

Meatless Monday		Tuesday		Wednesday		Thursday		Finger Food Friday		
		1 B: WGR French Toast Sticks and Mixed Fruit L: Ground Beef and Black Bean Tacos on WW Tortilla Fiesta Corn Watermelon Slices S: Trail Mix with Cheerios, Pumpkin Seeds, and Dried Fruit Mix			2 B: WGR Cereal and Sliced Pears L: Chicken with WG Brown Rice Stir Fry Mixed Vegetables Orange Slices S: WW Blueberry Muffins and Cream Cheese			3 B: WW Bagels and Warm Cinnamon Apples L: Pork and Beef Sausage WW Herbed Pasta Steamed Green Beans Apricot Slices S: WG Granola and Yogurt Cups		
7 CDC Closed for Labor Day		8 B: WGR Pancakes and Peach Slices L: Ground Turkey Tacos on WW Tortilla Steamed Zucchini Mandarin Oranges S: WGR Goldfish Crackers and Banana Chips		9 B: WGR Cereal and Pineapple Chunks L: Baked Cheesy Chicken and Broccoli with WG Brown Rice Steamed Peas and Carrots Fresh Apple Slices S: WGR Cinnamon Raisin Bread and Sun Butter Sandwiches		10 B: WW Toast and Diced Mangos L: Beef Cheesy Nachos on WGR Corn Tortilla Chips Steamed Spinach Fresh Strawberries S: WGR Graham Crackers and Raisins		11 B: Pork Cheesy Sausage Morning Roll and Blackberries L: Breaded Chicken Tenders Oven Baked Fries Honeydew Slices S: Ritz Crackers and Mozzarella Cheese Sticks		
14 B: WGR Cereal and Bananas L: Baked Cheesy WW Pasta Steamed Broccoli Watermelon Slices S: Pita Chips and Hummus		15 B: WG Croissant and Sliced Pears L: Cheesy Eggs and Turkey Sausage Tacos on WW Tortilla Steamed Peas Apricot Slices S: Pretzels and Applesauce		16 B: WGR Cereal and Pineapple Chunks L: Beef Meatloaf Cheddar Bay Biscuit Steamed Green Beans Cantaloupe Slices S: Gelatin Fruit Cups, Dried Fruit and Club Crackers		17 B: WGR Waffles and Mixed Fruit L: Baked Catfish WW Dinner Roll Scalloped Potato and Spinach Casserole Blueberries S: WW Bagels and Yogurt Cups		18 B: WGR French Toast Sticks and Peach Slices L: WGR Popcorn Chicken Carrot Sticks Fresh Strawberries S: Cheez-Its and Dried Fruit Mix		
21 B: WGR Cereal and Mandarin Oranges L: Louisiana Red Beans and WG Brown Rice Steamed Cauliflower Honeydew Slices S: WGR Graham Crackers and Applesauce		22 B: Biscuits and Mixed Berries L: Tilapia Tacos on WW Tortilla Coleslaw Tropical Fruit S: WGR English Muffins and Sun Butter Sandwich		23 B: WGR Cereal and Diced Mangoes L: BBQ Chicken Legs Garlic Bread Mashed Cauliflower Vegetarian Baked Beans S: Ritz Crackers and Cheese Slices		24 B: WW Bagels and Peach Slices L: Beef and Pork Meatballs with WW Pasta Steamed Broccoli Pineapple Chunks S: Carrot Sticks and Hummus		25 B: WGR Pancakes and Bananas L: WGR Fish Sticks Zucchini Fries Fresh Strawberries S: Turkey and Cheese Roll Ups on WW Tortilla		
28 B: WGR Cereal and Apricot Slices L: WGR Cheese Pizza Steamed Peas Watermelon Slices S: Banana Muffins and Cream Cheese		29 B: WGR Waffles and Grapefruit L: Chicken Fajitas on WW Tortilla Fajita Mixed Vegetables Fresh Apple Slices S: WGR Wheat Thins and Mozzarella Cheese Sticks		30 B: WGR Cereal and Mixed Fruit L: Beef Stroganoff with Egg Noodles Steamed Green Beans Pear Slices S: Gelatin Fruit Cups, Dried Fruit and WGR Graham Crackers		CDC September 2026 Menu				

WW=Whole Wheat, WG=Whole Grain, WGR=Whole Grain Rich Whole Milk is served with breakfast and lunch. Water is offered during every meal.

***This Institution is an Equal Opportunity Provider**