

St. David's School of Nursing

Nursing Building
Round Rock Campus
Round Rock, TX
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www.nursing.txstate.edu

DEGREE PROGRAM OFFERED

Bachelor of Science in Nursing (BSN), major in Nursing

Mission Statement

The St. David's School of Nursing, located in Round Rock, educates and prepares graduates, using innovative teaching strategies and state-of-the-art technology, to function in professional nursing roles to manage illness; promote, maintain, and restore health; and provide end of life care for diverse individuals, families, populations, and communities across the lifespan. Graduates demonstrate competence as critical thinkers who effectively collaborate as members of the interprofessional health care team and utilize scientifically-based interventions. These future nurses will provide ethical, safe, and effective patient-centered care and contribute to present and emerging research and health management practices.

The nursing program offers a Bachelor of Science in Nursing (BSN). Graduates are prepared to sit for the National Council Licensure Examination for Registered Nurses (NCLEX-RN®) and to meet the minimum competencies for beginning practice as a Registered Nurse. The BSN graduate is prepared to pursue clinical excellence and certification by the American Nurses Credentialing Center (ANCC) and to continue formal education for the Master's Degree and Doctorate in Nursing.

The BSN curriculum is 120 hours, including 61 hours of Texas State core curricular and prerequisite courses; and 59 hours of nursing courses. The degree program in nursing is a five semester program beginning at the junior level. Academic study in nursing is combined with clinical experiences in affiliated clinical settings, as well as hours spent in the simulation laboratories in the School of Nursing building located on the Round Rock campus. The curriculum is designed to accommodate the latest teaching technologies and learning strategies to provide students with the skills, knowledge and abilities needed for professional nursing practice in the 21st Century.

Admission Process

The application period begins October 1 and closes January 15. Admission to the undergraduate major in nursing is competitive and selective. Applicants must first be admitted to Texas State University prior to submitting the School of Nursing application. Applicants must have a prerequisite GPA of 2.90 or higher and a science GPA of 3.00 or higher. An overall 3.0 GPA is recommended to be competitive in the application process. Science courses require a minimum grade of "C" for admission. A maximum of 8 attempts (including W) on the 5 science courses, with no more

than 2 attempts on any one science course, is permitted. Anatomy and Physiology I and II and Microbiology must be taken within 5 years prior to admission.

There can be a maximum of 18 remaining prerequisite credit hours, (including no more than 2 of the 5 science courses) left to complete in the spring and summer semesters before final admission to the St. David's School of Nursing. An application fee and copies of all college transcripts are to accompany the St. David's School of Nursing application. Additional criteria include a personal persuasive essay, scores from the Test of Essential Academic Skills (pre-nursing entrance assessment) and 2 professional or academic references. One hundred (100) highly qualified junior level students will be admitted each fall.

For complete admission procedures, see online at www.nursing.txstate.edu.

Criminal Background Check (2)/Drug Screen

The first criminal background check conducted through the Board of Nursing is required prior to admission to the St. David's School of Nursing at Texas State. A valid social security number is required by the St. David's School of Nursing's clinical partners for the second background check. This background check also includes a drug screening. All nursing students are subject to random or for cause screens.

Liability and Health Insurance

Once accepted to the nursing program, students must purchase liability and health insurance.

Immunizations and Basic Life Support

It is a policy of the College of Health Professions that each student complete a Health Certificate and Immunization Test Form. Students must stay current on immunizations. Basic Life Support for Healthcare Professionals is also to be completed.

Academic Progression

The nursing program must be completed in three years from the time of first admission. Students enrolled in the nursing program are required to maintain a grade of at least a "C" (2.0 GPA) in all courses in the nursing curriculum. Nursing courses are offered in a lock-step sequence. Each course will be offered only once each academic year; therefore, progress in the program will be delayed if the student fails or drops a course. A student may repeat a nursing course only once. Following a second nursing course failure, the student is dismissed from the nursing program, but not from Texas State University.

Graduation

To graduate with a Bachelor of Science in Nursing, a student must successfully complete all nursing courses with a "C" or better in addition to completing all prerequisite courses. Graduating students must have attained a 2.0 or higher Texas State University GPA with a minimum of a 2.50 GPA in the Nursing major.

Bachelor of Science in Nursing (BSN)
Major in Nursing
Minimum required: 120 semester hours

General Requirements:

1. Any student who did not complete at least two years of the same foreign language in high school is required to take 6-8 hours of the same foreign language.
2. See the Academic Services section of the catalog for course options that satisfy the literature component.
3. If US1100 is waived, the student must have 120 hours to graduate. See College Advising Center.

Freshman Year - 1st Semester		Freshman Year - 2nd Semester		Sophomore Year - 1st Semester		Sophomore Year - 2nd Semester	
Course	Hr	Course	Hr	Course	Hr	Course	Hr
ENG 1310	3	ENG 1320	3	BIO 2451	4	BIO 2452	4
BIO 1330	3	CHEM 1341	3	ENG Literature	3	ART, DAN, MU, or TH 2313	3
HIST 1310	3	HIST 1320	3	POSI 2310	3	NUTR 2360	3
MATH 1315, 1319, or 1329	3	PHIL 1305 or 1320	3	BIO 2440	4	FCD 1351 or PSY 3300	3
PSY 1300	3	COMM 1310	3			POSI 2320	3
US 1100	1						
Total	16	Total	15	Total	14	Total	16

Junior Year - 1st Semester		Junior Year - 2nd Semester		Junior Year - Summer		Senior Year - 1st Semester	
Course	Hr	Course	Hr	Course	Hr	Course	Hr
NURS 3250, 3110	3	NURS 3440, 3240	6	NURS 3441, 3241	6	NURS 4350, 4250	5
NURS 3300	3	NURS 3460, 3260	6			NURS 4311, 4211	5
NURS 3121, 3221	3	NURS 3302	3			NURS 3230	2
NURS 3430	4						
Total	13	Total	15	Total	6	Total	12

Senior Year - 2nd Semester	
Course	Hr
NURS 4441	4
NURS 4380, 4280	5
NURS 4241	2
NURS 4201	2
Total	13

Courses in Nursing (NURS)

- 3110 Health Assessment Across the Life Span Practicum. (0-4) This course requires demonstrated competency in the performance and documentation of physical assessments of well individuals and nursing care plans using the nursing process, critical thinking, and evidence-based practice. Apply teaching/learning principles in meeting the education needs of patients and demonstrate measures to maintain confidentiality of personal health information. [Restricted to Nursing Majors.](#)
- 3121 Essentials of Nursing Care Practicum. (0-4) This course requires the use of nursing process and clinical reasoning principles to provide safe, effective, patient-centered care. Evidence-based practices will be used when performing essential nursing skills and procedures to care for patients experiencing acute and chronic alterations in health status. [Restricted to Nursing Majors.](#)
- 3221 Essentials of Nursing Care. (2-0) This foundation course focuses on basic concepts related to essential nursing care of patients across the life span. Integration of knowledge of family systems, evidence-based practice, clinical reasoning, and the nursing process to provide safe, effective, patient-centered care will occur. [Restricted to Nursing Majors.](#)
- 3230 Healthcare Systems. (2-0) Access and barriers to healthcare, past and current healthcare policy, and the professional nurse's role in policy and delivery of healthcare, will be emphasized. Qualitative and quantitative research in relation to healthcare systems, evidence based nursing practice, and ethical topics will be discussed. [Restricted to Nursing Majors.](#)
- 3240 Nursing Care Across the Life Span Practicum. (0-8) This course uses clinical experiences to apply the nursing process in providing safe, effective, and quality care to patients and families across the life span. Clinical reasoning and judgment will be used to provide ethical, holistic, and patient-centered nursing care, promote health, prevent disease, and manage illness. [Restricted to Nursing Majors.](#)
- 3241 Acute Nursing Care of Adults Practicum. (0-8) This course requires the use of evidence-based and collaborative practice principles in providing safe, effective, and quality care to adult patients experiencing acute, rapidly changing, life-threatening alterations in health status. Clinical reasoning and judgment will be used to provide ethical, holistic, patient-centered nursing care, manage illness, and promote health. [Restricted to Nursing Majors.](#)
- 3250 Health Assessment Across the Life Span. (2-0) Conducting health histories and physical assessments of well individuals and developing nursing care plans that include patient age-specific health promotion, illness prevention, and risk factors will be emphasized. Assessments will encompass cultural domains, diversity, belief systems, and the implications for traditional as well as complementary and alternative healthcare. [Restricted to Nursing Majors.](#)
- 3260 Psychiatric Mental Health Nursing Practicum. (0-8) This course utilizes clinical experiences to promote application of the nursing process in providing quality care to those experiencing mental health issues across the life span. Competency in using evidence-based practices to promote health, prevent disease, and manage illness will be developed. [Restricted to Nursing Majors.](#)
- 3300 Foundations of Professional Nursing Practice. (3-0) This course explores the history of nursing in the context of the evolving healthcare system. Laws, regulations, and ethical guidelines impacting nursing licensure and professional practice will be examined. The delivery of patient and family-centered, evidence-based, and safe quality care will be explored. [Restricted to Nursing Majors.](#) (WI)
- 3302 Research and Ethics. (3-0) Introduction to critical appraisal of qualitative and quantitative research, and application of research and evidence-based processes used to improve decision-making and patient care outcomes across health care settings. Integration of theory, information systems, clinical judgment, interprofessional perspectives and analysis of ethical conduct provide a foundation for learning the research process. [Restricted to Nursing Majors.](#) (WI)
- 3430 Pathophysiology and Pharmacology for Nurses. (4-0) Introduction and overview of pathology, clinical pharmacology and pharmacotherapeutics, including how major drugs are used therapeutically for age-specific clients. Other topics to be covered include drug laws and regulations, patient and nurse safety. [Restricted to Nursing Majors.](#)
- 3440 Nursing Care Across the Life Span. (4-0) This foundational course focuses on the use of clinical reasoning and judgment to provide collaborative care to patients across the life span experiencing chronic and acute alterations in health status. Content is presented based on evidence-based practice and the prevalent health needs of patients. [Restricted to Nursing Majors.](#)
- 3441 Acute Nursing Care of Adults. (4-0) This course focuses on the use of evidence-based practice and clinical reasoning and judgment to provide collaborative care to adult patients experiencing acute, rapidly changing, life-threatening alterations in health status. [Restricted to Nursing Majors.](#)
- 3460 Psychiatric Mental Health Nursing. (4-0) This course applies theories, concepts, knowledge, and skills for the comprehensive nursing care of those coping with mental health issues. Building on a liberal education, this course integrates theories of mental illness, psychopathology, and current research findings as they relate to the presentation of symptoms and holistic management of care. [Restricted to Nursing Majors.](#)
- 4201 Professional Growth and Empowerment. (2-0) This course focuses on issues related to professional practice, career planning, personal goal setting, and empowerment of self and others. Factors related to job performance, performance expectations and evaluation, reality orientation, and commitment to lifelong learning will be discussed. [Restricted to Nursing Majors.](#)
- 4211 Nursing Care in Complex Health Practicum. (0-8) This course focuses on providing care to patients with complex health alterations and life situations. Nursing care to patients in a variety of settings will be provided using the concepts of therapeutic communication and collaborative interventions with a focus on the complexity of the patient's or family's needs. [Restricted to Nursing Majors.](#)
- 4241 Leadership and Management of Nursing Care Practicum. (0-8) Leadership and management skills in a variety of nursing care situations will be applied. Nursing unit leadership and staff assignments based on assessment of client needs, resources, priorities, and competencies of staff will be covered. Assessment and evaluation of the provision of

evidence-based nursing care will be performed. [Restricted to Nursing Majors.](#)

- 4250 Maternal, Newborn, and Pediatric Nursing Practicum. (0-8) This course is the clinical companion to NURS 4350. Concepts, knowledge, and skills taught in NURS 4350 will be applied to both simulation lab and clinical settings. Evidenced-based, developmentally and culturally appropriate nursing care in a variety of patient-care settings will be emphasized. [Restricted to Nursing Majors.](#)
- 4272 Leadership and Management of Nursing Care II. (2-0) Leadership and management theories, trends and issues in healthcare settings, resources, priorities, unit management, delegation and assignment of staff, staff evaluation, performance improvement and safety. Validation of evidence-based leadership and management process and outcomes. [Restricted to Nursing Majors.](#)
- 4280 Community-Based Nursing Practicum. (0-6) Health assessment and planning will be conducted for diverse community groups including education, support groups/ resources, advocacy, response to situational crises, bio-terrorism and environmental emergencies, group dynamics, and impact on communities. Clinical experiences will occur in community or public health settings. [Restricted to Nursing Majors.](#)
- 4311 Nursing Care in Complex Health. (3-0) This course explores traditional and contemporary nursing concepts related to complex health alterations, compensations, and environments across the life span. Therapeutic communication, education, and collaborative interventions with diverse individuals and groups are emphasized including the use of complementary and alternative modalities to meet the needs of patients. [Restricted to Nursing Majors.](#)
- 4350 Maternal, Newborn, and Pediatric Nursing. (3-0) This course applies the nursing process and evidenced-based practice to the care of maternal, newborn, and pediatric patients in acute care settings. The course emphasizes the use of the nursing process to provide care to individuals and families that is developmentally and culturally focused. [Restricted to Nursing Majors.](#)
- 4370 Leadership and Management of Nursing Care I. (3-0) Leadership theories applied to unit and middle management leadership. Personal attributes for nursing leadership in direct client care areas, including adult care, obstetrics, pediatrics, and behavioral health. Qualitative and quantitative research in relation to leadership and middle management process and outcomes. (WI)
- 4380 Community-Based Nursing. (3-0) Using a variety of philosophical perspectives, community-based nursing care, learning to contrast care in hospital-based settings while transitioning into organizations within the community will be explored. Reflective assessment skills and mindful intervention/teaching projects will be developed. [Restricted to Nursing Majors.](#)
- 4441 Leadership and Management of Nursing Care. (4-0) Students discuss leadership and management theories related to organizational nursing roles, including competencies required for complex change, performance improvement, and transformational leadership. Organizational contexts – structure, processes, and culture – in leading and directing patient centered care are examined, along with relationships between

governance structures, practice environments, and positive patient outcomes. [Restricted to Nursing Majors. \(WI\)](#)

- 4471 Leadership and Management of Nursing Care II Practicum. (0-12) Apply leadership and management skills in a variety of nursing care situations. Nursing unit leadership, staff assignments based on assessment of client needs, resources, priorities, and competencies of staff. Oversee and evaluate evidence-based nursing care provided. [Restricted to Nursing Majors.](#)

Department of Physical Therapy

Health Professions Building 310B

T: 512.245.8351 F: 512.245.8736

www.health.txstate.edu/PT

The Department of Physical Therapy is a graduate department offering a Doctor of Physical Therapy (DPT). For more information, contact the Department of Physical Therapy or visit <http://www.health.txstate.edu/pt>. While the Department offers no undergraduate degree, it does provide advisement to students interested in pursuing a graduate degree in Physical Therapy.

The requirements for admission include: 1) completion of a baccalaureate degree with a minimum 3.00 GPA in the last 60 hours of course work completed for that degree; 2) minimum 3.00 GPA in all science courses; 3) preferred minimum GRE of 150 on verbal and 145 quantitative; 4) completion of all prerequisite courses, including general psychology, abnormal or developmental psychology, statistics, medical terminology, human physiology and anatomy or human structure and function, vertebrate physiology or physiology of exercise, general chemistry I and II, and general physics I and II.

Course in Physical Therapy (PT)

- 3400 Human Structure and Function. (2-6) A study of the structure and function of the human body with emphasis on the skeletal, muscular and nervous systems. Course focuses on anatomy and physiology of body systems of special interest to students preparing to be health professionals. Laboratory study of the human cadaver is included.