

Meatless Monday		Taco Tuesday		World of Wednesday		Tasty Thursday		Finger Food Friday	
		CDC* July Menu 2025		1 B: WGR Cereal and Pears L: WG Cheese Pizza Peas and Carrots Sliced Red Apples S: WGR Cinnamon Raisin Bread and Sun butter Sandwiches		2 B: WW Bagel and Sliced Strawberries L: Baked Cajun Tilapia Hushpuppies Scalloped Potatoes Watermelon S: Cheez-It Crackers and Dried Fruit		3 B: Biscuits and Turkey Sausage and Blackberries L: WGR Fish Sticks Sweet Potato Tots Cantaloupe CDC Half Day for Holiday 	
6 B: WGR Cereal and Bananas L: Egg Fried Rice with WG Brown Rice and Vegetable Stir Fry Steamed Broccoli Blueberries S: WGR Granola and Yogurt Cups		7 B: WGR French Toast Sticks and Pineapples L: Pork Sausage on WW Tortillas Asparagus Tips Green Apples S: Ritz Crackers and Colby Cheese Cubes		8 B: WGR Cereal and Diced Mangos L: Ground Beef Sloppy Joes Sliders on WW Dinner Rolls Steamed Corn Sliced Pears S: WG Pretzels and Applesauce		9 B: WW Buttered Toast and Fresh Strawberries L: Baked Catfish Cheddar Bay Biscuits Sweet Peas Orange Slices S: WG Corn Chips and (Vegetarian) Bean Dip		10 B: Pork Cheesy Sausage Morning Roll and Peaches L: Breaded Chicken Tenders Oven Baked Fries Sliced Honeydew S: Trail Mix with Cheerios, Pumpkin Seeds, and Dried Fruit	
13 B: WGR Cereal and Bananas L: Baked Cheesy WW Pasta Mixed Vegetables Red Apples S: Pita Chips and Hummus		14 B: WG Croissant and Sliced Peaches L: Ground Turkey Taco on WW Tortilla Steamed Peas Fresh Diced Cantaloupe S: WG Lime Muffin and Cream Cheese		15 B: WGR Cereal and Mixed Fruit L: Baked Cheesy Chicken and Broccoli with WG Brown Rice Steamed Green Beans Pineapple S: WG Graham Cracker and Yogurt Cups		16 B: WGR Pancakes and Diced Pineapple L: Beef Cheesy Nachos on WGR Corn Tortilla Chips Asparagus Tips Fresh Oranges Slices S: Animal Crackers and Mozzarella Cheese Sticks		17 B: WGR French Toast Sticks and Diced Mangos L: WGR Popcorn Chicken Carrot Sticks Green Apple Slices S: WW Cinnamon Raisin Bread and Sun butter Sandwiches	
20 B: WGR Cereal and Bananas L: Louisiana Red Beans and WG Brown Rice Steamed Asparagus Tips Fresh Blueberries S: WGR Animal Crackers and Yogurt Cups		21 B: Biscuits and Diced Mangos L: Breakfast Tacos with Cheesy Eggs and Turkey Sausage on WW Tortilla Steamed Mixed Vegetables Fresh Strawberries S: WGR Wheat Thins and Mozzarella Cheese Sticks		22 B: WGR Cereal and Sliced Peaches L: BBQ Chicken Legs Garlic Bread Steamed Spinach Mandarin Oranges S: WG Graham Crackers and Applesauce		23 B: WW Bagels and Warm Cinnamon Apples L: Beef and Pork Meatballs with WW Pasta Steamed Broccoli Diced Cantaloupe S: WG Muffins and Cream Cheese		24 B: WGR Pancakes and Pineapple L: Turkey and Cheese Sandwiches on WW Bread Sweet Potato Tots Watermelon Slices S: Mixed Crackers and Dried Fruit	
27 B: WGR Cereal and Bananas L: Black Bean and Cheese Quesadilla on WW Tortilla Fiesta Corn Fresh Strawberries S: Ritz Crackers and Cheese Slices		28 B: WGR Waffles and Diced Pineapple L: Chicken Fajitas on WW Tortillas Steamed Green Peas Red Apple Slices S: WG Cinnamon Raisin Bagels and Cream Cheese		29 B: WGR Cereal and Diced Mango L: Beef Stroganoff with WGR Pasta Green Beans Mandarin Oranges S: Turkey and Cheese Roll Ups on WW Tortilla		30 B: WW Cinnamon Buttered Toast and Blueberries L: Cajun Chicken and Pork Sausage Casserole with WG Brown Rice Broccoli Honeydew Melon S: Cherry Muffins and Raisins		31 B: Biscuits and Mixed Fruit L: WG Cheese Pizza Carrot Sticks Banana S: WG Corn Chips Vegetarian Bean Dip	

WW=Whole Wheat, WG=Whole Grain, WGR=Whole Grain Rich Whole Milk is served with breakfast and lunch. Water is offered during every meal.

***This Institution is an Equal Opportunity Provider**