

Meatless Monday	Taco Tuesday	World of Wednesday	Tasty Thursday	Fish Friday
<h1>January 2025 Menu</h1>		<h2>CDC Closed for Winter Break</h2>		
6	7	8	9	10
The CDC will be Closed for Safety Training	The CDC will be Closed for Professional Development	<b>B: WGR</b> Cereal and Diced Mangos <b>L:</b> Chicken Chop Suey with <b>WG</b> Chow Mein Noodles Stir Fry Vegetables Fresh Blackberries <b>S: WGR</b> Wheat Crackers and Mozzarella Cheese Sticks	<b>B: WGR</b> French Toast Sticks and Fresh Blueberries <b>L:</b> Beef Meat Sauce with <b>WW</b> Pasta Steamed Corn Sliced Strawberries <b>S: WGR</b> Corn Chips and Salsa	<b>B: WG</b> Cinnamon Raisin Bread and Bananas <b>L:</b> Baked Cajun Catfish with <b>WGR</b> Hush Puppies Cali Mixed Vegetables Fresh Diced Cantaloupe <b>S: Goldfish</b> and Yogurt Cups
13	14	15	16	17
<b>B: WGR</b> Cereal and Warm Cinnamon Apples <b>L: WG</b> Cheese Pizza Steamed Peas and Carrots Sliced Strawberries <b>S: WGR</b> Oatmeal Ball and Pears	<b>B: WG</b> Croissant and Diced Mangos <b>L:</b> Chicken Ranchero Tacos on <b>WGR</b> Corn Tortilla Fiesta Corn Fresh Mixed Fruit <b>S: Hummus</b> and <b>WGR</b> Pita Bread Chips	<b>B: WGR</b> Cereal and Sliced Peaches <b>L: Beef</b> Stroganoff with Egg Noodles Roasted Brussel Sprouts Diced Pineapple <b>S: Fresh</b> Sliced Oranges and <b>WG</b> Graham Crackers	<b>B: WGR</b> Bagels and Blackberries <b>L: WG</b> Popcorn Chicken with Bread Stick Steamed Green Beans Fresh Diced Watermelon <b>S: Goldfish</b> Crackers and Sliced Red Apples	<b>B: WG</b> Orange Cranberry Muffin and Fresh Banana <b>L: Tuna</b> Casserole with <b>WG</b> Pasta Roasted Asparagus Fresh Honey Dew Melon <b>S: Raspberry</b> Apple Sauce and <b>WG</b> Ritz Crackers
20	21	22	23	24
CDC will be Closed in Honor of MLK	<b>B: WGR</b> Buttered Toast and Diced Pineapple <b>L: Carne</b> Guisada on <b>WGR</b> Tortillas Steamed Green Peas Diced Cantaloupe <b>S: WG</b> Corn Chips and (Vegetarian) Bean Dip	<b>B: WGR</b> Cereal and Sliced Peaches <b>L: Pork</b> Verde with <b>WGR</b> Brown Rice and Black Beans Cali Mixed Vegetables Fresh Sliced Oranges <b>S: WG</b> Coconut Lime Muffins and Fresh Red Apples	<b>B: WG</b> Pork Cheesy Sausage Morning Roll and Fresh Blueberries <b>L: WGR</b> Turkey Confetti Pasta with Roasted Squash Diced Mangos <b>S: WG</b> Animal Crackers and Fresh Pears	<b>B: WGR</b> Pancakes and Fresh Banana <b>L: Baked</b> Lemon Pepper Salmon Filet with <b>WGR</b> Quinoa Veggie Medley Diced Watermelon <b>S: WG</b> Trail Mix with Pretzels and Dried Fruit (added Coconut and Sunflower Seeds)
27	28	29	30	31
<b>B: WGR</b> Cereal and Sliced Pears <b>L: Grilled</b> Cheese Sandwich on <b>WGR</b> Bread Steamed Broccoli Fresh Strawberries <b>S: WG</b> Saltine Crackers and Sliced Red Apples	<b>B: WGR</b> Waffles and Peaches <b>L: Beef</b> Picadillo on <b>WGR</b> Tortillas Mixed Veggies Diced Pineapple <b>S: Yogurt</b> with Goldfish Crackers	<b>B: WGR</b> Cereal and Mangos <b>L: Turkey</b> White Bean Chili <b>WG</b> Cornbread Green Beans Sliced Green Apples <b>S: WG</b> Pretzels and Fresh Sliced Oranges	<b>B: WGR</b> Oatmeal and Blackberries <b>L: Herb</b> Roasted Chicken with <b>WGR</b> Wild Rice Steamed Carrots Fresh Honey Dew Melon <b>S: WGR</b> Wheat Crackers and Cheese Cubes	<b>B: WGR</b> Buttered Toast with Bananas <b>L: WGR</b> Breaded Fish Patty with Tator Tots Steamed Peas Fresh Blueberries <b>S: WG</b> Graham Crackers and Sun Butter Sandwich

WW=Whole Wheat, WG=Whole Grain, WGR=Whole Grain Rich Milk is served for breakfast and lunch. Water is offered during every meal.