

Meatless Monday	Tuesday	Wednesday	Thursday	Finger Food Friday
2 B: WGR Cereal and Blueberries L: Vegetarian Chili Beans WG Cornbread Roasted Squash Medley Red Apple Slices S: WG Corn Chips with Salsa	3 B: WGR French Toast Sticks and Diced Mango L: Carne Guisada WGR Brown Rice Steamed Green Peas Mixed Fruit S: WW Raisin Bread and Sun Butter Sandwich	4 B: WGR Cereal and Sliced Pears L: BBQ Chicken Leg WW Dinner Roll Steamed Broccoli with Cheese Sauce Green Apple Slices S: WG Graham Crackers and Yogurt Cups	5 B: Cheesy Omelet and Diced Pineapple L: Ground Beef Cheesy Nachos with WGR Tortilla Chips Steamed Mixed Vegetables Sliced Strawberries S: WGR Ritz Crackers and Cheese Cubes	6 B: WGR Waffles and Fresh Blackberries L: Tuna Salad Sandwich with WG Saltine Crackers Carrot Sticks Bananas S: Trail Mix (WG Pretzels and Dried Fruit)
9 B: WGR Cereal and Green Apple Slices L: WG Cheese Pizza Creamed Spinach Fruit Cocktail S: WG Animal Crackers and Milk	10 B: WW Toasted Raisin Bread Cinnamon Applesauce L: Fish Tacos on WW Tortillas Coleslaw Mandarin Oranges S: WGR Oatmeal Balls (Oats, Sun Butter, Dried Fruit) and Carrot Sticks	11 B: WGR Cereal and Diced Mangos L: Grilled Chicken Strips with WG Mac and Cheese Steamed Lima Beans Fresh Blueberries S: WG Graham Crackers and Raisins	12 B: Toasted WW Bagels and Sliced Strawberries L: Beef with WG Lo Mein Noodles Vegetable Stir Fry Sliced Peaches S: Yogurt Cups and WGR Granola	13 B: WGR Biscuits and Warm Cinnamon Apples L: WGR Popcorn Chicken Baked Zucchini Fries Fresh Mixed Fruit Salad S: Goldfish and Colby Cheese Cubes
16 B: WGR Cereal and Bananas L: WW Baked Cheesy Pasta Steamed Green Beans Orange Slices S: WG Orange Cranberry Muffins and Cream Cheese	17 B: WGR Croissant and Sliced Peaches L: Beef Sloppy Joe Sliders on WW Dinner Rolls Cheesy Scalloped Potatoes Fresh Green Apple Slices S: WGR Wheat Thins and Mozzarella Cheese Sticks	18 B: WGR Cereal and Blueberries L: Baked Chicken Strips WG Mac and Cheese Roasted Asparagus Fresh Sliced Pears S: WGR Ritz Crackers and Applesauce	19 B: WGR Pancakes and Diced Pineapple L: Ground Turkey Chili with Beans and WGR Cornbread Steamed Carrots Sliced Strawberries S: Goldfish Crackers and Milk	20 B: WGR French Toast Sticks and Diced Mangos L: Beef and Pork Sausage on WW Sliced Bread Oven Baked Fries Fresh Berry Mix S: WW Tortilla Cheesy Roll-Up
23 B: WGR Cereal and Bananas L: Sun Butter on WW Raisin Bread Sandwiches Carrot Coins Fresh Blueberries S: WGR Triscuits and Sliced Cheese	24 B: WGR Waffles and Applesauce L: Chicken, Broccoli, WGR Cheesy Rice Casserole Steamed Mixed Vegetables Diced Pineapple S: Trail Mix (WGR Pretzels and Dried Fruit)	25 B: WGR Cereal and Sliced Peaches L: Beef and Pork Meatballs with WW Pasta and Tomato Sauce Steamed Green Peas Mandarin Oranges S: WGR Tortilla Chips and Spinach Dip	26 B: Cheesy Omelet and Hashbrown L: Baked Tilapia WGR Hushpuppies Steamed Asparagus Fresh Pear Slices S: WG Applesauce Muffins and Cream Cheese	27 B: WW Bagels and Orange Slices L: BBQ Chicken Legs WW Dinner Roll Sweet Potato Tots Sliced Strawberries S: Yogurt Cups and WGR Granola



CDC Menu

February 2026

