

MARKET YOUR EXPERIENCE

STUDENT ATHLETE

Let's talk about your Student Athlete experience

Being a student-athlete has allowed you to merge your commitment to academic excellence with your passion for your sport. This has not only allowed you to balance the demands of your courses and competitive sport but also cultivated skills, qualities, and character traits that can be directly translated to any job.

Sample action verbs

Action verbs highlight the task you've completed and make your statements stand out.

When you supported students:

Advised, Informed, Educated, Recommended

When you managed a team:

Facilitated, Mentored, Cultivated, Guided

When you changed or improved something:

Developed, Restructured, Updated, Integrated, Redesigned, Strengthened

When you increased efficiency or productivity:

Enhanced, Maximized, Improved, Advanced

When you led a project:

Coordinated, Executed, Delegated, Programmed, Organized, Operated

When you envisioned and brought a project to life:

Developed, Established, Implemented, Formulated, Initiated, Charted

Skills gained

- Teamwork
- Communication
- Leadership
- Multitasking
- Collaboration
- Conflict resolution
- Goal setting
- Time management
- Critical thinking
- Accountability
- Self-confidence
- Active listening

Sample action statements

- Balanced a demanding academic schedule along with dedicating # hours per week to athletic games, practices, training, and travel
- Mentored incoming class of teammates on adapting to campus life by providing guidance and support throughout their first year, focusing on [areas where you helped teammates]
- Adapted to changing game strategies, opponent tactics, and environmental conditions, demonstrating flexibility
- Collaborated with teammates to achieve common goals, contributing to a positive team dynamic and fostering a supportive team environment

Resume resources

- Attend resume-building events that we hold each semester
- Find resume building resources on our website or Handshake Career Center page
- Bring your resume to our Drop-in Hours, if you're just getting started or need a quick review
- Login to Handshake to schedule an appointment for an in-depth resume review
- Utilize LinkedIn Learning for free - just use your TXST email
- Submit your resume to our online resume review portal

Become career ready

Career Readiness is a key to ensuring successful entrance into the workforce. Be ready for your future job through these skill competency areas:

- Advocacy & Compassion
- Career & Self Development
- Communication
- Critical Thinking
- Leadership
- Professionalism
- Teamwork
- Technology

Connect with Career Services

You're not alone on your career journey. Career Services at Texas State is here to help you as you explore your career options, grow your network, job seek, apply to jobs, and continue to grow as a Bobcat professional.

You can stop by the Career Services office for Drop-in Hours, Monday through Friday, between 10 a.m. and 3 p.m. to get quick answers to your career questions.

Visit our website to explore our many free services, available to both students and alumni.



Potential interview responses

Student leadership provides preparation for the professional world upon graduation. Your experience as a student athlete has allowed not only for personal growth, but a strong foundation for success in any professional role you seek out. Applying your experience in your interview responses will set you apart with your unique responses.

Describe a time where you were faced with a difficult person/situation. How did you approach it, and what steps did you take to find a solution?

- Skills to Highlight: Critical Thinking
 - An example of this could be challenging situations with teammates. How did you approach this situation and work to resolve it? Focus on your approach, emphasizing on strategies you used to remain calm, composed, and focused. Throughout your response, highlight any relevant skills you demonstrated during the situation and how this positively impacted team morale and overall performance.

Can you share an example from your past experience where you demonstrated professionalism in a mentoring or leadership role?

- Skills to Highlight: Professionalism
 - Leadership is not limited to a formal position. Anyone can demonstrate traits of a leader that can positively impact the teams overall motivation. When answering, focus on what skills you demonstrated such as conflict management, communication, problem solving, and emotional intelligence. How did these skills impact the situation?

Check out all of our guides in the Market Your Experience series. We offer guides for Residence Assistants, Executive Board members, SLAC workers, Study Abroad participants, Fraternity and Sorority Life members, Orientation Leaders, On-Campus Student Employees, Bobcat Build participants, Student Athletes, and Peer Mentors

TEXAS STATE CAREER SERVICES

(512) 245-2645 | LBJSC 502
careerservices.txst.edu