

# Teambuilding Activities

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**TJCTC Programs are an educational endeavor of the Justices of the Peace and Constable's Association of Texas, Inc. and funded by the Texas Court of Criminal Appeals.**

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# Working Together!

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## Agenda

- Why teambuilding activities are important
- We will work together to complete teambuilding activities in the class
- Take your favorites back to your county so you can work “Together” to build your own “Team” at your office!

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# Icebreaker!

## “Rock, Paper, Scissors” Tournament of Champions!

- Each table must create their own 3-word chant.
- At your table, play “Rock, Paper, Scissors” one game at a time.
- Defeated player joins winner’s team by standing behind them and cheering winning team chant!
- Once your table has a winner, you all get up to find another table winner to play while continuing team chant.
- Should end with one workshop winner!

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## Why Are Teambuilding Activities Important?

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# Teambuilding Goals:

- Bonding with Teammates
- Making People Feel Safe To Share Issues and Solutions
- Communication and Evaluating

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## Self-Reflection Activity

- Think of 1 thing you or your office did well in the past month and whether there are actions to maintain or increase that.
- Think of 1 thing you or your office did not do well and think of an action or suggestion to help address the issue.
- Would debriefing help your office? How often would you suggest it happen?

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## Work-Related Short Stories:

Shortest person at your table comes up with the first line of a story.

Going clockwise, each subsequent person adds one sentence to the tale to build off the previous sentence.

Weirdest/funniest coherent story wins!

Instructors Pick Top Two and Crowd Picks Winner via Cheers!

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## Silent Blackjack

- No Talking During the Entire Game!
- Everybody gets a card
  - Don't look at it!
  - Put card on your forehead, facing out
  - Pair up with people at your table to make the best hands
  - Table with the Best Blackjack Hands Wins!
    - Cards adding to 19, 20, or 21 are best 😊

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# **Cultivating Collaboration**

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# **Defense Breaker**

Based on the video, come up with:

- 1 personalized early warning sign
- 1 office-wide early warning sign
- 1 personalized action step
- 1 office-wide action step

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# I Will Quote You on That!

- Find Handout 1
- Read the quotes
- Pick your favorite
- Share why with table
- Be ready to share with the group

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# Thank You!!!

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