RTHP | DEGREE PLAN & TRANSFER EQUIVALENCY | 2026

Degree: Bachelor of Science | **Major:** Recreation and Sport Management | **Concentration:** Recreational Therapy | **120 Hours**

The degree requirements below are outlined in the 2026 Undergraduate Catalog and will remain valid through summer 2032.

Institutional Requirement (1+ hours)	**Texas State Catalog Degree Plan**	**Transfer Equivalency (TCCN)**
University Seminar	US 1100	*Waived if admitted as a Transfer student*
Foreign Language Proficiency	*Consult with TXST advisor to determine if coursework is required*	
Program-Specific Core Curriculum (3 hours)		
080 Social and Behavioral Sciences (3 hours)	PSY 1300	PSYC 2301
General Education Core Curriculum (39 hours) refer to the undergraduate catalog for core curriculum options		
010 Communication (6 hours)	010 Course 010 Course	010 Course 010 Course
020 Mathematics (3 hours)	020 Course	020 course
030 Life and Physical Sciences (6 hours)	030 Course 030 Course	030 Course 030 Course
040 Language, Philosophy, and Culture (3 hours)	040 Course (WI)	040 Course
050 Creative Arts (3 hours)	050 Course	050 Course
060 American History (6 hours)	060 Course (WI) 060 Course (WI)	060 Course 060 Course
070 Government/Political Science (6 hours)	070 Course 070 Course	070 Course 070 Course
090 Component Area (6 hours)	090 Course 090 Course (WI)	090 Course 090 Course
Major (24 hours)		
Introduction to Rec. and Sport Management	REC 1310*	PHED 1336*
Leadership Theory and Experiential Application	REC 2330	
Recreation and Sport Program and Event Development	REC 2335*	
Field Experience in Rec. and Sport Programming	REC 2336*	
Principles of Administration in Recreation and Sport	REC 3325*	
Evaluation of Recreation and Sport Programs	REC 3351 (WI)	
Employee Supervision in Rec. and Sports Management	REC 4350	
Seminar in Recreation and Sports Trends and Issues	REC 4380* (WI)	
Concentration (53 hours)		
Human Physiology & Anatomy	BIO 2430	BIOL 2404
Medical Terminology	HIM 2360	HITT 1305
Lifespan Development	PSY 3300	PSYC 2314
Psychopathology	PSY 3315	
Introduction to Recreational Therapy	REC 1370	
Planning Recreational Therapy Services	REC 2370	
Assessment & Documentation in Recreational Therapy	REC 3370	
Facilitation & Processing in Recreational Therapy	REC 3371	
Principles of Recreational Therapy	REC 4370	
Application of Evidence-Based Practice in Rec. Therapy	REC 4371	
Internship in Recreational Therapy	REC 4681	
6 Hours of Recreation Electives	2 from REC 1330, 3340, 4330, or 4335	
9 Hours of NCTRC Electives	See 2nd page for options (?)	SOCI 1301
1-Hour Open Elective	*Open electives may be needed to reach 120 total hours; see advisor prior to enrolling in electives*	

Comments

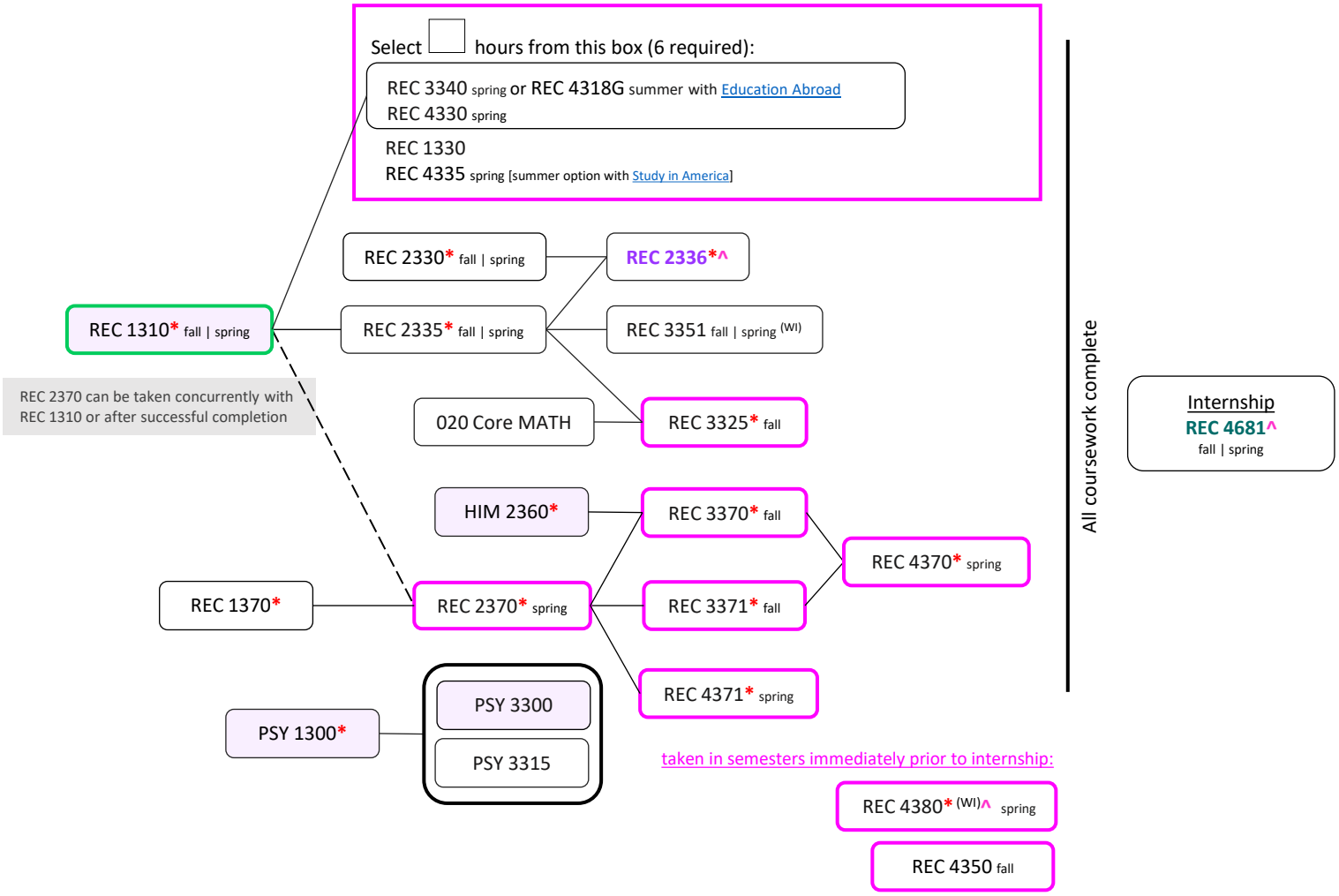
* Requires grade of 'C' or better
† CC/JC may require 4-hour course with lab; lab is not required at TXST and will be considered an "open elective" towards your degree
(WI) Writing Intensive; (?) option for Writing Intensive through course selection
This degree program requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA to graduate.
Students should avoid enrolling in more than 72 CC/JC hours without prior consultation with an academic advisor.

RTHP | SEQUENCING | 2026

Degree: Bachelor of Science | **Major:** Recreation and Sport Management | **Concentration:** Recreational Therapy | **120 Hours**

Sequencing below reflects course prerequisites for use in planning **Fall 2026**, **Spring 2027**, and **Summer 2027** semesters

PRIORITY DUE TO SEQUENCING



Summer offerings of REC courses are generally limited. Students are advised to prioritize REC courses in fall/spring semesters when possible.

ADDITIONAL REQUIRED COURSES

Core Curriculum

____ 010
____ 010
____ 030
____ 030
____ 040 (WI)
____ 050
____ 060 (WI)
____ 060 (WI)
____ 070
____ 070
____ 090A
____ 090B (WI)

Major | Support

____ BIO 2430

Other

____ US 1100
____ Foreign Language Proficiency [MODL 1410 + 1420]
____ Open Elective Hours [____ Advanced; ____ Writing Intensive]

NCTRC Electives

Select ☐ hours from (9 required):

PSY 3312	SOCI 1310	SPED 2360 fall/spring
PSY 3313	SOCI 3338	SPED 3338 fall/spring
PSY 3350 (WI)	SOCI 3343	SPED 4344
PSY 3361 (WI)	SOCI 3347	SPED 4381 fall/spring
	SOCI 3383	**ESS 3320**
	SOCI 3384	**ESS 3329**

GPA restricted (2.0 Texas State; 2.25 Major; 2.00 Overall) | * requires grade of 'C' or better | (WI) Writing Intensive | ^ Approval Required | FTIC Intro | Critical
PURPLE: if planning to complete courses at a transfer institution, refer to the first page for transfer equivalency
This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.

FOR ADVISOR USE ONLY – *students should seek advising early and often to meet graduation requirements*

		Total Hours to determine whether open electives are needed	APPLIED	PENDING	IN-PROGRESS	STILL NEEDED	=