

## Consider Becoming a Texas Certified EMT-Basic

Becoming an **EMT (Emergency Medical Technician)** is one of the most practical and formative certifications a pre-health student can obtain — especially for students planning careers in medicine, PA, nursing, or other clinical fields.

This is particularly relevant because EMT certification bridges leadership, service, and real clinical responsibility. You're not just shadowing, you will be demonstrating real clinical decision-making. Unlike shadowing; EMT's 1) assess patients independently, 2) form field impressions, 3) make transport decisions, 4) manage unstable patients. With EMT experience, you develop 1) clinical reasoning, 2) pattern recognition, 3) situational awareness, and 4) know how to be calm under pressure.

Admission committees strongly value this distinction. Talk to a senior advisor about this possibility.