

College of Education Advising Center Exercise and Sports Science Minor Sequencing Checksheet

NOTE: In addition to successful completion of all listed courses, students must satisfy GPA and residency requirements to graduate.
Students should use the newest sequencing checksheet for their catalog since academic policies and course prerequisites are subject to change each year.

For descriptions of these courses, visit the Undergraduate Catalog online using the hyperlinks below:
[Exercise Sports Science](#) (ESS), [Athletic Training](#) (AT), and [Biology](#) (BIO)

REQUIRED COURSES

_____ AT 2356	Prevention and Care of Athletic Injuries [<i>TCCN KINE 2356</i>]
_____ BIO 2430*	Human Physiology and Anatomy [<i>TCCN BIOL 2404</i>]
_____ ESS 1100	Lifetime Fitness and Wellness [<i>TCCN PHED 1164</i>]
_____ ESS 1179	Beginning Weight Training
_____ ESS 3317	Exercise Physiology
_____ ESS 3117	Laboratory in Exercise Physiology
_____ ESS 3320	Biomechanics
_____ ESS 4324	Adapted Physical Activity
_____ ESS 4351	Measurement & Evaluation in Exercise and Sports Science

PREREQUISITE SEQUENCING

