

**Degree:** Bachelor of Science | **Major:** Recreation and Sport Management | **Concentration:** Recreational Therapy | **120 Hours**

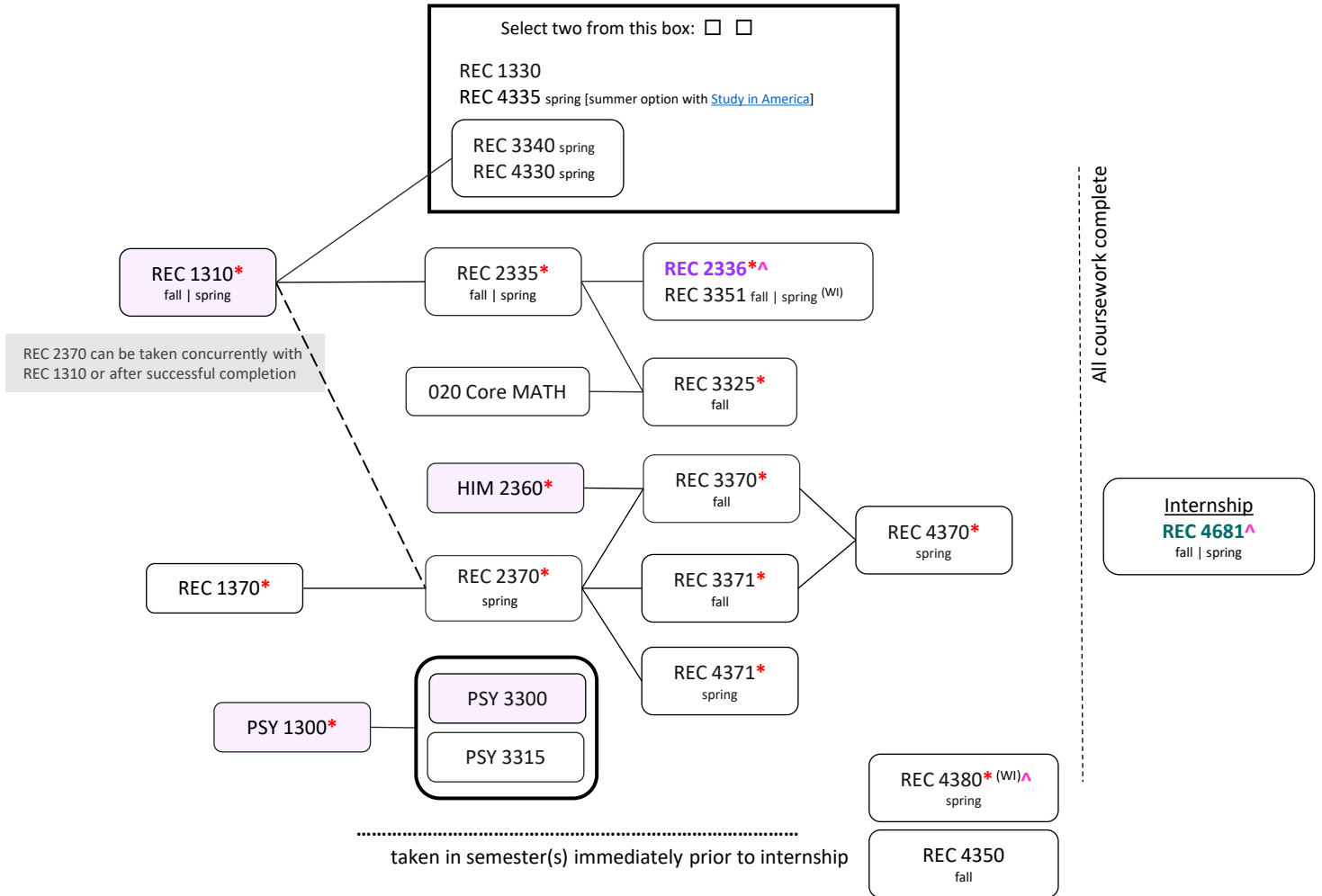
The degree requirements below are outlined in the 2025 Undergraduate Catalog and will remain valid through summer 2031.

Institutional Requirement (1+ hours)	Texas State Catalog Degree Plan	Transfer Equivalency (TCCN)
<b>University Seminar</b>	US 1100	Waived for transfer students with 16+ hours.
<b>Foreign Language Proficiency</b>	<i>Consult with TXST advisor to determine if coursework is required</i>	
<b>Program-Specific Core Curriculum (3 hours)</b>		
<b>080 Social and Behavioral Sciences (3 hours)</b>	PSY 1300	PSYC 2301
<b>General Education Core Curriculum (39 hours)</b> refer to the undergraduate catalog for <a href="#">core curriculum options</a>		
<b>010 Communication (6 hours)</b>	010 Course 010 Course	010 Course 010 Course
<b>020 Mathematics (3 hours)</b>	020 Course	020 course
<b>030 Life and Physical Sciences (6 hours)</b>	030 Course 030 Course	030 Course 030 Course
<b>040 Language, Philosophy, and Culture (3 hours)</b>	040 Course <sup>(WI)</sup>	040 Course
<b>050 Creative Arts (3 hours)</b>	050 Course	050 Course
<b>060 American History (6 hours)</b>	060 Course <sup>(WI)</sup> 060 Course <sup>(WI)</sup>	060 Course 060 Course
<b>070 Government/Political Science (6 hours)</b>	070 Course 070 Course	070 Course 070 Course
<b>090 Component Area (6 hours)</b>	090 Course 090 Course <sup>(WI)</sup>	090 Course 090 Course
<b>Major (24 hours)</b>		
Introduction to Rec. and Sport Management	REC 1310*	PHED 1336*
Leadership in Recreation and Sport Services	REC 2330	
Recreation and Sport Program Development	REC 2335*	
Field Experience in Rec. and Sport Programming	REC 2336*	
Recreation & Sport Administration & Management	REC 3325*	
Evaluation of Recreation and Sport Programs	REC 3351 <sup>(WI)</sup>	
Employee Supervision in Rec. and Sports Management	REC 4350	
Seminar in Recreation and Sports Trends and Issues	REC 4380* <sup>(WI)</sup>	
<b>Concentration (53 hours)</b>		
Human Physiology & Anatomy	BIO 2430	BIOL 2404
Medical Terminology	HIM 2360	HITT 1305
Lifespan Development	PSY 3300	PSYC 2314
Psychopathology	PSY 3315	
Introduction to Recreational Therapy	REC 1370	
Planning Recreational Therapy Services	REC 2370	
Assessment & Documentation in Recreational Therapy	REC 3370	
Facilitation & Processing in Recreational Therapy	REC 3371	
Principles of Recreational Therapy	REC 4370	
Application of Evidence-Based Practice in Rec. Therapy	REC 4371	
Internship in Recreational Therapy	REC 4681	
6 Hours of Recreation Electives	2 from REC 1330, 3340, 4330, or 4335	
9 Hours of NCTRC Electives	See 2 <sup>nd</sup> page for options <sup>(?)</sup>	SOCI 1301
1-Hour Open Elective	<i>Open electives may be needed to reach 120 total hours; see advisor prior to enrolling in electives</i>	
<b>Comments</b>		
<p>* Requires grade of 'C' or better</p> <p>† CC/JC may require 4-hour course with lab; lab is not required at TXST and will be considered an "open elective" towards your degree</p> <p>(WI) Writing Intensive; (?) option for Writing Intensive through course selection</p> <p>This degree program requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA to graduate.</p> <p>Students should avoid enrolling in more than 72 CC/JC hours without prior consultation with an academic advisor.</p>		

The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2025, Spring 2026, and Summer 2026 semesters.

### PRIORITY DUE TO SEQUENCING

Prioritize these courses in your schedule each semester



Summer offerings of REC courses are generally limited. Students are advised to prioritize REC courses in fall/spring semesters when possible.

### ADDITIONAL REQUIRED COURSES

Use these courses to fill remaining space in your schedule each semester

**Core Curriculum**

- \_\_\_ 010
- \_\_\_ 010
- \_\_\_ 030
- \_\_\_ 030
- \_\_\_ 040 (WI)
- \_\_\_ 050
- \_\_\_ 060 (WI)
- \_\_\_ 060 (WI)
- \_\_\_ 070
- \_\_\_ 070
- \_\_\_ 090A
- \_\_\_ 090B (WI)

**Major | Support**

- \_\_\_ REC 2330 fall/spring
- \_\_\_ BIO 2430

**NCTRC Electives**

Select  hours from (9 required):

- PSY 3312
- PSY 3313
- PSY 3350 (WI)
- PSY 3361 (WI)
- SOCI 1310
- SOCI 3338
- SOCI 3343
- SOCI 3347
- SOCI 3383
- SOCI 3384
- SPED 2360 fall/spring
- SPED 3338 fall/spring
- SPED 4344
- SPED 4381 fall/spring
- ESS 3320**
- ESS 3329**

**Elective**

\_\_\_ 1 hour elective (any level)

- US 1100
- Foreign Language Proficiency

GPA restricted (2.0 Texas State; 2.25 Major; 2.00 Overall) | \* requires grade of 'C' or better | (WI) Writing Intensive | ^ Instructor/Departmental Approval

**PURPLE:** if planning to complete courses at a transfer institution, refer to the first page for transfer equivalency

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.