

# Teambuilding Activities

**Hon. Karen Diaz**

Justice of the Peace

San Patricio County, Pct. 4

**John Lackey**

Staff Attorney

Texas Justice Court Training Center



1

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Address inquiries to:

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Texas Justice Court Training Center

1701 Directors Blvd. Suite 530

Austin, TX, 78744

2

# Working Together!

3

## Agenda

- Why teambuilding activities are important
- We will work together to complete teambuilding activities in the class
- Take your favorites back to your county so you can work “Together” to build your own “Team” at your office!

4

# Icebreaker!

## **“Rock, Paper, Scissors” Tournament of Champions!**

- Each table must create their own 3-word chant.
- At your table, play “Rock, Paper, Scissors” one game at a time.
- Defeated player joins winner’s team by standing behind them and cheering winning team chant!
- Once your table has a winner, you all get up to find another table winner to play while continuing team chant.
- Should end with one workshop winner!

5

## **Why Are Teambuilding Activities Important?**

6

# Teambuilding Goals:

- Bonding with Teammates
- Making People Feel Safe To Share Issues and Solutions
- Communication and Evaluating

7

## Self-

## Reflection

## Activity

- Think of 1 thing you or your office did well in the past month and whether there are actions to maintain or increase that.
- Think of 1 thing you or your office did not do well and think of an action or suggestion to help address the issue.
- Would debriefing help your office? How often would you suggest it happen?

8

## Work-Related Short Stories:

Shortest person at your table comes up with the first line of a story.

Going clockwise, each subsequent person adds one sentence to the tale to build off the previous sentence.

Weirdest/funniest coherent story wins!

Instructors Pick Top Two and Crowd Picks Winner via Cheers!

9

## Silent Blackjack

- Everybody at your table gets a card
  - Don't look at it!
- Put card on your forehead, facing out
- Work with table to make best poker hand
- But No One Can Talk!
- Table with best hand gets a prize!
- **See Handout 1 For Poker Rules!**

10

# Cultivating Collaboration

11

## Defense Breaker

Based on the video, come up with:

- 1 personalized early warning sign
- 1 office-wide early warning sign
- 1 personalized action step
- 1 office-wide action step

12

# I Will Quote You on That!

- Find Handout 2
- Read the quotes
- Pick your favorite
- Share why with table
- Be ready to share with the group

13

# Thank You!!!

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14