

Meatless Monday

Taco Tuesday

World of Wednesday

Tasty Thursday

Fish Friday

# November 2024 Menu

**1**  
**B:** WGR Buttered Toast with Bananas  
**L:** WGR Breaded Fish Patty with Tator Tots  
 Steamed Peas and Carrots  
 Fresh Blueberries  
**S:** WG Saltine Crackers and Sun Butter Sandwich

**4**  
**B:** WGR Cereal and Pineapple Chunks  
**L:** Cheesy Quiche with WGR Biscuits  
 Steamed Lima Beans  
 Fresh Sliced Oranges  
**S:** WG Pretzels and Sliced Red Apples

**5**  
**B:** WGR French Toast Sticks and Sliced Peaches  
**L:** Ground Beef Tacos on WGR Tortillas  
 Roasted Cauliflower  
 Fresh Diced Honey Dew  
**S:** Applesauce and WG Graham Crackers

**6**  
**B:** WGR Cereal and Diced Mangos  
**L:** Chicken Chop Suey with WG Chow Mein Noodles  
 Stir Fry Vegetables  
 Fresh Blackberries  
**S:** WGR Wheat Crackers and Mozzarella Cheese Sticks

**7**  
**B:** WG Fall Muffin and Fresh Blueberries  
**L:** Roasted Herbed Pork Loin with WGR Dinner Roll  
 Scalloped Potatoes  
 Sliced Strawberries  
**S:** WGR Corn Chips and Salsa

**8**  
**B:** WG Cinnamon Raisin Bread and Bananas  
**L:** Baked Cajun Catfish with WGR Hush Puppies  
 Cali Mixed Vegetables  
 Fresh Diced Cantaloupe  
**S:** Goldfish and Yogurt Cups

**11**  
**B:** WGR Cereal and Warm Cinnamon Apples  
**L:** WG Cheese Pizza  
 Steamed Peas and Carrots  
 Sliced Strawberries  
**S:** WGR Oatmeal Ball and Fresh Blueberries

**12**  
**B:** WG Croissant and Diced Mangos  
**L:** Chicken Ranchero Tacos on WGR Corn Tortilla  
 Fiesta Corn  
 Fresh Diced Cantaloupe  
**S:** Hummus and WGR Pita Bread Chips

**13**  
**B:** WGR Cereal and Sliced Peaches  
**L:** Beef Stroganoff with Egg Noodles  
 Roasted Brussel Sprouts  
 Diced Pineapple  
**S:** Sliced Oranges and WG Graham Crackers

**14**  
**B:** WGR Bagels and Sliced Pears with Turkey Sausage Patty  
**L:** WG Popcorn Chicken with Bread Stick  
 Steamed Green Beans  
 Fresh Diced Watermelon  
**S:** Goldfish Crackers and Sliced Red Apples

**15**  
**B:** WG Sunrise Morning Muffin and Fresh Banana  
**L:** Tuna Casserole with WG Pasta  
 Roasted Asparagus  
 Fresh Honey Dew Melon  
**S:** Raspberry Apple Sauce and WG Ritz Crackers

**18**  
**B:** WGR Cereal and Diced Mango  
**L:** WW Pasta Primavera with Edamame and Lima Beans  
 Steamed Carrots  
 Sliced Green Apples  
**S:** WG Graham Crackers and Sun Butter Sandwich

**19**  
**B:** WGR Buttered Toast and Diced Pineapple  
**L:** Carne Guisada on WGR Tortillas  
 Steamed Green Peas  
 Diced Cantaloupe  
**S:** WG Corn Chips and (Non-Vegetarian) Bean Dip

**20**  
**B:** WGR Cereal and Sliced Peaches  
**L:** Pork Verde with WGR Brown Rice and Black Beans  
 Cali Mixed Vegetables  
 Fresh Sliced Oranges  
**S:** WG Coconut Lime Muffins and Fresh Red Apples

**21**  
**B:** WG Pork Cheesy Sausage Morning Roll and Fresh Blackberries  
**L:** Glazed Turkey Meatloaf with WGR Dinner Roll  
 Roasted Squash  
 Fresh Blueberries  
**S:** WG Animal Crackers and Fresh Pears

**22**  
**B:** WGR Pancakes and Fresh Banana  
**L:** Baked Lemon Pepper Salmon Filet with WGR Quinoa  
 Steamed Veggie Medley  
 Diced Watermelon  
**S:** WG Trail Mix with Pretzels and Dried Fruit (added Coconut and Sunflower Seeds)

**25**  
**B:** WGR Cereal and Sliced Pears  
**L:** Grilled Cheese Sandwich on WGR Bread  
 Steamed Broccoli  
 Fresh Blueberries  
**S:** WG Saltine Crackers and Sliced Red Apples

**26**  
**B:** WGR Waffles and Peaches  
**L:** Beef Picadillo on WGR Tortillas  
 Mixed Veggies  
 Diced Pineapple  
**S:** Yogurt with WG Graham Crackers

**27**  
**B:** WGR Cereal and Mangos  
**L:** Turkey and Provolone Sandwich on WGR Bread  
 Sweet Potato Tots  
 Sliced Green Apples  
**The CDC Closes at 12:30pm**

**28**

**29**

**CDC Closed for Thanksgiving**

WW=Whole Wheat, WG=Whole Grain, WGR=Whole Grain Rich Milk is served for breakfast and lunch. Water is offered during every meal.