

Meatless Monday	Taco Tuesday	World of Wednesday	Tasty Thursday	Fish Friday
<b>3</b> <b>B:</b> WGR Cereal and Peaches <b>L:</b> Vegetarian Tofu Biryani with WGR Quinoa Roasted Squash Medley Red Apple Slices <b>S:</b> WGR Corn Chips with Vegetarian Bean Dip	<b>4</b> <b>B:</b> WGR Waffles and Diced Mango <b>L:</b> Carne Guisada WGR Tortillas Steamed Green Beans Fresh Orange Slices <b>S:</b> WG Ritz Crackers and Yogurt Cups	<b>5</b> <b>B:</b> WGR Cereal and Sliced Peaches <b>L:</b> One Pot Jambalaya with Chicken, Beef, and Pork Sausage WGR Brown Rice Roasted Cauliflower Fresh Diced Honey Dew Melon <b>S:</b> WGR Bagels, Sliced Pears and Cream Cheese	<b>6</b> <b>B:</b> WGR French Toast Sticks and Diced Pineapple <b>L:</b> Ground Beef Cheesy Nachos with WGR Tortilla Chips Steamed Mixed Vegetables Fresh Strawberries <b>S:</b> WG Pretzels and Cheese Cubes	<b>7</b> <b>B:</b> WGR Pancakes and Fresh Bananas <b>L:</b> Baked Fish Scandia with WGR Pasta Steamed Green Peas Fresh Blueberries <b>S:</b> WG Saltine Crackers and Strawberry Applesauce
<b>10</b> <b>B:</b> WGR Cereal and Fresh Blackberries <b>L:</b> Vegetarian Chili Beans with WG Cornbread Steamed Herbed Broccoli Warm Cinnamon Apples <b>S:</b> WG Animal Crackers and Fresh Orange Slices	<b>11</b> <b>B:</b> WG Pork Cheesy Sausage Morning Roll and Pineapple Chunks <b>L:</b> Green Chicken on WGR Tortillas Roasted Cauliflower Sliced Peaches <b>S:</b> WG Graham Crackers and Raisins	<b>12</b> <b>B:</b> WGR Cereal and Diced Mangos <b>L:</b> Beef with WG Lo Mein Noodles Vegetable Stir Fry Fresh Cantaloupe <b>S:</b> WG Banana Muffin and Fresh Sliced Green Apples	<b>13</b> <b>B:</b> WGR Buttered Toast and Sliced Strawberries <b>L:</b> Grilled Chicken Strips with Mac and Cheese Steamed Lima Beans Fresh Blueberries <b>S:</b> WG Rice Cakes and Yogurt Cups	<b>14</b> <b>B:</b> WGR Oatmeal and Bananas <b>L:</b> Baked Salmon with WGR Dinner Roll Roasted Brussel Sprouts Fresh Diced Watermelon <b>S:</b> WG Ritz Crackers and Sliced Pears
<b>17</b> <b>B:</b> WGR Cereal and Diced Mangos <b>L:</b> Baked Cheesy WGR Pasta Steamed Peas and Carrots Fresh Orange Slices <b>S:</b> WG Pretzel and Sliced Red Apples	<b>18</b> <b>B:</b> WGR Croissant and Sliced Peaches <b>L:</b> Beef & Pork Sausage with WGR Tortilla Fiesta Corn Fresh Diced Honey Dew Melon <b>S:</b> WGR Pita Chips and Hummus	<b>19</b> <b>B:</b> WGR Cereal and Fresh Blueberries <b>L:</b> Pesto Chicken with WGR Brown Rice Cucumber Salad Sliced Watermelon <b>S:</b> WG Graham Crackers and Applesauce	<b>20</b> <b>B:</b> WGR Pancakes and Diced Pineapple <b>L:</b> WW Ham and Cheese Wrap Sweet Potato Tots Fresh Strawberries <b>S:</b> Goldfish Crackers and Fresh Sliced Pears	<b>21</b> <b>B:</b> WG Cinnamon Raisin Bread and Bananas <b>L:</b> Fish Sticks with WG Cheddar Biscuit Cali Blend Mixed Vegetables Fresh Berry Mix <b>S:</b> WGR Oatmeal Ball and Fresh Green Apples
<b>24</b> <b>B:</b> WGR Cereal and Sliced Red Apples <b>L:</b> WW Broccoli Cheese Pasta Bake Steamed Corn Fresh Blueberries <b>S:</b> WG Ritz Crackers and Carrot Sticks with Ranch Dressing	<b>25</b> <b>B:</b> WGR Biscuit and Diced Mangos <b>L:</b> Ground Turkey Taco on WGR Tortilla Steamed Mixed Vegetables Diced Pineapple <b>S:</b> WG Pretzels and Sliced Pears	<b>26</b> <b>B:</b> WGR Cereal and Sliced Peaches <b>L:</b> Sweet and Sour WGR Chicken with WGR Chow Mien Noodles Sauteed Cabbage Fresh Cantaloupe <b>S:</b> WG Blueberry Muffins and Fresh Orange Slices	<b>27</b> <b>B:</b> WGR Oatmeal and Fresh Blackberries <b>L:</b> Beef and Pork Meatballs with WGR Pasta Steamed Green Beans Fresh Strawberries <b>S:</b> WGR Wheat Thins and Mozzarella Cheese Sticks	<b>28</b> <b>B:</b> WGR Waffles and Bananas <b>L:</b> Cajun Catfish WGR Hushpuppies Roasted Asparagus Sliced Watermelon <b>S:</b> WG Saltine Crackers and Green Apples



# CDC February Menu 2025



WW=Whole Wheat, WG=Whole Grain, WGR=Whole Grain Rich Milk is served for breakfast and lunch. Water is offered during every meal.