

STUDENT WELLBEING AND CONCERNING BEHAVIOR



RESOURCE GUIDE

The safety and well-being of our Bobcat community is of paramount concern for Texas State University.

As individual members of this community, we are often the first to recognize when a student may be exhibiting concerning behavior; experiencing a crisis or emergency; or struggling academically.

Our knowledge and timely responses can often make a significant difference in a student's collegiate journey.

This guide is intended to provide the campus community with resources and provide assistance for students who may be experiencing personal or academic challenges. Promoting self-care and student advocacy is essential to the well-being of our students.

TYPES OF BEHAVIORS FOR CONCERN

- Threats to harm self or others
- Sudden or extreme change in behavior
- Disclosure of suicidal ideation
- Excessive tardiness or absences
- Classroom disruptions
- Disclosure of sexual misconduct

The university utilizes an individualized, holistic approach to assessing student needs in respect to crisis, emergency, or behavior which has the potential to adversely impact the student's personal or academic goals or the campus community. If possible, talk to the student privately and convey your concern and willingness to help address the emergency, crisis or behavior.

When imminent danger is present, call 9-1-1 immediately.

WHO TO CONTACT

Dean of Students: (512) 245-2124
LBJ Student Center, Suite 5-9.1

Counseling Center: (512) 245-2208
LBJ Student Center, Rm. 5-4.1

University Health Services: (512) 245-2161
298 Student Center Drive

WHO TO CONTACT (24/7 SUPPORT)

University Police Department
Emergency: 9-1-1
Non-Emergency: (512) 245-2805

Timely Care
healthcenter.txst.edu/timelycare



The campus community is encouraged to use the Here to Help reporting system provided by the Dean of Students office. The form may be submitted by faculty, staff, students (including self-reporting) or others to report concerning behavior, for students experiencing academic, personal or transitional difficulties.

Scan the QR Code to go directly to the reporting form.

DIFFICULT CONVERSATIONS

There are multiple resources available to help faculty and staff talk with students who may be in distress.

Kognito At-Risk Training is an online, self-paced training for faculty and staff that will help you recognize signs of distress and learn ways to approach students to offer support and resources. It only takes 3 minutes to complete, and you can save your progress and return to it at your convenience.

Training available at txstate.kognito.com.

The Counseling Center Staff provides information and other consultation services to anyone in the campus community who has concerns about the well-being and/or behavior of others.

Contact the office at **(512) 245-2208** to speak with an on-call clinician or make an appointment.

ADDITIONAL RESOURCES

- The Office of Equal Opportunity and Title IX - (512) 245-2539 | equalopportunity@txstate.edu
- Office of Disability Services - (512) 245-3451 | ods@txstate.edu
- Department of Housing and Residential Life - (512) 245-4663 | reslife@txstate.edu
- New Student and Family Experiences - (512) 245-4FAM (4326) | parentsandfamily@txstate.edu
- Division of Student Success - (512) 245-2152 | vpss@txstate.edu
- Student Handbook - studenthandbook.txst.edu



STUDENT BEHAVIOR ASSESSMENT TEAM

The Student Behavior Assessment Team (SBAT) consults with university administration, faculty, and staff who have expressed concern about the behavior of a student who may be disruptive to the academic mission of the university or a danger to themselves or others.

The Associate Vice President for Student Success and Dean of Students serves as the chair of SBAT and can be contacted at (512)245-2124.

Learn more about SBAT at sbat.dos.txst.edu