



# Alliance of Researchers in Aging

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## What Is ARIA?

- The **Alliance of Researchers in Aging (ARIA)** supports **interdisciplinary research** on cognition, cognitive decline and dementia, mental health, care-giving, and physical, social, and spiritual wellbeing in later stages of the life course.
- ARIA is **committed to enhancing wellbeing** among older adults in Central Texas and beyond through research, education, and service through partnerships with community stakeholders.
- ARIA began in May 2019 with 12 TXST faculty members. Today, ARIA consists of 16 members, 6 affiliates, and 5 community partners:
  - Members represent 13 departments/schools and 5 laboratories in San Marcos and Round Rock.
- ARIA is currently led by **Executive Committee** comprising Chair, Associate Chair, Communications Coordinator, and Outreach Coordinator.

## Research



- ARIA members have had **34 funded grant submissions totaling over \$6,000,000** related to aging research:
  - 22 funded internal grants (\$209,650) and 12 funded external grants/contracts (\$5,809,041)
  - Funding agencies/partners include:
    - National Institutes of Health
    - National Science Foundation
    - National Heart, Lung, and Blood Institute
    - NeuroTrax, Inc.
    - McKnight Foundation for Neuroscience
    - Texas Department of Health and Human Services
    - Texas Physical Therapy Foundation
    - Little Tokyo Service Center (Admin. for Community Living)
- ARIA members have **over 300 journal articles, book chapters, and books** in a variety of high impact peer-reviewed publications including:
  - Science
  - Journal of Gerontology
  - Psychological Science
  - Cortex
  - Neuropsychology
  - Clinical Nursing Research
  - Innovation in Aging
  - Aging & Mental Health
  - Neuropsychologia
  - Journal of Health Psychology
  - Journal of Adult Development
  - Neurobiology of Aging

## Community Outreach

- Since 2019, ARIA has engaged in service outreach with community-based organizations in TX:
  - The Price Center
  - Solstice Senior Living Community
  - Wimberley Chamber of Commerce
  - San Marcos Activity Center
  - Capital City Village
  - Successfully Aging and Living in San Antonio
  - Wimberley Village Library
  - San Marcos Senior Citizens Expo
- “Healthy Aging” workshop series, The Price Center, San Marcos, TX
  - One workshop per semester: Fall 2023 (9/28/2023); Spring 2024 (2/16/2024); Fall 2024 (TBD)
- Presentation on Aging, Memory, and Sleep
  - Kissing Tree retirement community: 5/21/24



## Community Partners



Provider of services to support older adults in the Austin, TX area



Active adult retirement community in San Marcos, TX



Online senior community organizing social and lifelong learning events in Austin, TX



The Price Center Intergenerational community center in San Marcos, TX



Provider of services to support older adults in San Antonio, TX

## Future Endeavors

- TXST University Lecturer Series event, Fall 2024:
  - “Mechanisms of SuperAging,” Dr. Emily Rogalski, Professor and Director of the Healthy Aging and Alzheimer’s Research Care Center, University of Chicago (pending approval)
- Preparation of NIH P30 Center Core grant
  - Expected submission: 1/25/25
- Expansion of ARIA’s research participant database of adults ages 55+ for use by members
- Monthly meetings for members and affiliates to encourage collaborative research and grant proposals

## ARIA Executive Committee & Research Scholars

