

# St. David's School of Nursing

Nursing Building  
Round Rock Higher Education Center  
Round Rock, TX  
T: 512.716.2900 F: 512.716.2911  
[www.health.txstate.edu/nursing](http://www.health.txstate.edu/nursing)

**DEGREE PROGRAM OFFERED**  
BSN, major in Nursing

## Mission Statement

To educate and prepare graduates to function in professional nursing roles now and in the future, to promote, maintain, and restore health, using evidence-based practice and contributing to research and current technology in providing safe and effective nursing services to diverse individuals of all ages and to communities.

The degree program in nursing is a five semester program beginning in the junior year. The junior and senior years combine academic study in nursing and clinical experiences in affiliated clinical settings. Accreditation by the American Association of Colleges of Nursing-Commission on Collegiate Nursing Education (AACN-CCNE) has been applied for with a site visit proposed for fall 2011.

## Admission Process

Admission to the undergraduate major in nursing is competitive and selective, and the student must apply and be accepted to the St. David's School of Nursing. For admission to the fall semester, the application period begins the previous October 1 and runs through the first Friday in January. The following criteria must be met for admission consideration:

1. Be admitted to Texas State University-San Marcos
2. Complete the majority of all general core and pre-requisite courses with a minimum GPA of 3.0 and a "C" or better in science courses taken in the past five years. All pre-requisites must be completed prior to admission for fall and support the admission GPA.
3. Take the Test of Essential Academic Skills (TEAS), an assessment of academic preparedness covering reading, math, science, English and language usage.
4. Complete the Texas State nursing application with application fee.
5. Submit a personal essay outlining motivation for applying for the BSN program.
6. Submit three personal references from former employers or faculty.
7. Attend an interview with nursing faculty.
8. Submit to a criminal background check.

## Liability Insurance

Once accepted to the program students must either purchase liability insurance, or demonstrate proof that they have professional liability insurance.

of knowledge and making transition to the applications required to function as a health information manager.

- 4385 Health Information Management Practicum. (0-8) Assignments made to promote uniformity and competency levels required of entry-level medical record professionals. The majority of assignments will be completed in the HIM lab utilizing records, the computer capabilities, and other resources available for practical applications of management skills. To be completed during final semester. (WI)
- 4388 Internship I. (1-40) Supervised administrative training in a hospital setting. Emphasis on personnel problems, HIM interdepartmental relations, managerial responsibilities, and committee assignments. Full-time participation of the student is required.
- 4389 Internship II. (1-40) Supervised administrative training in a non-traditional Health Information Management setting. Affiliation may be in long-term care, home health, state or federal agencies, clinic or community health agencies, or companies providing HIM services. Full-time participation of the student is required.
- 4390 Contemporary Leadership Principles for HIM. (3-0) An analysis of the expanded role of the Health Information Management professional in the healthcare environment and application of the principles involved. Topics include strategic planning and forecasting, marketing, entrepreneurialism, leadership, motivation, consensus building, workforce diversity, change management, work redesign/reengineering, and project management. (WI)
- 4401 Health Information Technology Throughout the Enterprise. (3-2) This course studies the integrated use of health information technology throughout the enterprise. Students will evaluate how technology impacts overall hospital operations from both a clinical and administrative perspective and will use planning and assessment tools to simulate technology system implementation.
- 4501 Professional Practice Experience. (1-40) Supervised management experience and training in a healthcare or related setting. Student will participate in administrative, management, and problem-solving activities in the institutional setting. Full-time participation is required in addition to scheduled campus visits. (WI)

Immunizations: The SON requires that required immunizations, along with a health report completed by a physician, be submitted by the 1st of August.

Drug Screening: As a condition for placement in some professional practice sites, students may be required to submit to drug screening and meet other requirements set by individual sites. Information will be provided by program faculty.

Bachelor of Science in Nursing Major in Nursing Minimum required: 130 semester hours							
<b>General Requirements:</b> 1. Any student who did not complete at least two years of the same foreign language in high school is required to take 6-8 hours of the same foreign language. 2. Any student who did not complete one year of general computer science (literacy) course in high school is required to take a placement course, CLEP, or college course work. 3. See University College section of the catalog for course options that satisfy literature, natural science, and social science components.							
Freshman Year		Sophomore Year		Junior Year - 1st Semester		Junior Year - 2nd Semester	
Course	Hr	Course	Hr	Course	Hr	Course	Hr
CHEM 1141, 1341	4	BIO 2440	4	NURS 3310, 3210	5	NURS 3440, 3240	6
PSY 1300	3	BIO 2451, 2452	8	NURS 3300	3	NURS 3460, 3260	6
FCD 1351 or PSY 3300	3	CHEM 1142, 1342	4	NURS 3320, 3220	5	NURS 3302	3
MATH 1315	3	COMM 1310	3				
ENG 1310, 1320	6	ENG Literature	3				
HIST 1310, 1320	6	NUTR 2360	3				
PHIL 1305 or 1320	3	POSI 2310, 2320	6				
PFW two courses	2	ART, DAN, MU, or TH 2313	3				
US 1100	1						
NURS 1200	2						
<b>Total</b>	<b>33</b>	<b>Total</b>	<b>34</b>	<b>Total</b>	<b>13</b>	<b>Total</b>	<b>15</b>

Junior Year - 3rd Semester		Senior Year - 1st Semester		Senior Year - 2nd Semester	
Course	Hr	Course	Hr	Course	Hr
NURS 3330	3	NURS 4350, 4250	5	NURS 4371	3
NURS 3441, 3241	6	NURS 4311, 4211	5	NURS 4380, 4280	5
		NURS 4370	3	NURS 4271	2
				NURS 4301	3
<b>Total</b>	<b>9</b>	<b>Total</b>	<b>13</b>	<b>Total</b>	<b>13</b>

## Courses in Nursing (NURS)

- 1200 Introduction to Nursing. (2-0) Introduction to nursing, nature and expectations of professional education and practice. Opportunities in nursing and roles in the health-care system. Factors to evaluate regarding career paths and options in relation to personal goals. Prerequisite to application for admission to nursing program.
- 3210 Age-Specific Health Assessment Skills. (0-6) Practice age-specific assessment, communication, and client health history skills. Experiences in simulation practice lab. Learn measures in privacy training. Co-requisite: NURS 3310.
- 3220 Age-Specific Nursing Skills. (0-6) Nursing process applied to activities of daily living, health assessment and accommodation of alterations. Sterile technique, safety, and comfort measures. Administration of medication. Basic nursing procedures for chronic and acute conditions. Experiences in simulation lab, primary care clinics, day care, school, after school programs, and nursing homes. Co-requisite: NURS 3320.
- 3240 Life Span Nursing Practicum. (0-6) Apply nursing process and critical thinking skills to alterations in acute and chronic conditions, life span client's health history and assessment with emphasis on therapeutic communication, intervention, data collection/analysis and documentation. Experiences include simulation lab, hospitals, ambulatory surgery, and homes for developmentally disabled persons, primary care clinics and health departments. Co-requisite: NURS 3440.
- 3241 Adult Health Nursing Practicum. (0-6) Clinical practice with adults experiencing acute life threatening conditions. Practice clinical skills, making judgments, critical thinking, taking health history and assessment with emphasis on therapeutic communication, intervention, data collection/analysis and documentation. Experiences include simulation lab, hospitals, surgery, intensive care units, rehabilitation, home health services and hospice settings. Co-requisite: NURS 3441.
- 3260 Psychiatric and Behavioral Health Nursing Practicum. (0-6) Apply critical thinking skills and therapeutic nursing measures to clients with psychiatric and behavioral health illness or issues. Practice assessment and therapeutic skills. Experiences in acute client psychiatric settings, outpatient and adult behavioral day care centers, and home health agencies. Co-requisite: NURS 4360.
- 3300 Nursing Profession I. (3-0) History of nursing in the context of the evolving healthcare system including the laws and ethical issues that impact on nursing licensure and practice. Interdisciplinary roles and client rights. Client and nurse workplace safety and balanced life style. Nursing decisions based on values, ethics, current technology, and evidence-based research. (WI)
- 3302 Research and Ethics. (3-0) Compare qualitative and quantitative research. Describe basic research process as foundation for evidence-based nursing practice and healthcare services. Identify systems for determining validity and reliability of research. Define key research terminology. Identify use of research techniques to monitor nurse sensitive client care indicators and leadership outcomes. (WI)
- 3310 Age-Specific Health Assessment. (3-0) Basic physical and psychosocial assessment and health/life style history of all ages, age-specific evidence-based health maintenance and prevention of illness, cultural and age variances, teaching-learning strategies for age-specific health promotion and maintenance. Critical thinking concepts. Co-requisite: NURS 3210.
- 3320 Age-Specific Nursing. (3-0) Therapeutic nursing processes across the lifespan including alternations in elimination, sensory stimulation and perception, rest, immune process, homeostasis, pulmonary gas exchange, musculoskeletal, renal function, fluid balance, cancer, and nutrition. Family systems theory. Complementary and alternative practices. Safe, therapeutic, legal and ethical medication use. Validation of evidence-based practice. Co-requisite: NURS 3220.
- 3330 Healthcare Systems. (3-0) Healthcare systems access and barriers, policies, nursing role in healthcare delivery systems, critical thinking skills applied to the healthcare system. Socialization to the professional nursing role. Continuing and formal education for advancement. Qualitative and quantitative research in relation to healthcare systems, nursing practice, and current topics.
- 3440 Life Span Nursing. (4-0) Life Span clients with chronic and acute alterations in sensory perception, metabolic/endocrine, dermatology, infections, immunology/allergy, gastrointestinal, eye, ears, nose and throat, effects of developmental disabilities on communications and life experiences, collaborative management of medications, therapeutic procedures/treatment management, restoration and rehabilitation, client and caregiver education. Validation of evidence-based practice. Co-requisite: NURS 3240, NURS 3260, NURS 3460.
- 3441 Adult Health Nursing. (4-0) Adults with acute life threatening conditions; collaborative management of therapies including medications, therapeutic procedures/treatment, client and caregiver education, restoration and rehabilitation. Critical thinking skills and judgment in critical care areas concerning cardiopulmonary, hepatic, urinary, oncology, neurology, fluid and electrolyte balance and status alterations. Co-requisite: NURS 3241.
- 3460 Psychiatric and Behavioral Health Nursing. (4-0) Psychiatric and behavioral health concepts applied to individuals, families and communities. Acute and chronic psychiatric illness and treatment modalities. Apply nursing process to behavioral health planning including therapeutic measures for psychiatric and behavioral health illnesses. Qualitative and quantitative research in relation to psychiatric and behavioral health. Co-requisite: NURS 4260.
- 4211 Nursing Care in Complex Health Environments Practicum. (0-6) Application of the nursing process, including critical thinking and technical skills, to clients with complex health status alterations. Collaborative management of complex health care issues to include use of complementary and alternative modalities. Co-requisite: NURS 4311.
- 4250 Childbearing Families/Pediatrics Practicum. (0-6) Practice critical thinking skills and judgment to care for childbearing and childrearing families. Experiences in simulation lab, out-patient obstetrical and pediatric services, hospital obstetric and client care areas including pre and post partum, and pediatrics, schools and after school settings with mainstreamed children with disabilities. Co-requisite: NURS 4350.

# Department of Physical Therapy

Health Professions Building 311  
T: 512.245.8351 F: 512.245.8736  
[www.health.txstate.edu/PT](http://www.health.txstate.edu/PT)

The Department of Physical Therapy is a graduate department offering a Doctor of Physical Therapy (DPT). For more information, contact the Department of Physical Therapy or visit <http://www.health.txstate.edu/pt>. While the Department offers no undergraduate degree, it does provide advisement to students interested in pursuing a graduate degree in Physical Therapy.

The requirements for admission include: 1) completion of a baccalaureate degree with a minimum 3.00 GPA in the last 60 hours of course work completed for that degree; 2) minimum 3.00 GPA in all science courses; 3) preferred minimum GRE of 1000; 4) completion of all prerequisite courses, including general psychology, abnormal or developmental psychology, statistics, medical terminology, human physiology and anatomy or human structure and function, vertebrate physiology or physiology of exercise, general chemistry I and II, and general physics I and II.

## Courses in Physical Therapy (PT)

- 3400 Human Structure and Function. (2-6) A study of the structure and function of the human body with emphasis on the skeletal, muscular and nervous systems. Course focuses on anatomy and physiology of body systems of special interest to students preparing to be health professionals. Laboratory study of the human cadaver is included.
- 3610 Gross Anatomy. (3-9) Structural and functional aspects of regions of body study emphasized by means of dissection of human cadavers, lectures and demonstrations. Clinical significance of anatomical structures stressed.

- 4271 Clinical Management Practicum. (0-6) Apply leadership and management skills in a variety of nursing care situations. Nursing unit leadership, staff assignments based on assessment of client needs, resources, priorities, and competencies of staff. Oversee and evaluate evidence-based nursing care provided. Co-requisite: NURS 4371.
- 4280 Community Health Nursing Practicum. (0-6) Health assessment and planning for diverse community groups including education, support groups/resources, advocacy, response to situational crises, bio-terrorism and environmental emergencies, group dynamics and impact on communities. Experiences in community or public health settings, community health centers, local health departments and community service organizations. Co-requisite: NURS 4380.
- 4301 Nursing Profession II. (3-0) Roles and competencies of nurses in the healthcare system. Professional organizations impacting public perceptions and policy. Quality initiatives to promote safe healthcare services, workplace safety, scope of services, staffing and ergonomics. Nursing self-governance and control of nursing practice and care environment. Prerequisite: NURS 3300.
- 4311 Nursing Care in Complex Health Environments. (3-0) Concepts related to complex alterations in health status and compensation. Use of therapeutic communication and education with diverse individuals and groups. Interventions to include use of complementary and alternative modalities. Co-requisite: NURS 4211.
- 4350 Childbearing Families/Pediatrics. (3-0) Clinical skills and judgment in assisting families and individuals during childbearing and rearing, health maintenance and promotion. Apply nursing process the families with children emphasis on development, culture and family structure variances and dynamics. Validation of evidence-based practice. Co-requisite: NURS 4250.
- 4370 Leadership and Management of Nursing Care I. (3-0) Leadership theories applied to unit and middle management leadership. Personal attributes for nursing leadership in direct client care areas, including adult care, obstetrics, pediatrics, and behavioral health. Qualitative and quantitative research in relation to leadership and middle management process and outcomes.
- 4371 Leadership and Management of Nursing Care II. (3-0) Leadership and management theories, trends and issues in healthcare settings, resources, priorities, unit management, delegation and assignment of staff, evaluation of staff performance, promoting performance improvement and safety. Validation of evidence-based leadership and management process and outcomes. Prerequisite: NURS 4370. Co-requisite: NURS 4271.
- 4380 Community Health Nursing. (3-0) Nursing process and strategies for health promotion for diverse groups, critical thinking skills related to community issues, addiction and rehabilitation, epidemiology and public health. Impact of biological weapons, disasters and emergencies on communities, healthcare systems and nursing practice. Validation of evidence-based practice. Co-requisite: NURS 4280.