

Degree: Bachelor of Science | Major: Recreation Studies | Concentration: Recreational Therapy | 120 Hours

The degree requirements below are outlined in the 2024 Undergraduate Catalog and will remain valid through summer 2030.

Institutional Requirement (1-9 hours)	Texas State Catalog Degree Plan	Transfer Equivalency (TCCN)
University Seminar	US 1100	Waived for transfer students with 16+ hours.
Foreign Language Proficiency	Modern Language 1410 and 1420	Waived with 2 years of high school language credit <u>OR</u> complete Modern Language 1411 and 1412
Core Curriculum (42 hours); if a specific TCCN is not listed, transfer students can refer to core curriculum options at their current institution		
010 Communication (6 hours)	ENG 1310 ENG 1320	010 Course 010 Course
020 Mathematics (3 hours)	020 Course	020 course
030 Life and Physical Sciences (6 hours)	030 Course 030 Course	030 Course 030 Course
040 Language, Philosophy, and Culture (3 hours)	PHIL 1305 or 1320	040 Course
050 Creative Arts (3 hours)	ART or DAN or MU or TH 2313	050 Course
060 American History (6 hours)	HIST 1310 or 2327 or 2381 HIST 1320 or 2328 or 2382	HIST 1301 or 2327 or 2381 HIST 1302 or 2328 or 2382
070 Government/Political Science (6 hours)	POSI 2310 POSI 2320	GOVT 2306 GOVT 2305
080 Social and Behavioral Sciences (3 hours)	PSY 1300	PSYC 2301
090 Component Area (6 hours)	COMM 1310 ENG 2310-2371	090 Course 090 Course
Major (24 hours)		
Introduction to Recreation & Leisure Services	REC 1310*	PHED 1336*
Leadership in Recreation & Leisure Services	REC 2330	
Recreation Program Development	REC 2335*	
Directed Field Experience in Program Recreation	REC 2336*	
Recreation Administration	REC 3325*	
Evaluation of Leisure Service Programming	REC 3351	
Theories and Methods of Supervision in Recreation	REC 4350	
Seminar in Recreation	REC 4380*	
Concentration (52 hours)		
Introduction to Therapeutic Recreation	REC 1370	
Planning Therapeutic Recreation Services	REC 2370	
Assessment & Documentation in Therapeutic Rec.	REC 3370	
Facilitation & Processing in Therapeutic Recreation	REC 3371	
Principles of Therapeutic Recreation	REC 4370	
Application of Evidence-Based Practice in Ther. Rec.	REC 4371	
6 Hours of Recreation Electives	2 from REC 1330, 3340, 4330, or 4335	
Lifespan Development	PSY 3300	PSYC 2314
Psychopathology	PSY 3315	
Medical Terminology	HIM 2360	HITT 1305
Human Physiology & Anatomy	BIO 2430	BIOL 2404
9 Hours of NCTRC Electives	See 2 nd page for options	SOCI 1301
Internship in Therapeutic Recreation	REC 4681	
Support (1 Hour)		
1-Hour Open Elective	Open electives may be needed to reach 120 total hours; see advisor prior to enrolling in elective coursework.	

Comments

* Requires grade of 'C' or better

† CC/JC may require 4-hour course with lab; lab is not required at TXST and will be considered an "open elective" towards your degree

This degree program requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA to graduate.

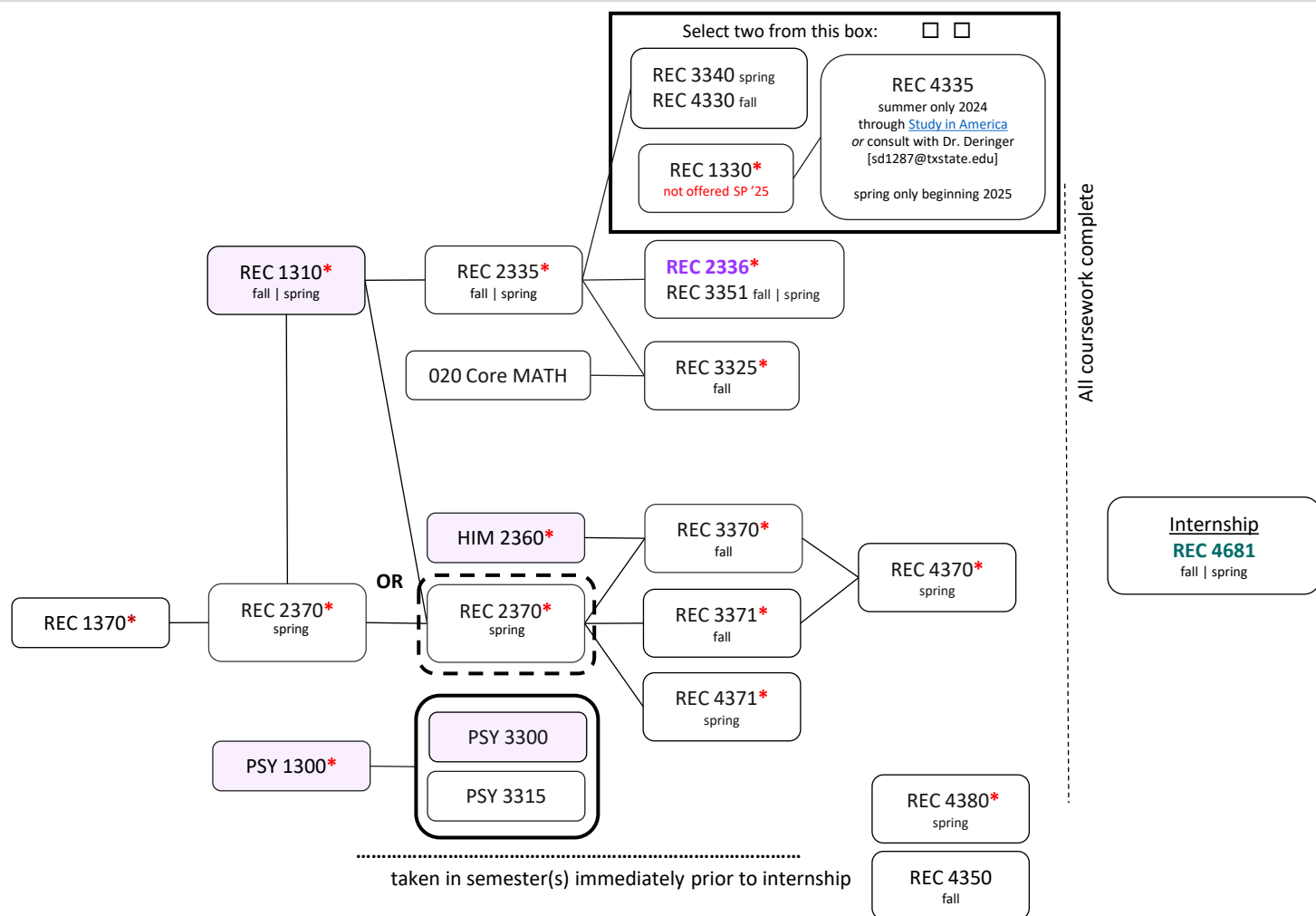
Students should avoid enrolling in more than 72 CC/JC hours without prior consultation with an academic advisor.

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The sequencing below reflects course prerequisites that are subject to change each academic year.
For use in planning Fall 2024, Spring 2025, and Summer 2025 semesters.

PRIORITY DUE TO SEQUENCING

Prioritize these courses in your schedule each semester



Summer offerings of REC courses are generally limited. Students are advised to prioritize REC courses in fall/spring semesters when possible.

ADDITIONAL REQUIRED COURSES

Use these courses to fill remaining space in your schedule each semester

Core Curriculum

___ 010
___ 010
___ 030
___ 030
___ 040
___ 050
___ 060
___ 060
___ 070
___ 070
___ 090A
___ 090B

Major | Support

___ REC 2330 fall/spring
___ BIO 2430

NCTRC Electives

Select three courses from:

___ PSY 3312
___ PSY 3313
___ PSY 3350
___ PSY 3361
___ SOCI 1310
___ SOCI 3338
___ SOCI 3343
___ SOCI 3347
___ SOCI 3383
___ SOCI 3384
___ SPED 2360 fall/spring
___ SPED 3338
___ SPED 4344
___ SPED 4381 fall/spring
___ **ESS 3320**
___ **ESS 3329**

Elective

___ 1 hour elective (any level)

☐ US 1100 ☐ Foreign Language Proficiency

GPA restricted (**2.0 Texas State**; **2.25 Major**; **2.00 Overall**) | * requires grade of 'C' or better

PURPLE: if planning to complete courses at a transfer institution, refer to the first page for transfer equivalency

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.