

College of Education Advising Center Coaching Minor Sequencing Checksheet

NOTE: In addition to successful completion of all listed courses, students must satisfy GPA and residency requirements to graduate. Students should use the newest sequencing checksheet for their catalog since academic policies and course prerequisites are subject to change each year.

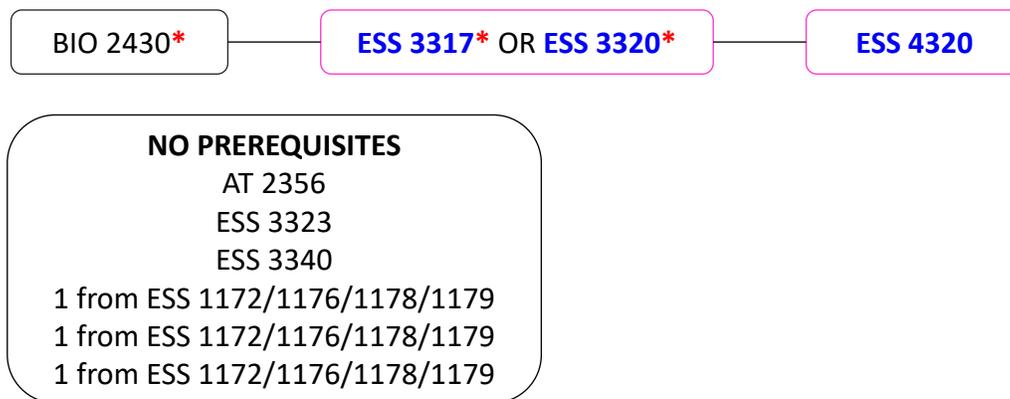
For descriptions of these courses, visit the Undergraduate Catalog online using the hyperlinks below:

[Exercise Sports Science](#) (ESS) and [Athletic Training](#) (AT)

REQUIRED COURSES

| | |
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| <input type="checkbox"/> AT 2356 | Prevention and Care of Athletic Injuries [<i>TCCN KINE 2356</i>] |
| <input type="checkbox"/> BIO 2430* | Human Physiology and Anatomy [<i>TCCN BIOL 2404</i>] |
| <input type="checkbox"/> ESS 3317* or ESS 3320* | Exercise Physiology or Biomechanics |
| <input type="checkbox"/> ESS 3323 | Psychosocial Aspects of Exercise and Sports Science |
| <input type="checkbox"/> ESS 3340 | Theory and Principles of Coaching |
| <input type="checkbox"/> ESS 4320 | Resistance Training and Conditioning |
| | |
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Select 3 from: | |
| ESS 1172 | Field Sports |
| ESS 1176 | Tennis, Badminton, and Other Racket Sports |
| ESS 1178 | Volleyball and Basketball |
| ESS 1179 | Weight Training |

PREREQUISITE SEQUENCING



NOTE REGARDING REGISTRATION

Enrollment in the following courses requires a corequisite or completion of ESS 3317/ESS 3117 with grades of 'C' or better as prerequisite. Coaching minors are *not* held to meeting this requirement; however, minors will be held to the prerequisite sequence above and a 2.0 Overall GPA for enrollment. Students should plan to contact the College of Education Advising Center (512.245.3050) prior to registration for these courses to request the appropriate override(s) if needed:

- ESS 3317
- ESS 4320