

Meatless Monday	Taco Tuesday	World of Wednesday	Tasty Thursday	Finger Food Friday
		CDC Menu November 2025		
3 B: WGR Cereal and Fresh Blueberries L: WG Rice and Beans Spinach Salad Fresh Strawberries S: WG Animal Crackers and Milk	4 B: WGR French Toast Sticks and Pineapple Chunks L: Cheesy Chicken Quesadilla on WGR Tortillas Roasted Broccoli Mixed Fruit S: WGR Cereal and Milk	5 B: WGR Cereal and Diced Mangos L: Beef Fried WG Brown Rice Steamed peas and carrots Sliced Pears S: Graham Cracker and Sun Butter Sandwich and Milk	6 B: WGR Buttered Toast and Sliced Peaches L: Pork and Beef Meatballs in Tomato Sauce WG Bread Sticks Steamed Asparagus Tips Orange slices S: WG Pita Chips and Hummus	7 B: WW Bagel and Blueberries L: WGR Turkey and Cheese Sandwich Sliced Cucumbers with Ranch Dressing Fresh Diced Cantaloupe S: WG Goldfish and Mozzarella Stick
10 B: WGR Cereal and Diced Mangos L: Grilled Cheese Sandwich on WW Bread Tossed Salad Fresh Sliced Green Apples S: WG Blueberry Muffins and Milk	11 B: WW Waffles and Applesauce L: Chicken Fajita on WGR Tortilla Steamed Squash Diced Honey Dew Melon S: WG Ritz Crackers and Sliced Turkey	12 B: WGR Cereal and Mixed Fruit L: WGR Penne Pasta and Beef Sauce Steamed Green Beans Mixed Fruit S: WG Corn Chips and (Non-Vegetarian) Bean Dip	13 B: WGR Pancakes and Diced Pineapple L: Baked Cajun Catfish Cheddar Biscuits Steamed Peas Fresh Strawberries S: Graham crackers and Yogurt Cups	14 B: Biscuits and Bananas L: WGR Popcorn Chicken Zucchini Fries Fresh Berry Mix S: WG Cinnamon Raisin Bread and Sun butter Sandwich
17 B: WGR Cereal and Dried Fruit Blend L: WG Cheese Pizza Green Beans Fresh Blueberries S: WGR Tortilla Chips with Salsa	18 B: Cheese Omelet and Diced Mangos L: Ground Turkey Taco on WGR Tortilla Steamed Mixed Vegetables Mixed Fruit S: Animal Crackers and Milk	19 B: WGR Cereal and Sliced Pears L: Baked Catfish WGR Brown Rice Steamed Broccoli Orange Slices S: Cheese Cubes and WGR Wheat Thins	20 B: WGR French Toast Sticks and Applesauce L: Beef Picadillo WG Brown Rice Steamed Green Peas Diced Cantaloupe S: Animal Crackers and Milk	21 B: WGR Morning Sausage Roll and Strawberries L: Fish Sticks and Hushpuppies Sweet Potato Tots Sliced Watermelon S: WG Pretzels and Cheese Cubes
24 B: WGR Cereal and Bananas L: Vegetarian Bean Chili Cornbread Roasted Cauliflower Fresh Blackberries S: Sun Butter on WGR Raisin Bread	25 B: WGR Cream of Wheat and Pears L: Beef Sausage on WGR Tortillas Steamed Cauliflower Berry Mix S: Graham Crackers and Dried Fruit	26 B: WGR Cereal and Mixed Fruit L: Baked Chicken WW Macaroni and Cheese Green Beans Fruit Salad CDC will close at 12:30*	27 CDC Closed 	28 CDC Closed for Family Time, Leftovers, Football and Shopping!

WW=Whole Wheat, WG=Whole Grain, WGR=Whole Grain Rich Milk is served for breakfast and lunch. Water is offered during every meal. *This Institution is an Equal Opportunity Provider