

Department of Counseling, Leadership, Adult Education, and School Psychology

Education Building 4037
T: 512.245.2575 F: 512.245.8872
www.txstate.edu/clas

The Department of Counseling, Leadership, Adult Education, and School Psychology (CLAS) is primarily a graduate department, offering programs in professional counseling, guidance and counseling, adult and developmental education, educational leadership, and school psychology. While the department offers no undergraduate degrees, it does provide support courses for other programs.

Courses in Counseling (COUN)

- 3320 Introduction to Counseling and Psychotherapy. (3-0) The course is designed for upper-division undergraduates considering a helping profession or who wish to know more about counseling before entering into graduate study. The course offers introduction to counseling, counseling theories, and interpersonal communication skills that facilitate counseling relationships. Repeatable for credit with different emphasis.
- 4378 Student Issues in Higher Education. (3-0) This course provides learners with the knowledge to perform the role of a Resident Assistant. Through active discussions, hands-on projects and several guest speakers, learners will explore the multiple tasks and responsibilities of a Resident Assistant, as well as the history and philosophy of residence life and higher education. Repeatable for credit with different emphasis.

Courses in Educational Psychology (EDP)

- 1350 Effective Learning. (3-0) A study of the acquisition of procedural knowledge through the application of human learning theory, cognitive behavior modifications, and developmental psychology. Generalization and transfer of this knowledge will be emphasized. Repeatable for credit with different emphasis.
- 4378 Student Issues in Higher Education. (3-0) This course serves as a survey course to examine issues faced by college students, specifically those living in a residence hall environment. Topics include but are not limited to new student adjustment, student development theory, security and safety, diversity, discipline, community building, civic responsibility, eating disorders, suicide, depression, and helping skills. Students learn skills that will enable them to assist others who are facing these issues. Students interested in becoming Resident Assistants are highly encouraged to take this course prior to applying for the position. May be repeated for credit.

Department of Health and Human Performance

Jowers Center A116
T: 512.245.2561 F: 512.245.8678
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DEGREE PROGRAMS OFFERED

- BESS, major in Exercise and Sports Science
BESS, major in Exercise and Sports Science
(Pre-Physical Therapy Emphasis)
BESS, major in Exercise and Sports Science
(with All-Level Physical Education Teacher Certification)
BESS, major in Health and Fitness Management
BHWP, major in Health and Wellness Promotion
BHWP, major in Health and Wellness Promotion
(with All-Level Health Education Teacher Certification)
BS, major in Athletic Training
BSRA, major in Recreational Administration
BSRA, major in Recreational Administration
(Therapeutic Recreation Emphasis)

MINORS OFFERED

- Coaching Athletics
Exercise and Sports Science
Health and Wellness Promotion
Recreational Administration

The Bachelor of Exercise and Sports Science prepares students for careers as teachers in elementary and secondary schools, as athletic coaches, and as personal trainers. Students must obtain an All-Level teacher certification for careers in public schools. Graduates with teacher certification work in elementary and secondary schools in Texas and elsewhere. The Exercise and Sports Science program also provides students the option to obtain a degree with a Pre-Physical Therapy emphasis that will fully prepare students to enter the application process for the physical therapy program. The Pre-Physical Therapy emphasis gives undergraduate students an exceptional “head start” in gaining admission to a physical therapy school, whether here at Texas State or elsewhere.

The Bachelor of Science degree program in Athletic Training is accredited by the Commission on Accreditation of Athletic Training Education (CAATE) and prepares its graduates to become athletic trainers, unique health care providers who specialize in the prevention, diagnosis, treatment and rehabilitation of injuries and illnesses. Athletic training is practiced by certified and/or licensed athletic trainers, health care professionals who collaborate with physicians to optimize the activity levels and participation of their patients and clients. The profession of athletic training encompasses the prevention, diagnosis and treatment of medical emergencies, and acute and chronic musculoskeletal injuries and medical conditions that involve impairment, functional limitations and disabilities.

Established in 1971, Texas State University's athletic training education program (ATEP) was one of the first programs in the United